Grapefruit ADDIN

WHAT IT TAKES TO MAKE A BOTTLE:





It takes 10 pounds of grapefruit peels to produce 15 mL of Grapefruit essential oil.

RESEARCH:

980

Published studies on the benefits of limonene, the main chemical constituent in grapefruit

> Numbers according to PubMed as of December 2017

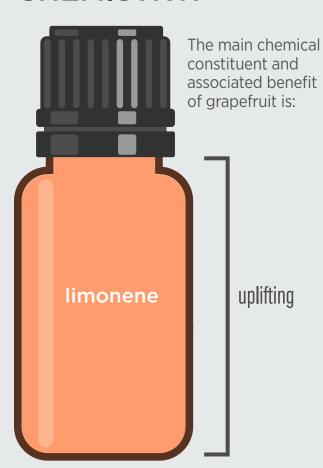
FUN FACT

Research suggests that the smell of grapefruit can help reduce unecessary food cravings.

FUN FACT

Grapefruits presumably got their name because they grow in clusters that resemble large yellow grapes.

CHEMISTRY:



OLD PRESS

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

WORKS WELL WITH:









dōTERRA°