

AromaTouch®

Massage Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

Application: A T N

Ingredients: Cypress Leaf, Peppermint Plant, Marjoram Leaf, Basil Leaf, Grapefruit Peel, Lavender Flower essential oils.

Aromatic Description: Clean, fresh, mint, powdery

PRIMARY BENEFITS

- Comforting and relaxing
- Helps to lessen stress
- Adds an aromatic experience to a soothing massage

PRODUCT DESCRIPTION

AromaTouch, dōTERRA's proprietary massage blend, combines the unique benefits of oils known to provide relaxing and comforting effects. AromaTouch combines Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender essential oils in a perfect blend that adds many important benefits to various massage techniques. This popular blend is a vital part of the dōTERRA AromaTouch Technique, a proprietary method for applying essential oils to produce a profound whole-body wellness experience.

USES

- Apply to neck and shoulders to promote feelings of relaxation and lessen stress or use with a carrier oil for massage.
- Give your loved one a hand massage using the AromaTouch Hand Technique and AromaTouch essential oil blend.
- Diffuse during a hot bath.

DIRECTIONS FOR USE

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

Diffusion: Use three to four drops in the diffuser of choice.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

