

Roman Chamomile



WHAT IT TAKES TO MAKE A BOTTLE:

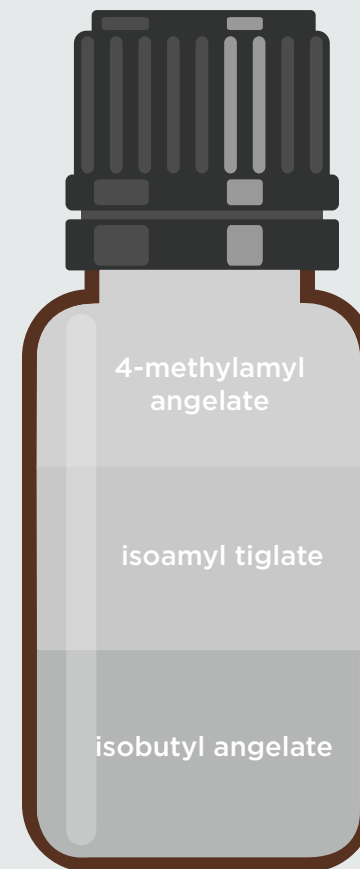


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It takes 1.8 pounds of roman chamomile flowers to produce 5 mL of Roman Chamomile essential oil.

CHEMISTRY:



The main chemical constituents and associated benefits of roman chamomile are:

fragrant

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

20

Published studies about the benefits of Roman chamomile

Numbers according to PubMed as of December 2017

FUN FACT

The word “chamomile” comes from the Greek word chamaimelon, which means “earth-apple” because the plant’s scent resembles that of an apple.

WORKS WELL WITH:

