

# Peppermint A T I S



## SOURCED FROM:



## WHAT IT TAKES TO MAKE A BOTTLE:

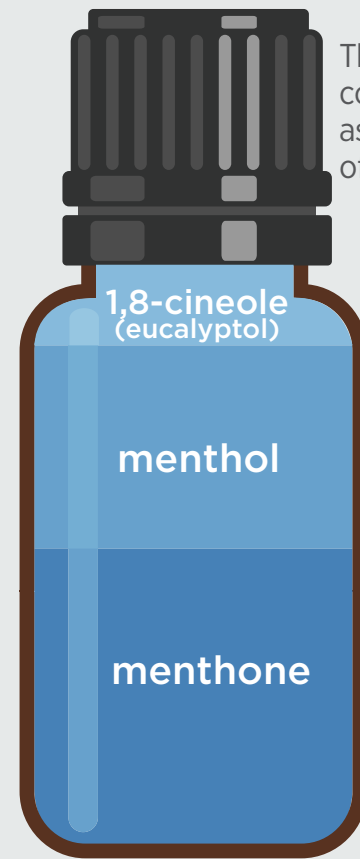


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It takes approximately 3 pounds of peppermint plant matter to produce 15 mL of Peppermint essential oil.\*

## CHEMISTRY:



The main chemical constituents and associated benefits of peppermint are:

cleansing  
cooling  
soothing

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

## RESEARCH:

# 600+

Published studies about the benefits of peppermint

Human Clinical Trials

# 87

Numbers according to PubMed as of December 2017

## FUN FACT

Peppermint's scientific name is *Mentha piperita*. This name comes from ancient Greek mythology. Minthe (also known as Mentha), was a nymph transformed into a sweet-smelling mint by Queen Persephone.

## WORKS WELL WITH:



# dōTERRA®

\*Varies by season, region, year, and other variables. For US market use only.

In addition to the regions noted, many oils are additionally sourced from various regions of the world.