

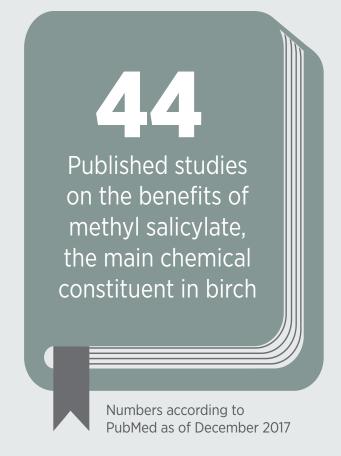
#### WHAT IT TAKES TO MAKE A BOTTLE:





Birch essential oil comes from distilling the bark of the tree.

# **RESEARCH:**



#### **FUN FACT**

Birch bark was historically used by various Native American tribes to make canoes, bowls, and teepees.

### **CHEMISTRY:**



The main chemical constituent and associated benefit of birch is:

methyl salicylate

soothing

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

## **WORKS WELL WITH:**









