Siberian Fir ATON SOURCED FROM: Siberia Russia





It takes 3.7 pounds of siberian fir needles to produce 15 mL of Siberian Fir essential oil.

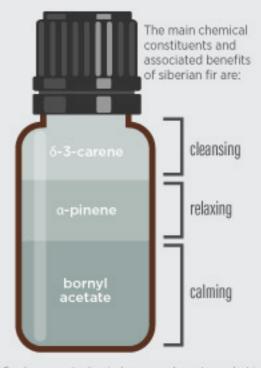
RESEARCH:

Published studies on the benefits of bornyl acetate, the main chemical constituent in Siberian fir essential oil

FUN FACT

To minimize environmental impact, doTERRA's Siberian Fir oil is distilled from needles gathered from trees that have already been cut down by the logging industry.

CHEMISTRY:



Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

WORKS WELL WITH:











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