

# Oregano

A T I D



## WHAT IT TAKES TO MAKE A BOTTLE:



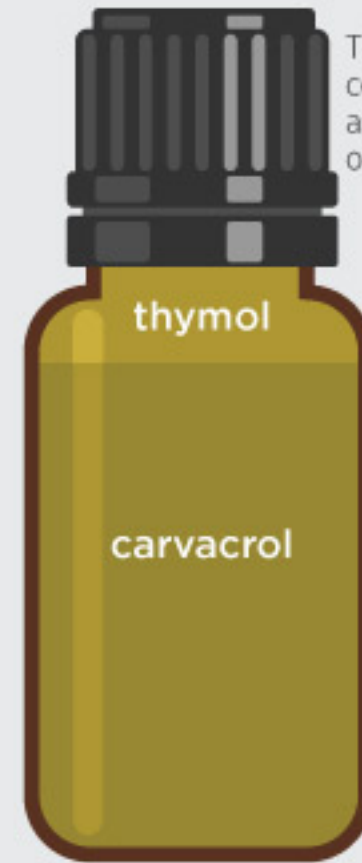
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2.6 lbs

It takes 2.6 pounds of oregano to produce 15 mL of Oregano essential oil.

## CHEMISTRY:



The main chemical constituents and associated benefits of oregano are:

thymol

invigorating

carvacrol

cleansing\*

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

## RESEARCH:

700+

Published studies about the benefits of oregano

21

Human Clinical Trials

Numbers according to PubMed as of December 2017

## FUN FACT

The word "oregano" is actually derived from the Greek phrase, "joy of the mountains."

## WORKS WELL WITH:

