

Clove

Eugenia caryophyllata 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: **A** **T** **I** **D**

Plant Part: Bud

Extraction Method: Steam distillation

Aromatic Description: Very spicy, warm, woody with subnote of leather

Main Chemical Components: Eugenol, Eugenyl acetate, -caryophyllene

PRIMARY BENEFITS

- Can be used for massage
- Helps clean teeth and gums

PRODUCT DESCRIPTION

Clove has been used for years in dental preparations, candy, and gum for its flavor and ability to cleanse the mouth, yet it provides a myriad of benefits. Its main chemical component, eugenol, makes it a very stimulating and energizing essential oil that can be used as a warming massage oil. As a cooking spice, Clove adds a spicy flavor to any dish or dessert. One drop can clean the teeth and gums while promoting fresh breath.

USES

- Add one drop to toothpaste to clean teeth and gums.
- Place one drop in two ounces of water and gargle for a soothing effect.
- Take in veggie capsules

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Dilute one to two drops with a carrier oil then apply to desired area. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

