

Melissa **A** **T** **I** **N**



SOURCED FROM:



FUN FACT

Melissa is Greek for “honey bee,” and its sweet, citrus fragrance was known to attract bees.

WHAT IT TAKES TO MAKE A BOTTLE:



22 LBS



It takes 22 pounds of melissa leaves to produce 5 mL of Melissa essential oil.

CHEMISTRY:



The main chemical constituents and associated benefits of melissa are:

soothing

cellular support*

calming

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

71

Published studies on the benefits of melissa

Numbers according to PubMed as of December 2017

FUN FACT

The melissa plant, also known as “lemon balm,” has one of the lowest yielding oils, meaning it requires the most plant matter to produce a bottle of oil.

WORKS WELL WITH:

