Clary Sage ADDIN

WHAT IT TAKES TO MAKE A BOTTLE:





It takes 11 pounds of clary sage plant matter to produce 15 mL of Clary Sage essential oil.

RESEARCH:

Published studies on the benefits of clary sage

Numbers according to PubMed as of December 2017.

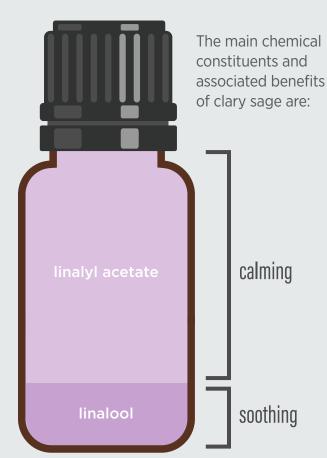
FUN FACT

Clary Sage is a biennial or perennial herb that grows up to six feet in height.

FUN FACT

Clary Sage has historically been used to make a love potion.
When mixed with dried lavender, valerian and sassafras leaves, and buttons from the clothes of the desired bachelor, this potion was believed to attract the man of the maker's desire.

CHEMISTRY:



Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

WORKS WELL WITH:











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