

# Copaiba

Essential Oil 15mL

dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T I S

**Plant Part:** Resin from *Copaifera reticulata*, *officinalis*, *coriacea*, and *langsdorffii*

**Extraction Method:** Steam distillation

**Aromatic Description:** Spicy, woody

**Main Chemical Component:** Caryophyllene

## PRIMARY BENEFITS

- Reduces the appearance of skin imperfections

## PRODUCT DESCRIPTION

Copaiba essential oil is derived from the resin of the copaiba tree which can grow upwards of more than 100 feet and can be found in tropical South America. Copaiba oil is widely used in cosmetic products including soaps, creams, lotions, and perfumes. Since the 16th century, copaiba essential oil has been utilized in traditional health practices by the natives of north and northeastern Brazil. Similar to Black Pepper essential oil, Copaiba can be applied to the skin to promote a clear, smooth complexion. Copaiba does not contain psychoactive cannabinoids.

## USES

- Add 1 to 2 drops to water, juice, or tea
- Take internally to help soothe and calm
- Apply topically combined with a carrier oil or a facial moisturizer to help keep skin clean and clear, and to help reduce the appearance of skin imperfections.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Dilute one to two drops with a carrier oil, then apply to desired area. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children.

If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

