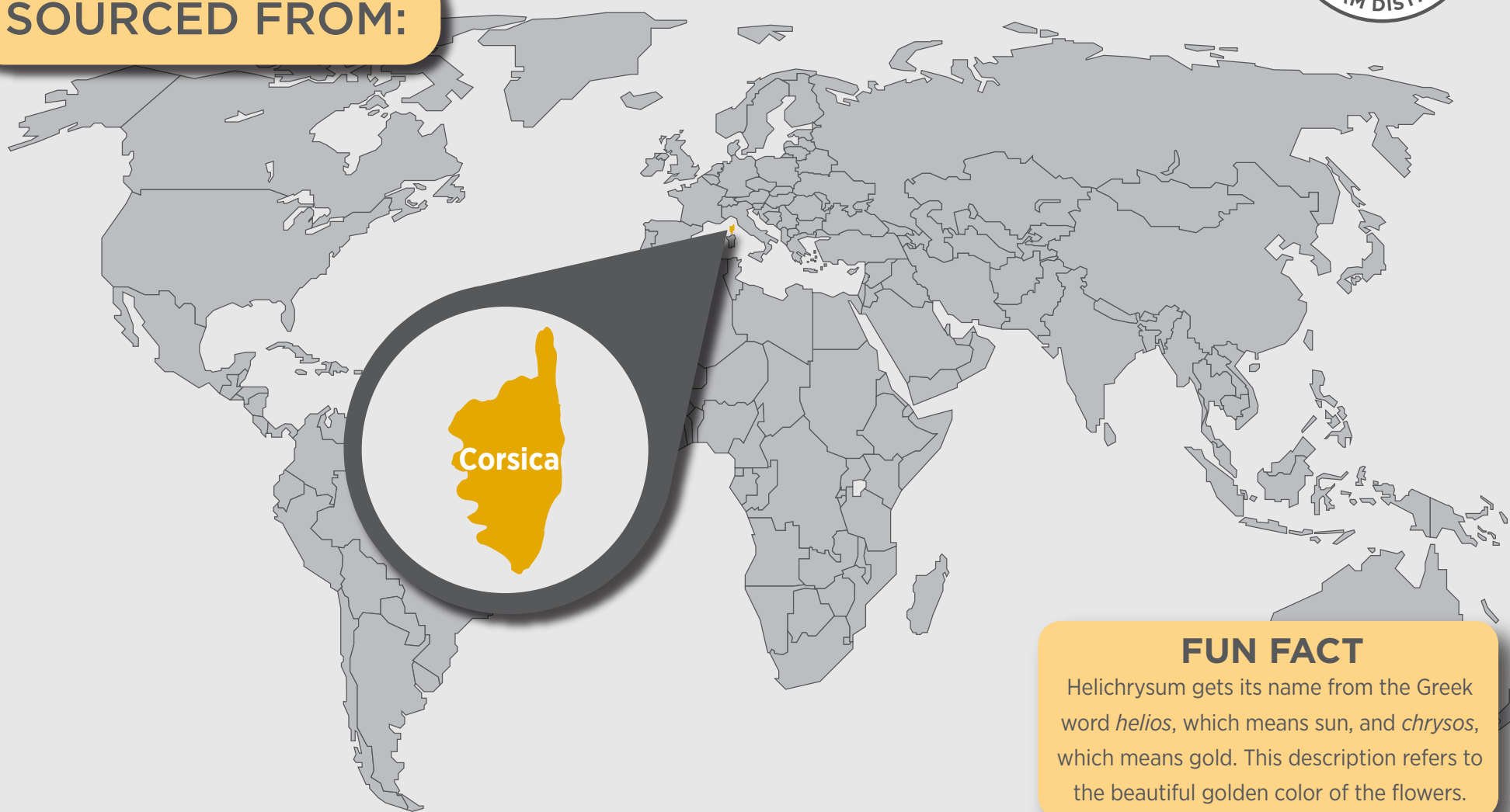


Helichrysum A T I N



SOURCED FROM:



FUN FACT

Helichrysum gets its name from the Greek word *helios*, which means sun, and *chrysos*, which means gold. This description refers to the beautiful golden color of the flowers.

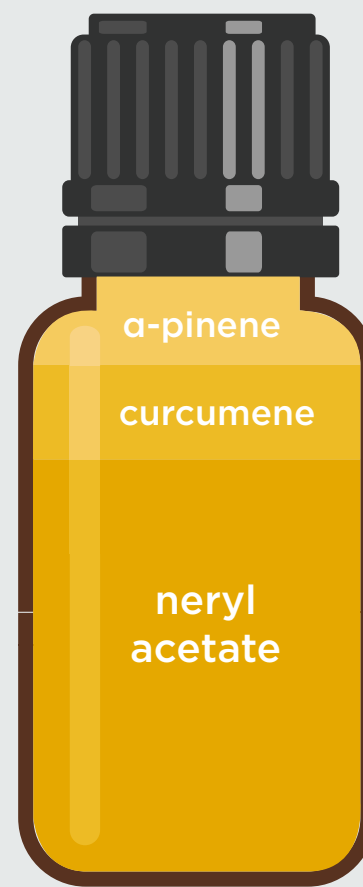
WHAT IT TAKES TO MAKE A BOTTLE:



4.4 LBS

It takes 4.4 pounds of helichrysum flowers to produce 5 mL of Helichrysum essential oil.

CHEMISTRY:



The main chemical constituents and associated benefits of helichrysum are:

relaxing

cleansing*

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

38

Published studies on the benefits of helichrysum

Numbers according to PubMed as of December 2017.

FUN FACT

A member of the daisy family, helichrysum is a small perennial herb with narrow, silver leaves and flowers that form a cluster of golden-yellow, ball-shaped blossoms.

WORKS WELL WITH:

