

Adaptiv® Calming Blend Capsules

dōTERRA®
Product Information Page



CPTG Certified Pure Therapeutic Grade

Adaptiv® | Calming Blend Capsules
Dietary Supplement
30 Capsules

Complementary Products

Adaptiv® 15 mL
dōTERRA Touch® Adaptiv®

Primary Benefits

- + Helps calm and and promote positive feelings*
- + Supports mood and helps improve state of mind*
- + Helps when acclimating to new surroundings and adapting to stressful situations*
- + Encourages relaxation*
- + Supports cognitive function and emotional balance*
- + Promotes mental well-being*

Description

Adaptiv Calming Blend Capsules combine the soothing benefits of specifically selected CPTG® essential oils with clinically studied botanicals. A supportive and relaxing formula, this proprietary blend of ingredients helps empower and encourage when adapting to stressful situations or acclimating to new surroundings. Adaptiv Calming Blend Capsules are one of the best tools available to help manage the effects of everyday tension, anxious feelings, uneasiness, and worry.

Concept

Adaptiv Calming Blend Capsules provide the mood-supporting and tension-reducing effects of CPTG® Lavender, Coriander, Wild Orange, and Fennel essential oils, Scelletium, GABA, and Ahiflower.

Botanical extract Scelletium comes from a succulent plant found in South Africa known as Kanna. Scelletium extract is responsibly sourced from a sustainable supply with endorsement by the South African indigenous knowledge holders. A unique phytochemical ingredient found in Scelletium extract brings a feeling of "alert serenity." The extract supports healthy emotional responses to everyday stressors and promotes feelings of happiness and well-being. It balances mood and improves cognitive function while combating occasional nervousness.

Based on preclinical evidence about the quieting neurotransmitter, GABA, it may help promote relaxation and have a natural comforting effect to help reduce feelings of apprehension and fear by decreasing neuronal excitability. GABA is sometimes called "the brakes of the brain," because it lowers the activity of neural cells in the brain and central nervous system, and can have the effect of moving the brain and the body into lower gear. By inhibiting neural activity, GABA reduces mental and physical strain.

Adaptiv Calming Blend Capsules assist the body and mind to stay balanced and adapt to every situation.

FAQ

Do the Adaptiv® capsules contain carrageenan?

No, the capsules do not contain carrageenan.

Is this product vegan?

This product is vegan friendly.

Do I need to take this product with food?

It is recommended to take Adaptiv capsules with food.

Are the Adaptiv capsules safe to take every day?

Yes, Adaptiv capsules can be taken daily as long as the suggested use is followed.

What is the difference between the Adaptiv capsule formula, the Adaptiv Calming Blend 15 mL, and the dōTERRA Touch Adaptiv 10 mL?

Yes, The capsules contain a different oil blend formulated with oils specifically known for their internal use calming benefits.*

Directions

Take 1 capsule daily to combat stress, tension, and occasional anxiousness.*

Cautions

Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Do not use if safety seal is broken or missing. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

	Amount Per Serving	%DV
Adaptiv Blend	80 mg	**
Lavender flower/leaf/stem oil, Coriander seed oil, Wild Orange peel oil, Fennel seed oil		
Ahiflower®† (<i>Buglossoides arvensis</i>) seed oil	170 mg	**
Gamma aminobutyric acid	100 mg	**
Alkaloids (from <i>Sceletium tortuosum</i> aerial parts extract)	87.5 mcg	**

**Daily Value (DV) not established.

Other ingredients: Sunflower oil, Hypromellose, Candelilla wax, Maltodextrin, Mixed tocopherols.

†Ahiflower® is a registered trademark of Natures Crops International