

Blue Tansy

Tanacetum annuum 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

Application: **A** **T** **N**

Plant Part: Flower/Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Fruity, mellow, balsamic

Main Chemical Components: Sabinene, Chamazulene, p-Cymene, α -Phellandrene, β -Pinene, Camphor

PRIMARY BENEFITS

- Helps reduce the appearance of skin imperfections.
- Uplifts mood when used aromatically
- Provides a soothing sensation when applied to the skin

PRODUCT DESCRIPTION

Blue Tansy, also referred to as Moroccan Tansy, is an annual yellow-flowered Mediterranean plant found in northern Morocco. Chamazulene, a chemical component in Blue Tansy, provides the characteristic indigo color and is recognized for its skin soothing benefits. Uplifting to the mood, Blue Tansy provides a sweet aroma to fill any room. It's perfect for massaging into skin with fractionated coconut oil or lotion after a long day of work or intense exercise to aid the body.

USES

- Diffuse to uplift mood and create a positive atmosphere.
- Add a drop to 1 or 2 oz of your favorite moisturizer or cleanser and apply topically to help soothe skin irritation.
- Include 1 or 2 drops in lotion for a restoring massage after a stressful day or extreme workout.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity or temporary staining. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. May stain surfaces, fabrics, and skin.

