

Siberian Fir **A T I N**



SOURCED FROM:



WHAT IT TAKES TO MAKE A BOTTLE:



It takes 3.7 pounds of siberian fir needles to produce 15 mL of Siberian Fir essential oil.

CHEMISTRY:



The main chemical constituents and associated benefits of siberian fir are:

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

139

Published studies on the benefits of bornyl acetate, the main chemical constituent in Siberian fir essential oil

Numbers according to PubMed as of December 2017

FUN FACT

To minimize environmental impact, doTERRA's Siberian Fir oil is distilled from needles gathered from trees that have already been cut down by the logging industry.

WORKS WELL WITH:

