

Daily Detox Support for Everyday Wellness

Reset, Rebuild, and Thrive — One Day at a Time

Why Daily Detoxing Matters

Your body works every day to clear out toxins from the environment, along with your food and stress. In today's world, detox organs—especially the liver, kidneys, and colon — can easily become overloaded, which can lead to fatigue, digestive issues, brain fog, and more.

Detoxing done right isn't a one-time cleanse. It's a daily process that your body performs best with the right support.

Foundational Wellness

VMG+®, EO Mega+®, and dōTERRA PB Restore® provide essential nutrients, omega-3s, and probiotics that form the wellness foundation necessary for daily detoxing:



1 VMG+® Whole-Food Nutrient Complex

Provides micronutrients and cofactors crucial for detox enzyme efficiency and to support cellular repair. Micro-nutrient and antioxidant rich, plant-derived supplement for daily nutritional needs.

- Offers daily support for energy levels, gut health and digestion, immune, liver, brain, hormone function, and much more.
- Comprised of 5 proprietary super-food blends with enzymes, probiotics, CPTG essentials oils, and liposomes for improved absorption and nutrient bioavailability.
- Delicious, easy-to-consume powder that features clean ingredients, is vegan, gluten-free, dairy-free, sugar-free, non-GMO, and contains nothing artificial.

Take 1 sachet per day in 5-8 ounces of cold water or liquid of choice. Do not add to hot drinks. Mix well.



2 EO Mega+® Essential Oil Omega Complex

Nourishes liver cell membranes.

- Promotes heart and circulatory health, healthy skin, and joint function and comfort.
- Supports function of the brain, eyes, and nervous system.
- Supports healthy digestive and respiratory systems and provides immune-boosting nutrients.
- Delivers 900mg pure, molecularly filtered fish oil with 800 mg of EPA and DHA + 100 mg other omega 3s + 300mg CPTG® Wild Orange essential oil per daily serving. Take 1 sachet per day in 5-8 ounces of cold water or liquid of choice. Do not add to hot drinks. Mix well.

Take 1-2 softgels with AM and PM meals for a total of 3 per day.



3 dōTERRA PB Restore® ProBiome Complex

Promotes a healthy gut microbiome to aid toxin elimination.

- 18 billion CFUs of probiotics—24 strains from 22 different species — along with a prebiotic, a postbiotic, and bacteriophages.
- Supports health of GI tract, particularly the upper and lower intestines, for healthy digestive function.
- Restores intestinal flora that has been compromised by digestive stressors.
- Promotes colonization of friendly gut flora.

Take 1 capsule with AM meal.

Targeted Detox Tools



RevitaZen+® Advanced Detoxification Complex

Promotes healthy liver function,
kidney filtration, and digestion.

- Botanical extracts amplified by essential oils to empower the body's innate ability to cleanse, rebalance, and thrive.
- Targeted functional support combined with biochemical cofactors to enhance the body's natural detoxification processes and efficiency.
- Supports healthy liver and kidney function, promotes digestion and colon health.

Take 1 capsule with AM meal. Add 1 with PM meal as needed.



MetaPWR® Mito2Max® Energy and Stamina Complex

Promotes optimal mitochondrial function
and efficient production of ATP in cells.

- Proprietary formula of plant extracts to support cellular energy production and vitality.
- Enhances stamina, aerobic capacity, and efficient use of oxygen without the use of harmful stimulants.
- Supports metabolic adaptation from relaxation to intense activity.
- Supports mental energy.

Take 1 capsule with AM meal. Add 1 additional capsule as needed.

Daily Detox Routine

Morning



Lemon essential oil, VMG+®, EO Mega+®
RevitaZen+® Detox Complex
MetaPWR® Mito2Max®

Afternoon



dōTERRA PB Restore®

Evening



VMG+®, EO Mega+®
RevitaZen+® Detox Complex

Discover Daily Detox – Outside



Combining clean innovation with the power of nature. Free from toxins, synthetic fragrances and fillers, IKISE™ supports your skin with pure, effective care.

Explore IKISE™ full product range

