

# Citrus Bliss®

Invigorating Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



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**Application:** A T N

**Ingredients:** Wild Orange Peel, Lemon Peel, Grapefruit Peel, Mandarin Peel, Bergamot Peel, Tangerine Peel, Clementine Peel essential oils and Vanilla Bean Absolute.

**Aromatic Description:** Citrus, sweet

## PRIMARY BENEFITS

- Helps uplift mood
- Positively affects mood with energizing and refreshing properties

## PRODUCT DESCRIPTION

Citrus Bliss Invigorating Blend merges the benefits of citrus essential oils. We combine the powerful essences of Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, and Clementine with a hint of Vanilla Absolute to form this unique and harmonious blend. Citrus Bliss has natural, potent compounds with cleansing properties. Mixed with water, Citrus Bliss produces a fresh, sweet scent.

## USES

- Diffuse to help lift mood.
- Put 1 drop on your wrist and rub both wrists together for a great everyday perfume.
- Add to a carrier oil for a cheerful hand massage.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

