

Basil A T I N



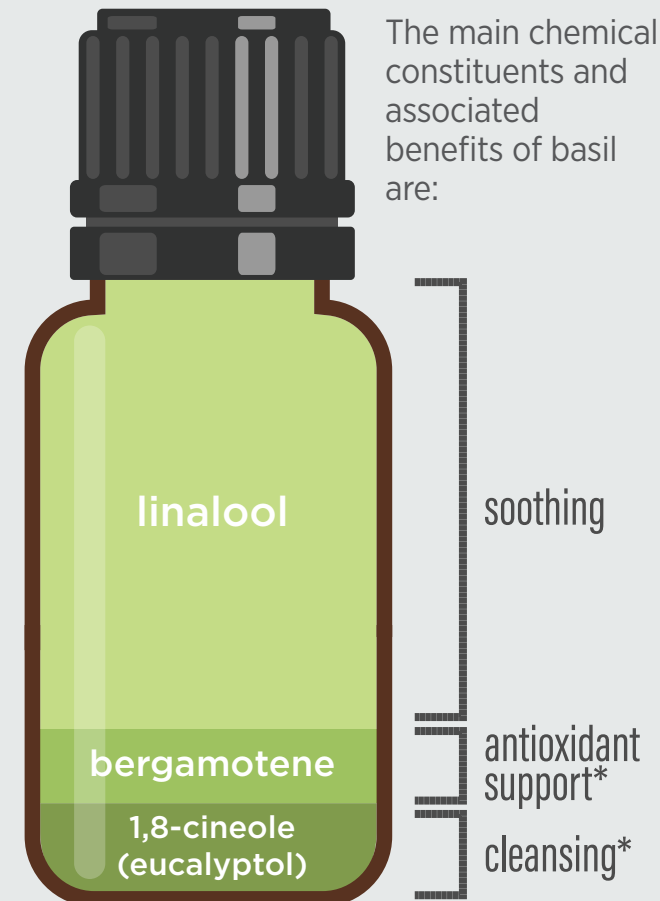
WHAT IT TAKES TO MAKE A BOTTLE:



It takes 6.8 pounds of basil leaves to produce 15 mL of Basil essential oil.

CHEMISTRY:

The main chemical constituents and associated benefits of basil are:



Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

276

Published studies about the benefits of basil

Numbers according to PubMed as of December 2017

FUN FACT

In Italian culture, basil was traditionally used as a sign of love. Wearing basil on his person signified that a man had serious intentions for a woman he was courting.

WORKS WELL WITH:



FUN FACT

Basil was historically used in the preparation of holy water in Orthodox churches.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.