



SOURCED FROM:

FUN FACT

Due to a general lack of professional opportunities for Nepalese women, dōTERRA's Co-Impact Sourcing initiative primarily employs female wintergreen harvesters in Nepal.

Nepal

WHAT IT TAKES TO MAKE A BOTTLE:



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5.5 LBS

It takes 5.5 pounds of wintergreen leaves to produce 15 mL of Wintergreen essential oil.

CHEMISTRY:



The main chemical constituent and associated benefit of wintergreen is:

soothing

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

44

Published studies on the benefits of methyl salicylate, the main chemical constituent in wintergreen

Numbers according to PubMed as of December 2017

FUN FACT

Harvesters traditionally carry wintergreen leaves in a basket that is carried on their back and has a strap to go around their forehead. One full basket of wintergreen leaves can weigh about 110 pounds.

WORKS WELL WITH:

