

dōTERRA<sup>®</sup>

PRODUCT GUIDE | *Fall 2019*



—*Changing the world*  
**One drop, one person,  
one community** *at a time.*

### dōTERRA *Meaning “Gift of the Earth”*

In 2008, a group of healthcare and business professionals came together with a common vision of sharing the power of therapeutic-grade essential oils with the world. Each understood that essential oils—when properly sourced from optimal regions and thoroughly tested for the highest levels of purity and potency—are the Earth’s gift to humanity. With this gift comes great responsibility to respect the power of each element, the expertise of each grower, and the potential of each contributing community.

dōTERRA focuses on maintaining the highest levels of purity and sustainability as it partners with local growers around the world through Cō-Impact Sourcing.<sup>®</sup> This unique model implements long-term, mutually beneficial supplier partnerships where skilled rural farmers oversee plants and growing environments. In return, dōTERRA provides jobs with fair payments, leading to stronger local economies and healthier, stable supply chains.

Each dōTERRA essential oil passes through rigorous CPTG Certified Pure Therapeutic Grade<sup>®</sup> testing guided by cutting-edge advancements in essential oil research and testing implementation. dōTERRA benefits from the ever-increasing knowledge and expertise of a scientific board made up of global consultants in chemistry, microbiology, botany, research science, physiology, and nutritional science.

Since its beginning, independent Wellness Advocates have shared the life-enhancing benefits of dōTERRA CPTG<sup>®</sup> essential oils with millions of customers throughout the world.

dōTERRA has emerged as a global integrative health and wellness company and the world’s largest essential oil company.<sup>†</sup> By partnering with respected medical professionals and world-renowned research partners, dōTERRA is revolutionizing healthcare by integrating conventional medical professionals with alternative approaches to address individualized health and wellness.

To ensure that dōTERRA never forgets the sacredness of this gift, the dōTERRA Healing Hands Foundation<sup>®</sup> offers resources and tools to global sourcing communities and charitable organizations for self-reliance, healthcare, education, sanitation, and the fight against human trafficking.

**We respectfully offer this “gift of the Earth” to you and your family.**

<sup>†</sup> Verified global market leader in the Global Aromatherapy and Essential Oils market.







Black Spruce  
Essential oil  
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Adaptiv System  
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Yarrow | Pom  
Collection  
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dōTERRA Kids Collection  
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TO ORDER: [doterra.com](http://doterra.com) 1-800-411-8151

## *What are* **ESSENTIAL OILS?**



Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants. They can be both beautifully and powerfully fragrant. If you have ever enjoyed the gift of a rose, a walk by a field of lavender, or the smell of freshly cut mint, you have experienced the aromatic qualities of essential oils. Essential oils can lift the mood, calm the senses, and elicit powerful emotional responses. Yet the use of essential oils goes well beyond their fragrant appeal.

Essential oils have been used throughout history in many cultures for their health-promoting properties. Modern trends toward more holistic approaches to self care and growing scientific validation of alternative health practices are driving a rediscovery of the profound health benefits of essential oils. Many have powerful cleansing properties. Their unique chemical structure allows them to deliver targeted benefits through topical application. Certain oils may be used as dietary aids to promote vitality and well-being.

### *Extraction Methods*

Essential oils are most often extracted via a steam distillation process in which steam is circulated under pressure through plant material, liberating the essential oils into the steam. As the steam mixture cools, the water and oils are separated and the oil is collected in its pure form. To ensure the highest quality oil extract of correct chemical composition, temperature and pressure must be monitored very closely. Too little heat and pressure will not release the valuable oil; too much can fracture the oil's delicate chemical composition and alter its potency.

In addition to using proper distillation methods, creating a quality CPTG® essential oil requires the meticulous selection of the correct plant species and plant parts, harvested at the perfect moment when their aromatic compounds are most concentrated. This complex process is as much an art form as it is a science and requires experienced growers and distillers working together to ensure a superior product.







## *CPTG Certified Pure Therapeutic Grade®*

dōTERRA® CPTG Certified Pure Therapeutic Grade® essential oils are pure, natural, aromatic compounds carefully extracted from plants. They do not contain fillers or artificial ingredients that would dilute their active qualities and are free of contaminants or other chemical residues.

As important as it is to keep contaminants out of our oils, assuring the presence of the oils' active compounds at the right levels is necessary to guarantee safety and effectiveness. Many oils claim to be therapeutic grade—and some may be pure—but few are subjected to rigorous testing standards for chemical composition. dōTERRA CPTG Certified Pure Therapeutic Grade essential oils are cross tested using Mass Spectrometry and Gas Chromatography to ensure both the purity and compositional potency of each batch.

dōTERRA works closely with a global network of leading essential oil chemists and growers to select botanicals of the correct species, grown in ideal environments, and carefully harvested at the right time. The aromatic compounds of the plants are skillfully extracted by experienced distillers and subjected to chemical analysis to ensure purity and composition. dōTERRA CPTG Certified Pure Therapeutic Grade essential oils represent the safest and most beneficial oils available in the world today.



*Equally stringent standards of safety and efficacy are applied to all dōTERRA Essential Wellness products. Guided by our Scientific Advisory Board, dōTERRA uses only top development and manufacturing partners who maintain Good Manufacturing Practice (GMP) certification and enjoy industry reputation for superior innovation and quality. Each dōTERRA product is guaranteed to exceed customer satisfaction and performance expectations*



## ESSENTIAL OIL USES

Essential oils are used for a very wide range of emotional and physical wellness applications. They can be used individually or in complex blends depending on user experience and desired benefit. Essential oils are usually administered by one of three methods: diffused aromatically, applied topically to the skin, or taken internally as dietary supplements. Using essential oils can be both profoundly simple and life changing at the same time. Working with someone who has used essential oils before will help first-time users have a more beneficial and enjoyable experience.

Essential oils are naturally safe and have few, if any, undesirable side effects when used as directed. They are, however, powerfully concentrated and should be used with care. Be sure to use only pure essential oils and follow all label warnings and instructions. Essential oils should never be used in the eyes or inside the ear canal. If redness or irritation occurs when using essential oils topically, apply a vegetable oil such as Fractionated Coconut Oil to the affected area—water will not dilute essential oils. Consult your physician before using essential oils if you are pregnant or under a doctor's care.



<b>APPLICATION METHODS</b>	<b>A</b> Can be used aromatically
	<b>T</b> Can be used topically
	<b>I</b> Can be used internally
<b>SKIN SENSITIVITY</b>	<b>N</b> Can be used topically with no dilution (NEAT)
	<b>S</b> Dilute for young or sensitive skin (SENSITIVE)
	<b>D</b> Dilute before using topically (DILUTE)

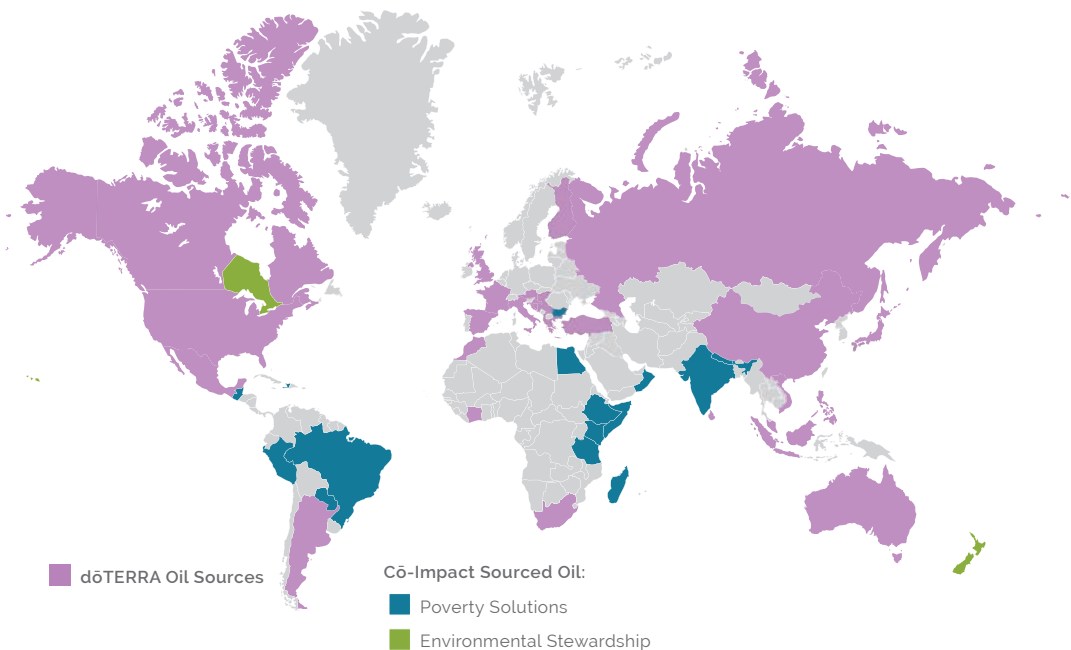
Look for the above symbols by the essential oil product descriptions in this product guide to help you with your oil selection. (Use instructions and appropriate cautions included on individual essential oil labels.)

Please note, some products can be used in multiple ways. Statements with asterisks refer to internal use of products.

The dōTERRA® network of botanical growers and distillers spans the globe from Italy to Madagascar, Argentina to New Zealand. Only the purest and most potent essential oils meet our strict CPTG Certified Pure Therapeutic Grade® standards. Accept nothing less from your wellness professional or for your family.

As dōTERRA searches the world for sources of the highest quality oils, we are also committed to building relationships that last and benefit our growers. We accomplish this by adhering to our Sourcing Guiding Principles.

Over half of the countries that dōTERRA sources its more than 130 oils from are considered developing countries. Through Cō-Impact Sourcing, dōTERRA is lifting communities in these areas out of poverty and disadvantage by providing long-term, mutually beneficial supplier partnerships with sustainable jobs and reliable income.



## Where to **BEGIN**

Using essential oils is intuitively simple and highly satisfying. However, the many oils available, with their numberless combinations and wellness applications, can be a bit overwhelming to beginners. As a simple first step on your journey with essential oils, we recommend a trio of Lavender, Lemon, and Peppermint. Three of our most popular oils, they will provide you and your family a compelling experience with the life-enhancing properties of essential oils.



### **Introduction to Essential Oils Kit** Top Seller!

Perfect for beginners, the Introduction to Essential Oils Kit is everything you need to start experiencing the life-changing benefits of dōTERRA® essential oils. The kit includes:

- Lavender essential oil (5mL bottle)
- Lemon essential oil (5mL bottle)
- Peppermint essential oil (5mL bottle)
- List of suggested uses for each oil

<b>60202952</b>	Three 5mL bottles
\$26.67 retail	\$20.00 wholesale   15 PV





**Lavender**  
ESSENTIAL OIL

**All Things Calming**

- Diffuse or apply topically to soothe emotions
- Massage on back or bottom of feet and apply a drop to pillow at bedtime
- Apply topically to soothe skin

A T I N



**Lemon**  
ESSENTIAL OIL

**Clean and Freshen**

- Supports healthy respiratory function\*
- Diffuse in a room to neutralize odors and elevate mood
- Use to clean kitchen counters and stainless steel appliances
- Take internally with water to cleanse the body\*

A T I N



**Peppermint**  
ESSENTIAL OIL

**Cool and Invigorate**

- Use with Lemon in water for a healthy, refreshing mouth rinse
- Inhale deeply to invigorate lungs and increase alertness
- Add to water in a spray bottle and mist body when overheated
- Apply to neck and forehead with Lavender to promote relaxation

A T I S

**APPLICATION METHODS**

A Can be used aromatically T Can be used topically I Can be used internally

**SKIN SENSITIVITY**

N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)



doTERRA lavender  
fields, Bulgaria.

## LAVENDER *Lavandula angustifolia*

- Apply to the bottom of feet or on a pillow before sleeping
- Use with bath salts for a relaxing spa bathing experience
- Lightly apply to soothe sun-exposed skin
- Apply to back, hands, or feet of a restless or agitated child
- Use to calm and soothe occasional skin irritations
- Calm sensitive skin and soothe pores after hair removal
- Apply to dry, chapped lips before applying lip balm
- Use with Peppermint for a healthy scalp massage
- Add to lotion for a stress-relieving hand massage



## LEMON *Citrus limon*

- Add a drop to a water bottle or to water served at a restaurant
- Diffuse aromatically or apply topically for mood elevation
- Add to drop of honey and take internally to soothe throat\*
- Dilute with coconut oil for a daily fingernail conditioning massage
- Add a drop of Lemon and Peppermint to your toothbrush after use
- Diffuse in a room to neutralize odors
- Remove gum, label adhesives, and greasy substances from fabric
- Use to clean kitchen counters and stainless steel appliances
- Add to olive oil for a non-toxic furniture polish



## PEPPERMINT *Mentha piperita*

- Take one drop internally to calm occasional indigestion or upset stomach\*
- Use with Lemon in water for a healthy, refreshing mouth rinse
- Diffuse aromatically or apply topically for an invigorating vapor
- Add to a cold water compress or foot bath to cool off when overheated
- Inhale as a non-stimulant, invigorating pick-me-up on long drives
- Add to shampoo and conditioner for a stimulating hair and scalp massage
- Use internally with Lavender and Lemon to protect against seasonal threats\*
- Diffuse during study time







# ESSENTIAL OIL SINGLES

The dōTERRA® collection of single essential oils represents the finest aromatic extracts available in the world today. Each oil provides the living essence of its source botanical, gently distilled from plants that are nurtured and carefully harvested throughout the world. Each oil passes strict standards of purity and potency. A beautiful palette of botanical energies, they can be used individually or blended for personalized essential oil benefits.

## Arborvitae

ESSENTIAL OIL

*Thuja plicata*

Known as the “tree of life,” Arborvitae is majestic in size and abundant in benefits.

- Helps promote clear and healthy-looking skin
- Powerful cleansing and purifying agent
- Naturally repels insects



<b>49360001</b>	5mL bottle
\$29.33 retail	\$22.00 wholesale   22 PV

## Basil

ESSENTIAL OIL

*Ocimum basilicum*

Valued for its restorative effects, Basil is also commonly used for its calming properties.

- Helps keep your skin looking clean, clear, and healthy
- Promotes mental alertness and lessens anxious feelings
- Supports cardiovascular and nervous system health\*



<b>30010001</b>	15mL bottle
\$32.00 retail	\$24.00 wholesale   24 PV

## Bergamot

ESSENTIAL OIL

*Citrus bergamia*

Cold pressed from the rind of the bergamot fruit, Bergamot is unique among citrus oils.

- Calming and soothing aroma
- Frequently used in massage therapy for its calming benefits
- Apply to the skin while showering and inhale deeply to experience its calming aroma while enjoying its purifying skin benefits



<b>30790001</b>	15mL bottle
\$40.00 retail	\$30.00 wholesale   30 PV



## Black Pepper

### ESSENTIAL OIL

*Piper nigrum*

Black Pepper is best known as a cooking spice that enhances the flavor of foods, but its internal and topical benefits are equally noteworthy. This essential oil is known for powerful antioxidant support and its ability to help ward off environmental and seasonal threats.\*

- Supports healthy circulation\*
- Diffuse or inhale directly to soothe anxious feelings



<b>41040001</b>	5mL bottle	
\$29.33 retail	\$22.00 wholesale	22 PV

## Black Spruce New!

### ESSENTIAL OIL

*Picea mariana*

Black Spruce is a powerful wood essential oil. Distilled from the needle and branches of the *Picea mariana* tree, Black Spruce essential oil promotes relaxation and calmness.

- Incorporate Black Spruce into a comforting massage experience to soothe the skin after strenuous exercise
- Calming and grounding to the emotions
- Promotes feelings of easy breathing



<b>60206220</b>	5mL bottle	
\$24.00 retail	\$18.00 wholesale	18 PV

## Blue Tansy

### ESSENTIAL OIL

*Tanacetum annuum*

Blue Tansy essential oil, which comes from the annual yellow-flowered Mediterranean plant, is high in chamazulene and sabinene. An important oil in the dōTERRA Deep Blue blend, Blue Tansy is soothing to mind and body.

- Add a drop to a palm full of lotion and enjoy a therapeutic massage experience after a hard workout
- Its beautiful, deep, rich blue color may stain surfaces, fabrics, and skin, so careful use and dilution is recommended



<b>60203383</b>	5mL bottle	
\$113.33 retail	\$85.00 wholesale	80 PV



## Cardamom

### ESSENTIAL OIL

*Elettaria cardamomum*

A close relative of ginger, Cardamom has a long history as a cooking spice and for being beneficial to the digestive and respiratory systems.\*

- Helps ease indigestion and maintain overall gastrointestinal health\*
- Promotes clear breathing and maintains respiratory health\*
- Flavorful spice for cooking and baking



<b>49350001</b>	5mL bottle	
\$34.67 retail	\$26.00 wholesale	26 PV





## Cassia

ESSENTIAL OIL  
*Cinnamomum cassia*

Closely related to cinnamon, Cassia has a wonderful fragrance and thousands of years of historical use.

- Take one to two drops internally to promote healthy cardiovascular system function\*
- Promotes healthy digestion\*
- May help support healthy immune system function\*



<b>30020001</b>	15mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

## Cedarwood

ESSENTIAL OIL  
*Juniperus virginiana*

Cedarwood has a warm, woody, balsamic fragrance that promotes relaxation.

- During your facial routine, add one to two drops of Cedarwood to your facial toner or moisturizer for added clarifying properties
- Add to mulch or topsoil to repel insects
- Promotes relaxation



<b>49300001</b>	15mL bottle	
\$17.33 retail	\$13.00 wholesale	13 PV

## Celery Seed New!

ESSENTIAL OIL  
*Apium graveolens*

Sourced from the celery plant, Celery Seed essential oil improves digestion\* and can be soothing to the skin. The warm, sweet aroma of Celery Seed oil helps to calm the nervous system.\*

- Supports a healthy digestive system\*
- Add a few drops of Celery Seed to your favorite drink or shake for powerful cleansing benefits\*
- Soothing and supportive to the nervous system\*



<b>60209677</b>	15mL bottle	
\$48.00 retail	\$36.00 wholesale	36 PV

## Cilantro

ESSENTIAL OIL  
*Coriandrum sativum*

From the leaves of the coriander plant, Cilantro essential oil is commonly used for its fresh and tasty flavor.

- Supports healthy digestion\*
- Place one to two drops in a dōTERRA Veggie Cap to experience Cilantro's cleansing and detoxifying effect\*
- For a fresh, herbal aroma, diffuse three to four drops of Cilantro with the citrus essential oil of your choice



<b>41850001</b>	15mL bottle	
\$34.67 retail	\$26.00 wholesale	26 PV

## Cinnamon Bark

ESSENTIAL OIL  
*Cinnamomum zeylanicum*

Well known for its use as a spice, Cinnamon also has many health-promoting benefits.

- Place one drop of Cinnamon essential oil in hot water or tea and drink slowly to soothe your throat\*
- Add to your favorite recipes in place of ground cinnamon for a delightfully spicy flavor
- Supports healthy metabolic function\*



<b>30030001</b>	5mL bottle	
\$32.00 retail	\$24.00 wholesale	24 PV





**APPLICATION METHODS**

**A** Can be used aromatically **T** Can be used topically **I** Can be used internally

**SKIN SENSITIVITY**

**N** Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)

**Citronella** New!

ESSENTIAL OIL

*Cymbopogon winterianus*

Citronella is a tall grass grown in Asia with a crisp, fresh aroma. Often used as a natural insect repellent.

Citronella is an ideal companion during outdoor activities.

- Diffuse or apply topically with a carrier oil to ward off bugs as an insect repellent
- Combine with citrus oils or dōTERRA On Guard® to boost your surface cleaning routine
- Emotionally uplifting and stress reducing

**A** **T** **S**

<b>60209676</b>	15mL bottle
\$24.00 retail	\$18.00 wholesale   18 PV

**Clary Sage**

ESSENTIAL OIL

*Salvia sclarea*

Clary Sage is known for its soothing and calming properties.

- During your menstrual cycle, apply to abdomen for a soothing massage
- Combine with Roman Chamomile and add to bath water for a stress-relieving bath
- Promotes healthy-looking hair and scalp

**A** **T** **I** **N**

<b>30420001</b>	15mL bottle
\$48.67 retail	\$36.50 wholesale   36.5 PV

## Clove

### ESSENTIAL OIL

*Eugenia caryophyllata*

Known as a popular cooking spice, Clove has many beneficial uses.

- Promotes healthy teeth and gums
- Powerful antioxidant properties\*
- Supports cardiovascular health\*



<b>30040001</b>	15mL bottle
\$21.33 retail	\$16.00 wholesale   16 PV

## Coriander

### ESSENTIAL OIL

*Coriandrum sativum*

Popular across many cultures for various uses, Coriander essential oil provides a myriad of health benefits.

- Place two to three drops in a dōTERRA Veggie Cap and take internally to promote digestion\*
- Add to oily skin to maintain a clear complexion
- After a short workout, apply Coriander to legs for a soothing massage



<b>30780001</b>	15mL bottle
\$33.33 retail	\$25.00 wholesale   25 PV

## Copaiba Top Seller!

### ESSENTIAL OIL

*Copaifera reticulata, officinalis, coriacea, and langsdorffii*

Copaiba, similar to Black Pepper, can help soothe anxious feelings and, when taken internally, supports a healthy immune and cardiovascular system.\*

- Provides antioxidant support\*
- Helps soothe and support the nervous system\*
- Promotes clear, smooth skin and reduces the appearance of blemishes



<b>60202178</b>	15mL bottle
\$46.67 retail	\$35.00 wholesale   35 PV

## Cypress

### ESSENTIAL OIL

*Cupressus sempervirens and lusitanica*

Distilled from the twigs and foliage of the cypress tree, Cypress essential oil is popular for its energizing properties and use in spas.

- Prior to a long run, apply Cypress to your feet and legs for an energizing boost
- Apply two to three drops to chest to promote feelings of vitality and energy
- Add one to two drops to your toner to help improve the appearance of oily skin



<b>60206972</b>	15mL bottle
\$20.67 retail	\$15.50 wholesale   15.5 PV

## Douglas Fir

### ESSENTIAL OIL

*Pseudotsuga menziesii*

dōTERRA Douglas Fir is sustainably sourced from young, pre-coning trees, giving it a chemical composition that's particularly rich in -pinene and esters.

- Add to facial cleanser, bar soap, or body wash for added cleansing benefits and an invigorating aroma
- Promotes feelings of clear airways and easy breathing
- Promotes feelings of clear airways and easy breathing



<b>31590001</b>	5mL bottle
\$26.00 retail	\$19.50 wholesale   19.5 PV





## Eucalyptus

ESSENTIAL OIL  
*Eucalyptus radiata*

Derived from eucalyptus leaves, Eucalyptus essential oil has many beneficial compounds.

- Place one to two drops in your hand and inhale deeply to clear the mind
- Add one drop to moisturizer and apply to skin for revitalizing benefits
- Promotes feelings of clear breathing



<b>30060001</b>	15mL bottle
\$22.67 retail	\$17.00 wholesale   17 PV

## Fennel (Sweet)

ESSENTIAL OIL  
*Foeniculum vulgare*

Used for centuries, Fennel provides many health benefits and has a distinct licorice aroma.

- Supports a healthy respiratory system\*
- Take internally to promote healthy digestion\*
- May help promote healthy metabolism, liver function, and circulation\*



<b>41290001</b>	15mL bottle
\$20.00 retail	\$15.00 wholesale   15 PV



PRODUCT HIGHLIGHT

## Frankincense

dōTERRA Frankincense essential oil is steam-distilled from wild-crafted gum resins of the *Boswellia carterii*, *sacra*, *papyrifera*, and *frereana* trees. Highly prized in the ancient world for its fragrant and health-promoting properties, it is a favorite among modern wellness practitioners for its many emotional and physical health applications.

## Frankincense Top Seller!

ESSENTIAL OIL  
*Boswellia carterii, sacra, papyrifera, and frereana*

Perhaps the most precious of the ancient oils, Frankincense is highly versatile in uses and benefits.

- Add to moisturizer to help reduce the appearance of skin imperfections and rejuvenate skin
- Place one to two drops in a dōTERRA Veggie Cap to support healthy cellular function\*
- Apply to the bottom of feet to promote feelings of relaxation and to balance mood



<b>30070001</b>	15mL bottle
\$90.67 retail	\$68.00 wholesale   63 PV

## Geranium

### ESSENTIAL OIL

*Pelargonium graveolens*

Known for its ability to balance emotions, Geranium is also a common ingredient in skin care products.

- Add to your favorite facial moisturizer to soothe and beautify skin
- Apply diluted to skin with a carrier oil
- Add a few drops to your shampoo or conditioner for a healthy, vibrant glow

A T I D

<b>30090001</b>	15mL bottle
\$41.33 retail	\$31.00 wholesale   31 PV

## Ginger

### ESSENTIAL OIL

*Zingiber officinale*

Ginger is most noted for its sweet flavoring and positive effect on the digestive system.\*

- May help reduce occasional nausea\*
- May help support healthy digestion\*
- May help reduce bloating, gas, and occasional indigestion\*

A T I S

<b>31630001</b>	15mL bottle
\$54.67 retail	\$41.00 wholesale   41 PV

## Grapefruit

### ESSENTIAL OIL

*Citrus x paradisi*

Energizing and invigorating, Grapefruit is renowned for its cleansing effects.

- Improves the appearance of blemishes
- Diffuse while dieting to increase motivation
- Add one to two drops to your water to support a healthy metabolism\*

A T I N

<b>30100001</b>	15mL bottle
\$24.00 retail	\$18.00 wholesale   18 PV

## Green Mandarin

### ESSENTIAL OIL

*Citrus nobilis*

Pressed from the unripe fruit of the mandarin tree, Green Mandarin essential oil is known for supporting healthy digestive and immune systems.\*

- Can be soothing to the nervous system\*
- Diffuse throughout the home to help promote a positive environment while cleansing the air
- Add a few drops to your water bottle to help promote healthy immune and respiratory function\*

A T I N

<b>60205794</b>	15mL bottle
\$37.33 retail	\$28.00 wholesale   28 PV



PRODUCT HIGHLIGHT

## Lavender

Known for its many calming properties, Lavender is the most widely used essential oil in the world. It takes approximately 3 bushels of lavender to produce just 15mL's of CPTG® oil.

## Juniper Berry

### ESSENTIAL OIL

*Juniperus communis*

The woody, spicy, yet fresh aroma of Juniper Berry reveals its rich history of traditional use and health benefits.

- Supports healthy kidney and urinary tract function\*
- Acts as a natural skin toner
- Acts as a natural cleansing and detoxifying agent\*
- Add one to two drops to water or citrus drinks as part of a natural cleansing regimen\*



<b>49290001</b>	5mL bottle
\$25.33 retail	\$19.00 wholesale   19 PV

## Lemon Top Seller!

### ESSENTIAL OIL

*Citrus limon*

This top-selling oil has multiple uses and benefits and is cold pressed from lemon rinds to preserve its delicate nature and potent properties.

- Cleanses and purifies the air and surfaces
- Naturally cleanses the body and aids in digestion\*
- Supports healthy respiratory function\*
- Uplifting aroma promotes a positive mood



<b>30120001</b>	15mL bottle
\$14.67 retail	\$11.00 wholesale   11 PV

## Helichrysum

### ESSENTIAL OIL

*Helichrysum italicum*

Distilled from the flower cluster of an evergreen herb, Helichrysum is one of the most precious and sought-after essential oils.

- Apply to the face to reduce the appearance of wrinkles and to promote a glowing, youthful complexion
- Massage into the temples and back of neck for a soothing sensation
- Helps promote a healthy metabolism\*



<b>30410001</b>	5mL bottle
\$93.33 retail	\$70.00 wholesale   60 PV

## Lavender Top Seller!

### ESSENTIAL OIL

*Lavandula angustifolia*

Lavender has been cherished for its unmistakable aroma and health properties for thousands of years.

- Widely used for its calming and relaxing qualities
- Take internally to reduce anxious feelings\*
- Soothes occasional skin irritations
- Take internally for a peaceful sleep\*



<b>30110001</b>	15mL bottle
\$30.67 retail	\$23.00 wholesale   23 PV

*"I knew almost immediately after uncapping the lid that Juniper Berry would become one of my favorite essential oils. When I am under stress, it is my go-to oil to diffuse. The crisp smell of nature compacted into a small glass bottle doesn't get any better!"*

Caitlyn C., Chester, Virginia



**Lemon Eucalyptus** New!

ESSENTIAL OIL  
*Eucalyptus citriodora*

Lemon Eucalyptus essential oil is derived from a lemon-scented blue gum eucalypti plant, a tall tree with smooth bark native to northern Australia.

- Has a fresh, lemony aroma
- Diffuse to create positive, happy feelings
- Cleansing to surfaces



<b>60209674</b>	15mL bottle
\$16.00 retail	\$12.00 wholesale   12 PV

**Lemongrass**

ESSENTIAL OIL  
*Cymbopogon flexuosus*

Long used in Asian and Caribbean cooking for its subtle lemony flavor and aroma, Lemongrass boasts many health-promoting benefits.

- Use to flavor entrées and meat dishes while promoting healthy digestion\*
- Combine with a carrier oil for a soothing massage
- Promotes healthy digestion and acts as an overall tonic to the body's systems\*



<b>30130001</b>	15mL bottle
\$13.33 retail	\$10.00 wholesale   10 PV



**Lime**

ESSENTIAL OIL  
*Citrus aurantifolia*

The sharp, citrus smell of Lime makes it a must-have in any essential oils collection.

- Supports healthy immune function\*
- Positively affects mood with stimulating and refreshing properties
- Used as an internal cleanser\* with topical and aromatic cleansing benefits
- Promotes emotional balance and well-being



<b>30870001</b>	15mL bottle
\$17.33 retail	\$13.00 wholesale   13 PV

**Marjoram**

ESSENTIAL OIL  
*Origanum majorana*

Also known as "wintersweet" or "joy of the mountains," Marjoram has both culinary uses and healthful benefits.

- Valued for its calming properties and positive effect on the nervous system\*
- Supports a healthy immune system\*
- May promote healthy cardiovascular system function\*



<b>30140001</b>	15mL bottle
\$25.33 retail	\$19.00 wholesale   19 PV

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Melissa

### ESSENTIAL OIL

*Melissa officinalis*

Our rarest oil, Melissa has a sweet, fresh, citrus-like fragrance and a wide range of beneficial properties.

- May help support a healthy immune system\*
- Calms feelings of tension and nerves
- Diffuse to create a relaxing environment that encourages a restful night's sleep



<b>30850001</b>	5mL bottle
\$153.33 retail	\$115.00 wholesale   100 PV

## Oregano Top Seller!

### ESSENTIAL OIL

*Origanum vulgare*

Derived from the leaves of the oregano plant, Oregano essential oil has many traditional and modern uses.

- Supports a healthy immune system, healthy digestion, and respiratory function\*
- Offers powerful antioxidants\*
- Used as a powerful cleansing and purifying agent



<b>30180001</b>	15mL bottle
\$29.33 retail	\$22.00 wholesale   22 PV

## Peppermint Top Seller!

### ESSENTIAL OIL

*Mentha piperita*

A top-selling favorite, Peppermint provides myriad health benefits.

- Promotes digestive health\*
- Helps alleviate occasional stomach upset\*
- Promotes healthy respiratory function and clear breathing\*
- Repels bugs naturally



<b>30190001</b>	15mL bottle
\$29.33 retail	\$22.00 wholesale   22 PV

## Myrrh

### ESSENTIAL OIL

*Commiphora myrrha*

Used historically in many ways—from meditation to embalming—Myrrh is still frequently recommended today.

- Powerful cleansing properties, especially for the mouth and throat
- Soothing to the skin; promotes a smooth, youthful-looking complexion
- Diffuse to help promote awareness and uplift your mood



<b>30160001</b>	15mL bottle
\$78.67 retail	\$59.00 wholesale   50 PV

## Patchouli

### ESSENTIAL OIL

*Pogostemon cablin*

Patchouli is easily recognizable for its rich, musky-sweet fragrance.

- Provides a grounding, balancing effect on emotions
- Promotes a smooth, glowing complexion
- Add to your daily moisturizer to help reduce the appearance of blemishes, wrinkles, or problem skin areas



<b>30890001</b>	15mL bottle
\$37.33 retail	\$28.00 wholesale   28 PV



### Peppermint Beadlet

Experience a refreshing, invigorating burst of Peppermint in the convenience of a dissolving beadlet.

- Promotes oral and respiratory health\*
- Alleviates occasional stomach upset\*
- Provides all the benefits of Peppermint essential oil\*

I

<b>31570001</b>	125 beadlets
\$16.67 retail	\$12.50 wholesale   12.5 PV

### Petitgrain

ESSENTIAL OIL  
*Citrus aurantium*

Petitgrain has a fresh, slightly herbaceous aroma and a variety of uses.

- May help support healthy cardiovascular function when taken internally\*
- When taken internally, may provide antioxidant support\*
- Take internally to help ease feelings of tension, to help calm the nervous system, and to promote restful sleep\*

A T I S

<b>49520001</b>	15mL bottle
\$33.33 retail	\$25.00 wholesale   25 PV

#### PRODUCT HIGHLIGHT

### Pink Pepper

Through dōTERRA Co-Impact Sourcing® Initiatives, Pink Pepper comes from rural communities in Kenya and Peru where it is wild harvested and then distilled by exclusive partner-owned distillation facilities. This process has created new and exciting economic opportunities for these remote regions.



Pink Pepper

### Pink Pepper

ESSENTIAL OIL  
*Schinus molle*

A sacred tree to the Incans, Pink Pepper essential oil is distilled from the fruit of the pink peppercorn tree, which was used by indigenous people as herbal solutions to health needs.

- Soothing to the nervous system\*
- Massage into the skin to help calm and soothe after strenuous exercise
- Diffuse or inhale directly to promote feelings of alertness
- Take internally to support digestive, respiratory, and immune health\*

A T I N

<b>60207016</b>	5mL bottle
\$29.33 retail	\$22.00 wholesale   22 PV

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## Roman Chamomile

### ESSENTIAL OIL

*Anthemis nobilis*

The most versatile of the chamomiles, Roman Chamomile is extracted from the daisy-like flower of the Roman chamomile plant.

- Has a calming effect on the skin, mind, and body\*
- Soothes the systems of the body\*
- May help support healthy immune system function\*
- Diffuse or apply to bottoms of feet at bedtime



<b>30800001</b>	5mL bottle
\$60.00 retail	\$45.00 wholesale   45 PV

## Rose New!

### ESSENTIAL OIL

*Rosa damascena*

Known as the 'Queen of Oils,' Rose essential oil is highly sought after for its aroma and powerful topical and emotional benefits.

- Add to your favorite dōTERRA moisturizer to promote an even skin tone and healthy looking complexion
- Emotionally uplifting, diffuse Rose to promote feelings of happiness and vitality



<b>31000001</b>	5mL bottle
\$366.67 retail	\$275.00 wholesale   200 PV

*"Sandalwood is earthy and calming. I use it when I need grounding by applying a few drops on the soles of my feet or adding it in my work diffuser. Amazing results; Sandalwood can change my clients' mood and helps me focus on what matters."*

Jacqueline L., Victoria, Australia

## Rosemary

### ESSENTIAL OIL

*Rosmarinus officinalis*

Considered sacred by the ancient Greek, Roman, Egyptian, and Hebrew cultures, Rosemary has a myriad of uses.

- Supports healthy respiratory function\*
- May help support healthy digestion\*
- Helps reduce nervous tension and occasional fatigue\*
- Diffuse while studying to maintain concentration



<b>30200001</b>	15mL bottle
\$21.33 retail	\$16.00 wholesale   16 PV

## Sandalwood

### ESSENTIAL OIL

*Santalum album*

With documented history of use over several thousand years, Sandalwood has a wide variety of applications.

- Promotes healthy-looking, smooth skin
- Reduces the appearance of skin imperfections
- Enhances mood
- Frequently used in meditation for its grounding and uplifting properties



<b>30210001</b>	5mL bottle
\$93.33 retail	\$70.00 wholesale   60 PV

## Sandalwood, Hawaiian

### ESSENTIAL OIL

*Santalum paniculatum*

From a renewable source in Hawaii, dōTERRA® Hawaiian Sandalwood delivers a variety of benefits.

- Helps improve the appearance of skin and hair
- Apply to the neck and shoulders at bedtime for a restful night's sleep.



<b>41860001</b>	5mL bottle
\$93.33 retail	\$70.00 wholesale   60 PV

## Siberian Fir

### ESSENTIAL OIL

*Abies sibirica*

With a fresh, woody scent, Siberian Fir can help balance your emotions and soothe anxious feelings.

- Provides a soothing effect when used in massage
- Apply topically to help soothe minor skin irritations



<b>60203125</b>	15mL bottle
\$26.67 retail	\$20.00 wholesale   20 PV

## Spearmint

### ESSENTIAL OIL

*Mentha spicata*

Spearmint is widely used for its digestive benefits\* and as a flavoring for a variety of dishes and drinks.

- Promotes digestion and helps reduce occasional stomach upset\*
- Promotes a sense of focus and an uplifting mood
- Add a drop or two to any dessert, drink, salad, or entrée for flavoring



<b>31610001</b>	15mL bottle
\$37.33 retail	\$28.00 wholesale   28 PV

#### PRODUCT HIGHLIGHT

## Vetiver

Through the dōTERRA Cō-Impact Sourcing\* Initiative, our source of Vetiver essential oil comes from dedicated farmers in Haiti.

Although it is a highly sought oil, harvesting vetiver does not provide growers with a steady stream of income throughout the year.

The Cō-Impact Sourcing Initiative in Haiti aims to solve this problem by establishing fair, consistent pay for CPTG\* Vetiver essential oil.

## Spikenard

### ESSENTIAL OIL

*Nardostachys jatamansi*

Spikenard essential oil has a woody, spicy aroma to uplift mood and promote relaxation.

- Uplifting aroma
- Promotes feelings of calmness and relaxation when diffused
- Add one or two drops to your favorite cleanser to promote healthy, glowing skin



<b>49510001</b>	5mL bottle
\$66.00 retail	\$49.50 wholesale   49.5 PV

## Tangerine

### ESSENTIAL OIL

*Citrus reticulata*

Tangerine has a sweet, tangy aroma, similar to other citrus oils, that is uplifting. Tangerine is known for its cleansing properties and for supporting a healthy immune and respiratory system.\*

- Supports healthy digestion and metabolism\*
- Cleansing and purifying
- To energize and uplift mood, place 1–2 drops in the palm of your hand, rub together, and cup over the nose and mouth for 30 seconds or diffuse throughout the room.



<b>49440001</b>	15mL bottle
\$20.00 retail	\$15.00 wholesale   15 PV



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Turmeric

**Turmeric**

ESSENTIAL OIL

*Curcuma longa*

Commonly known for its Ayurvedic health uses, Turmeric is a staple for your daily health routine and, when taken internally, promotes a positive immune function and response.\*

- May support healthy nervous and cellular function\*
- Promotes feelings of positivity when taken internally\* and used aromatically
- As a part of your daily routine, take internally for antioxidant support\*



<b>60206973</b>	15mL bottle
\$37.33 retail	\$28.00 wholesale   28 PV

**Tea Tree** Top Seller!

ESSENTIAL OIL

*Melaleuca alternifolia*

Tea Tree oil is composed of 90 different compounds and has limitless applications.

- Renowned for its purifying and cleansing properties
- Soothing to irritated skin
- Diffuse throughout the home to help purify and freshen the air



<b>60208340</b>	15mL bottle
\$28.00 retail	\$21.00 wholesale   21 PV

**Thyme**

ESSENTIAL OIL

*Thymus vulgaris*

Thyme, familiar to most as a common seasoning, produces a potent essential oil.

- Supports a healthy immune system\*
- Provides cleansing and purifying effects for the skin



<b>30220001</b>	15mL bottle
\$39.33 retail	\$29.50 wholesale   29.5 PV

**Vetiver**

ESSENTIAL OIL

*Vetiveria zizanioides*

Vetiver is loved for its rich, exotic, complex aroma and is used extensively in perfumes.

- Vetiver is high in sesquiterpenes, which provide a grounding effect
- Use as part of a soothing, aromatic massage
- Use as an earthy base note in your favorite diffuser blends
- Immune-supporting properties\*



<b>30430001</b>	15mL bottle
\$54.67 retail	\$41.00 wholesale   41 PV

**Wild Orange** Top Seller!

ESSENTIAL OIL

*Citrus sinensis*

Cold pressed from the peel, Wild Orange releases an energizing, citrusy aroma.

- Powerful cleanser and purifying agent
- Place one drop Wild Orange, Peppermint, and Frankincense in your hand. Rub hands together and inhale deeply for an energizing aroma

A T I N

<b>30170001</b>	15mL bottle
\$13.33 retail	\$10.00 wholesale   10 PV



Ylang Ylang



**Wintergreen**

ESSENTIAL OIL

*Gaultheria fragrantissima*

Most consumers recognize the aroma and flavor of Wintergreen. As a flavoring, small amounts of Wintergreen are used in candy and chewing gum.

- Commonly used in oral hygiene products
- Massage into hands, back, and legs for a soothing and warming sensation after exercise
- Diffuse for a sweet, uplifting aroma

A T S

<b>31620001</b>	15mL bottle
\$29.33 retail	\$22.00 wholesale   22 PV

**Ylang Ylang**

ESSENTIAL OIL

*Cananga odorata*

Ylang Ylang, while famed for its exquisite fragrance, has myriad benefits.

- Provides antioxidant support\*
- Blend several drops of Ylang Ylang with dōTERRA Fractionated Coconut Oil and massage into back and shoulders to help reduce the effects of daily stress
- Promotes the appearance of healthy skin and hair

A T I N

<b>30240001</b>	15mL bottle
\$49.33 retail	\$37.00 wholesale   37 PV

**Fractionated Coconut Oil**

Combine dōTERRA® Fractionated Coconut Oil with your favorite dōTERRA essential oils for your own readily absorbable blend.

- Feather-light emollient provides a soothing barrier without clogging pores
- Ideal for combining with essential oils before applying topically
- Completely soluble with all essential oils; odorless, colorless, and non-staining

T N

<b>31640001</b>	3.8 fl oz/115mL
\$16.00 retail	\$12.00 wholesale   12 PV

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dōTERRA  
**cō·impact**  
SOURCING

*By supporting small-scale producers in developing countries, Cō-Impact Sourcing provides a solid foundation that these growers can build a future on.*

Ylang Ylang is harvested on the island of Nosy Be off the northwest coast of Madagascar.

# dōTERRA TOUCH® FLORALS

Natures most coveted floral essential oils with powerful benefits have never been more simple and convenient to use. Create your own unique personal fragrance, encourage positive emotions, or promote healthy-looking skin through a single application or combination of these precious florals with ease.



## Jasmine

### TOUCH BLEND

dōTERRA Jasmine Touch can not only help reduce the appearance of skin imperfections but is also uplifting to the mood.



<b>60201812</b>	10mL roll-on
\$56.00 retail	\$42.00 wholesale
	42 PV



## Magnolia Touch

### TOUCH BLEND

Used in Chinese traditional health practices for hundreds of years, Magnolia is known for its emotional benefits along with a fresh and compellingly sweet aroma.



<b>60205420</b>	10mL roll-on
\$37.33 retail	\$28.00 wholesale
	28 PV



## Neroli

### TOUCH BLEND

Soothing to the skin, dōTERRA Neroli Touch is specifically formulated with Fractionated Coconut Oil to provide a positive, calming experience when applied topically.



<b>60201817</b>	10mL roll-on
\$62.67 retail	\$47.00 wholesale
	47 PV



## Rose

### TOUCH BLEND

Using the powerful benefits of Rose essential oil in a convenient roll-on, dōTERRA Rose Touch can be applied throughout the day to uplift your mood or as a part of your skin care routine to promote a healthy-looking complexion.



<b>60201813</b>	10mL roll-on
\$93.33 retail	70.00 wholesale
	65 PV



*Neroli*



## SINGLE ESSENTIAL OILS

## Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
ARBORVITAE <i>Thuja plicata</i>	A	T		N			49360001	\$29.33	\$22.00	22
BASIL <i>Ocimum basilicum</i>	A	T	I	N			30010001	\$32.00	\$24.00	24
BERGAMOT <i>Citrus bergamia</i>	A	T	I		S		30790001	\$40.00	\$30.00	30
BLACK PEPPER <i>Piper nigrum</i>	A	T	I		S		41040001	\$29.33	\$22.00	22
BLACK SPRUCE <i>Picea mariana</i> <b>New!</b>	A	T			S		60206220	\$24.00	\$18.00	18
BLUE TANSY <i>Tanacetum annuum</i>	A	T		N			60203383	\$113.33	\$85.00	80
CARDAMOM <i>Elettaria cardamomum</i>	A	T	I	N			49350001	\$34.67	\$26.00	26
CASSIA <i>Cinnamomum cassia</i>	A	T	I			D	30020001	\$25.33	\$19.00	19
CEDARWOOD <i>Juniperus virginiana</i>	A	T			S		49300001	\$17.33	\$13.00	13
CELERY SEED <i>Apium graveolens</i> <b>New!</b>	A	T	I		S		60209677	\$48.00	\$36.00	36
CILANTRO <i>Coriandrum sativum</i>	A	T	I	N			41850001	\$34.67	\$26.00	26
CINNAMON BARK <i>Cinnamomum zeylanicum</i>	A	T	I			D	30030001	\$32.00	\$24.00	24
CITRONELLA <i>Cymbopogon winterianus</i> <b>New!</b>	A	T			S		60209676	\$24.00	\$18.00	18
CLARY SAGE <i>Salvia sclarea</i>	A	T	I	N			30420001	\$48.67	\$36.50	36.5
CLOVE <i>Eugenia caryophyllata</i>	A	T	I			D	30040001	\$21.33	\$16.00	16
COPAIBA <i>Copaifera reticulata, officinalis, coriacea, and langsdorffii</i>	A	T	I		S		60202178	\$46.67	\$35.00	35
CORIANDER <i>Coriandrum sativum</i>	A	T	I	N			30780001	\$33.33	\$25.00	25
CYPRESS <i>Cupressus sempervirens and lusitanica</i>	A	T		N			30050001	\$20.67	\$15.50	15.5
DOUGLAS FIR <i>Pseudotsuga menziesii</i>	A	T		N			31590001	\$26.00	\$19.50	19.5
EUCALYPTUS <i>Eucalyptus radiata</i>	A	T			S		30060001	\$22.67	\$17.00	17
FENNEL (SWEET) <i>Foeniculum vulgare</i>	A	T	I		S		41290001	\$20.00	\$15.00	15
FRANKINCENSE <i>Boswellia carterii, sacra, papyrifera, and frereana</i> <b>Top Seller!</b>	A	T	I	N			30070001	\$90.67	\$68.00	63
GERANIUM <i>Pelargonium graveolens</i>	A	T	I			D	30090001	\$41.33	\$31.00	31
GINGER <i>Zingiber officinale</i>	A	T	I		S		31630001	\$54.67	\$41.00	41
GRAPEFRUIT <i>Citrus x paradisi</i>	A	T	I	N			30100001	\$24.00	\$18.00	18
GREEN MANDARIN <i>Citrus nobilis</i>	A	T	I	N			60205794	\$37.33	\$28.00	28
HELICHRYSUM <i>Helichrysum italicum</i>	A	T	I	N			30410001	\$93.33	\$70.00	60
JUNIPER BERRY <i>Juniperus communis</i>	A	T	I	N			49290001	\$25.33	\$19.00	19
LAVENDER <i>Lavandula angustifolia</i> <b>Top Seller!</b>	A	T	I	N			30110001	\$30.67	\$23.00	23
LEMON <i>Citrus limon</i> <b>Top Seller!</b>	A	T	I	N			30120001	\$14.67	\$11.00	11
LEMON EUCALYPTUS <i>Eucalyptus citriodora</i> <b>New!</b>	A	T			S		60209674	\$16.00	\$12.00	12
LEMONGRASS <i>Cymbopogon flexuosus</i>	A	T	I			D	30130001	\$13.33	\$10.00	10

**APPLICATION METHODS** A Can be used aromatically T Can be used topically I Can be used internally

**SKIN SENSITIVITY** N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)



## SINGLE ESSENTIAL OILS Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
LIME <i>Citrus aurantifolia</i>	A	T	I		S		30870001	\$17.33	\$13.00	13
MARJORAM <i>Origanum majorana</i>	A	T	I	N			30140001	\$25.33	\$19.00	19
MELISSA <i>Melissa officinalis</i>	A	T	I	N			30850001	\$153.33	\$115.00	100
MYRRH <i>Commiphora myrrha</i>	A	T	I	N			30160001	\$78.67	\$59.00	50
OREGANO <i>Origanum vulgare</i> <b>Top Seller!</b>	A	T	I			D	30180001	\$29.33	\$22.00	22
PATCHOULI <i>Pogostemon cablin</i>	A	T	I	N			30890001	\$37.33	\$28.00	28
PEPPERMINT <i>Mentha piperita</i> <b>Top Seller!</b>	A	T	I		S		30190001	\$29.33	\$22.00	22
PETITGRAIN <i>Citrus aurantium</i>	A	T	I		S		49520001	\$33.33	\$25.00	25
PINK PEPPER <i>Schinus molle</i>	A	T	I	N			60207016	\$29.33	\$22.00	22
ROMAN CHAMOMILE <i>Anthemis nobilis</i>	A	T	I	N			30800001	\$60.00	\$45.00	45
ROSE <i>Rosa damascena</i> <b>New!</b>	A	T			S		60206972	\$366.67	\$275.00	200
ROSEMARY <i>Rosmarinus officinalis</i>	A	T	I	N			30200001	\$21.33	\$16.00	16
SANDALWOOD <i>Santalum album</i>	A	T	I	N			30210001	\$93.33	\$70.00	60
SANDALWOOD, HAWAIIAN <i>Santalum paniculatum</i>	A	T	I	N			41860001	\$93.33	\$70.00	60
SIBERIAN FIR <i>Abies sibirica</i>	A	T	I	N			60203125	\$26.67	\$20.00	20
SPEARMINT <i>Mentha spicata</i>	A	T	I		S		31610001	\$37.33	\$28.00	28
SPIKENARD <i>Nardostachys jatamansi</i>	A	T		N			49510001	\$66.00	\$49.50	49.5
TANGERINE <i>Citrus reticulata</i>	A	T	I	N			49440001	\$20.00	\$15.00	15
TEA TREE <i>Melaleuca alternifolia</i> <b>Top Seller!</b>	A	T		N			60208340	\$28.00	\$21.00	21
THYME <i>Thymus vulgaris</i>	A	T	I			D	30220001	\$39.33	\$29.50	29.5
TURMERIC <i>Curcuma longa</i>	A	T	I	N			60206973	\$37.33	\$28.00	28
VETIVER <i>Vetiveria zizanioides</i>	A	T	I	N			30430001	\$54.67	\$41.00	41
WILD ORANGE <i>Citrus sinensis</i> <b>Top Seller!</b>	A	T	I	N			30170001	\$13.33	\$10.00	10
WINTERGREEN <i>Gaultheria fragrantissima</i>	A	T			S		31620001	\$29.33	\$22.00	22
YARROW POM <i>Active Botanical Nutritive Duo</i>		T	I	N			60207652	\$126.67	\$95.00	95
YLANG YLANG <i>Cananga odorata</i>	A	T	I	N			30240001	\$49.33	\$37.00	37

## SINGLE TOUCH FLORALS Quick Reference

JASMINE TOUCH <i>Jasminum grandiflorum</i>	A	T		N			60201812	\$56.00	\$42.00	42
MAGNOLIA TOUCH <i>Michelia alba</i>	A	T		N			60205420	\$37.33	\$28.00	28
NEROLI TOUCH <i>Citrus x aurantium</i>	A	T		N			60201817	\$62.67	\$47.00	47
ROSE TOUCH <i>Rosa damascena</i>	A	T		N			60201813	\$93.33	\$70.00	65

# Proprietary ESSENTIAL OIL BLENDS

dōTERRA® essential oil blends are proprietary formulas for targeted wellness applications. They represent the converging wisdom of many years of essential oil experience and validation of a growing body of research and scientific study. Harnessing the inherent living energies of plants, each formula is synergistically balanced to enhance product potency and benefits and contains only CPTG Certified Pure Therapeutic Grade® essential oils.

## dōTERRA Align

### CENTERING BLEND

Invite confident peace into your daily practice by embracing the Centering Blend.

- Apply over heart, wrists, and back of neck to promote feelings of self-acceptance and fluidity.
- Enjoy the aromatic benefits of Align whenever you are feeling apathetic and unfocused.
- Ideal yoga poses with Align's aroma are Warrior II, Triangle, and Gate pose.
- Can be used during yoga practice or any time during your day.



<b>60203246</b>	5mL bottle
\$22.67 retail	\$17.00 wholesale   17 PV

## dōTERRA Anchor

### STEADYING BLEND

Instill a calming strength and firm trust in oneself with the Steadying Blend.

- Apply to ankles, base of spine, and bottoms of feet to promote feelings of completeness and calmness.
- Enjoy the aromatic benefits of Anchor whenever you are feeling scattered or uprooted.
- The perfect yoga poses to pair with Anchor's aroma are Seated Meditation, Seated Twist, and Bhujangasana (one hand on the heart, the other on the Earth).
- Can be used during yoga practice or any time during your day.



<b>60203245</b>	5mL bottle
\$25.67 retail	\$20.00 wholesale   20 PV





### **dōTERRA Balance®**

#### GROUNDING BLEND

dōTERRA Balance Grounding Blend has a warm, woody aroma that creates a sense of calmness and well-being.

- Features Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, and Osmanthus in a base of Fractionated Coconut Oil
- Promotes an overall sense of relaxation
- Evokes feelings of tranquility and balance
- Helps ease anxious feelings



<b>31010001</b>	15mL bottle	
\$28.00 retail	\$21.00 wholesale	21 PV

### **dōTERRA Arise**

#### ENLIGHTENING BLEND

Inspire feelings of joy and courageously rise to your goals with the Enlightening Blend.

- Apply to temples, wrists, and neck to promote feelings of happiness.
- Enjoy the aromatic benefits of Arise when you are challenging yourself to achieve the next level.
- Use Arise while practicing the following yoga poses: standing, arms high and standing side stretch, and Half Moon.
- Can be used during yoga practice or any time during your day.



<b>60203247</b>	5mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

### **Aromatouch®**

#### MASSAGE BLEND

This proprietary massage blend combines the benefits of oils well known for their soothing and relaxing effects.

- Features Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender
- Promotes feelings of relaxation and lessens feelings of tension
- Add to Epsom salts and enjoy soaking in a hot bath



<b>31200001</b>	15mL bottle	
\$37.33 retail	\$28.00 wholesale	28 PV

### **dōTERRA Breathe®**

#### RESPIRATORY BLEND

dōTERRA Breathe Respiratory Blend is a powerful essential oil blend that maintains feelings of clear airways and easy breathing.

- Merges Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, and Ravensara
- Maintains feelings of clear airways and easy breathing
- Helps minimize the effects of seasonal threats
- Diffuse or inhale directly when environmental threats are high



<b>60200190</b>	15mL bottle	
\$29.33 retail	\$22.00 wholesale	22 PV





dōTERRA  
**cō·impact**  
SOURCING

*Cō-Impact Sourcing supports both local farmers and the environment by seeking ways to minimize our impact through better farming practices.*

Jasmine blossoms are harvested near Cairo, Egypt, during the pre-dawn hours when oils are most potent.



### Citrus Bliss®

#### INVIGORATING BLEND

The harmonious blend of Citrus Bliss combines the powerful benefits of popular citrus essential oils.

- Merges Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, and Clementine with a hint of vanilla
- Helps reduce stress
- Positively affects mood with energizing, uplifting, and refreshing properties
- Cleanses and purifies the air



<b>31020001</b>	15mL bottle	
\$24.00 retail	\$18.00 wholesale	18 PV

### DDR Prime®

#### CELLULAR COMPLEX

DDR Prime is a proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils that help protect the body against oxidative stress to cellular DNA.\*

- Combines Frankincense, Wild Orange, Litsea, Thyme, Clove, Summer Savory, Niaouli, and Lemongrass
- Provides antioxidant protection against oxidative stress\*
- Supports a healthy response to cellular stressors and cellular regeneration\*



<b>60207092</b>	15mL bottle	
\$37.33 retail	\$28.00 wholesale	28 PV

### DigestZen® Top Seller!

#### DIGESTIVE BLEND

The well-recognized essential oils in DigestZen are known for providing digestive benefits.\*

- Features a proprietary blend of Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, and Fennel
- Promotes healthy digestion\*
- Helps maintain a healthy gastrointestinal tract\*
- Helps reduce bloating, gas, and occasional indigestion\*



<b>31030001</b>	15mL bottle	
\$44.00 retail	\$33.00 wholesale	33 PV

See page 66 for DigestZen Softgels

### ClaryCalm®

#### MONTHLY BLEND FOR WOMEN

ClaryCalm is a unique blend of essential oils developed especially for women.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa and Vitex
- Provides a cooling and calming effect
- Helps soothe heightened emotions



<b>49480001</b>	10mL roll-on	
\$36.00 retail	\$27.00 wholesale	27 PV

### Deep Blue® Top Seller!

#### SOOTHING BLEND

Deep Blue provides soothing effects that can be felt immediately.

- Features Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile, Osmanthus extract
- Rub Deep Blue on lower back muscles after a day of heavy lifting
- Apply on feet and knees before and after exercise
- Massage Deep Blue with a few drops of carrier oil onto growing kids' legs before bedtime



<b>60200143</b>	5mL bottle	
\$44.00 retail	\$33.00 wholesale	33 PV

<b>60200144</b>	10mL roll-on	
\$78.67 retail	\$59.00 wholesale	55 PV

*"DigestZen is my life-saving oil! When I don't get enough sleep, my stomach cramps up. I don't sleep well when my husband is gone, and he works on a rotation where he is away as much or more than he is home. DigestZen is the oil I use very regularly to help calm my stomach during those long weeks when he is gone."*

Jennifer B., Eagle River, Alaska

## Elevation

### JOYFUL BLEND

Elevation is a proprietary blend of mood-elevating essential oils.

- Features Lavandin, Tangerine, Lavender, Amyris, Clary Sage, Hawaiian Sandalwood, Ylang Ylang, Ho Wood, Osmanthus, Lemon Myrtle, and Melissa
- Elevates mood and promotes vitality
- Helps create a positive and energizing mood



<b>31040001</b>	15mL bottle
\$57.33 retail	\$43.00 wholesale   43 PV

## Immortelle

### ANTI-AGING BLEND

This powerful blend of essential oils nourishes and supports skin to help sustain smoother, more radiant, and youthful-looking skin.

- Features the renewing power of rare essential oils—Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, and Rose
- Helps reduce the appearance of fine lines and wrinkles
- Helps reduce contributing factors to the appearance of aging skin



<b>60202652</b>	10mL roll-on
\$92.00 retail	\$69.00 wholesale   65 PV

## dōTERRA On Guard®

### PROTECTIVE BLEND

dōTERRA On Guard offers a fragrant, natural, effective alternative to synthetic options for immune support.\*

- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary
- Formulated to support healthy immune function\*
- Supports the body's natural antioxidant defenses\*
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air through diffusion



<b>31100001</b>	15mL bottle
\$45.33 retail	\$34.00 wholesale   34 PV

See page 45 for dōTERRA On Guard + Softgels

## HD Clear®

### TOPICAL BLEND

Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes a clean complexion with essential oils renowned for their skin-benefitting properties.

- Features a unique blend of black cumin seed oil as well as CPTG® essential oils of Ho Leaf, Tea Tree, Litsea, Eucalyptus and Geranium
- Promotes a clear complexion
- Helps reduce breakouts



<b>49400001</b>	10mL roll-on
\$28.00 retail	\$21.00 wholesale   21 PV

## Intune®

### FOCUS BLEND

InTune is a proprietary blend of carefully selected essential oils known to promote a sense of clarity and focus.

- Features Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, and Roman Chamomile
- Enhances and sustains a sense of focus
- Supports efforts of those who have difficulty paying attention and staying on task



<b>41840001</b>	10mL roll-on
\$46.00 retail	\$34.50 wholesale   34.5 PV

## dōTERRA On Guard® Beadlet

With its unique formula, dōTERRA On Guard offers a fragrant, natural, effective alternative to synthetic options for immune support.\*

- Supports healthy immune function\*
- Provides a convenient consumption method for dōTERRA On Guard Protective Blend
- Freshens breath



<b>31580001</b>	125 beadlets
\$21.33 retail	\$16.00 wholesale   16 PV

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



dōTERRA  
**cō·impact**  
SOURCING™

*At dōTERRA we are anxiously engaged in identifying ways we can positively contribute to creating sustainable jobs and addressing community needs.*

dōTERRA helps rural farmers in Kenya cultivate Geranium.



### PastTense®

#### TENSION BLEND

PastTense is a distinctive blend of essential oils known to reduce the feelings associated with tension and stress.

- Features Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, and Rosemary
- Helps ease stressful feelings
- Helps calm emotions
- Packaged for convenient application in a roll-on bottle



<b>31350001</b>	10mL roll-on
\$26.00 retail	\$19.50 wholesale   19.5 PV

### Purify

#### CLEANSING BLEND

Purify is designed to eliminate odors naturally without toxic additives.

- Combines Lemon, Siberian Fir, Citronella, Lime, Tea Tree, and Cilantro
- Refreshing aroma eradicates unpleasant odors and clears the air
- Protects against environmental threats



<b>31060001</b>	15mL bottle
\$26.67 retail	\$20.00 wholesale   20 PV

### dōTERRA Serenity®

#### RESTFUL BLEND

dōTERRA Serenity calms emotions while creating a sense of peace and well-being.

- Features Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute, and Hawaiian Sandalwood
- Creates a perfect escape with its calming, renewing fragrance
- Promotes feelings of relaxation and a restful sleeping environment



<b>49530001</b>	15mL bottle
\$42.67 retail	\$32.00 wholesale   32 PV

### Slim & Sassy® Top Seller!

#### METABOLIC BLEND

Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon
- Promotes healthy metabolism\*
- Helps manage hunger cravings\*
- Calms your stomach\*
- Diuretic-, stimulant-, and calorie-free



<b>31370001</b>	15mL bottle
\$34.67 retail	\$26.00 wholesale   26 PV



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**TerraShield®**

OUTDOOR BLEND

Just a small amount of super-concentrated TerraShield® provides powerful outdoor protection.

- Features Ylang Ylang, Tamanu, Nootka, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Vanilla Absolute, and Arborvitae in a base of Fractionated Coconut Oil
- Diffuse during outdoor events
- Apply before hiking or camping



<b>31700001</b>	15mL bottle	
\$14.00 retail	\$10.50 wholesale	10.5 PV
<b>31600001</b>	30mL spray bottle	
\$26.00 retail	\$19.50 wholesale	17 PV

**Zendocrine®**

DETOXIFICATION BLEND

Zendocrine essential oil blend supports the body's natural ability to rid itself of unwanted substances.\*

- Features Tangerine, Rosemary, Geranium, Juniper Berry, and Cilantro
- Purifying and detoxifying to the body's systems\*
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin\*



<b>31460001</b>	15mL bottle	
\$32.00 retail	\$24.00 wholesale	24 PV

**Whisper®**

BLEND FOR WOMEN

Create a beautiful and unique personal fragrance with the essences of the most appealing CPTG® essential oils.

- Contains Patchouli, Bergamot, Hawaiian Sandalwood, Rose Absolute, Vanilla Absolute, Jasmine Absolute, Cinnamon, Vetiver, Labdanum Absolute, Cocoa Extract, and Ylang Ylang
- Warming aroma that entices the senses
- Promotes calming emotions throughout the day



<b>31080001</b>	5mL bottle	
\$32.00 retail	\$24.00 wholesale	24 PV



## ESSENTIAL OIL BLENDS

## Quick Reference

	APPLICATION		SKIN SENSITIVITY				SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
<b>ADAPTIV™</b> <i>Calming Blend</i> <b>New!</b>	A	T		N			60209364	\$50.00	\$37.50	37.5
<i>Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, Sweetgum</i>										
<b>ADAPTIV™ TOUCH</b> <i>Calming Blend</i> <b>New!</b>	A	T		N			60209357	\$26.67	\$20.00	20
<i>Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, Sweetgum</i>										
<b>AROMATOUCH®</b> <i>Massage Blend</i>		T		N			31200001	\$37.33	\$28.00	28
<i>Cypress, Peppermint, Marjoram, Basil, Grapefruit, Lavender</i>										
<b>dōTERRA BALANCE®</b> <i>Grounding Blend</i>	A	T		N			31010001	\$28.00	\$21.00	21
<i>Fractionated Coconut Oil, Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, Osmanthus Extract</i>										
<b>dōTERRA BREATHE®</b> <i>Respiratory Blend</i>	A	T			S		60200190	\$29.33	\$22.00	22
<i>Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, Ravensara</i>										
<b>CITRUS BLISS®</b> <i>Invigorating Blend</i>	A	T		N			31020001	\$24.00	\$18.00	18
<i>Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, Clementine, with Vanilla Absolute</i>										
<b>CLARYCALM®</b> <i>Monthly Blend for Women</i>	A	T		N			49480001	\$36.00	\$27.00	27
<i>Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa, Vitex</i>										
<b>DDR PRIME®</b> <i>Cellular Complex</i>		T	I		S		60207092	\$37.33	\$28.00	28
<i>Frankincense, Wild Orange, Litsea, Thyme, Clove, Summer Savory, Niaouli, Lemongrass</i>										
<b>DEEP BLUE®</b> <i>Soothing Blend</i> <b>Top Seller!</b>		T			S		60200143	\$44.00	\$33.00	33
<i>Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile, Osmanthus Extract</i>										
<b>DIGESTZEN®</b> <i>Digestive Blend</i> <b>Top Seller!</b>	A	T	I	N			31030001	\$44.00	\$33.00	33
<i>Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, Fennel</i>										
<b>ELEVATION</b> <i>Joyful Blend</i>	A	T		N			31040001	\$57.33	\$43.00	43
<i>Lavandin, Tangerine, Lavender, Amyris, Clary Sage, Hawaiian Sandalwood, Ylang Ylang, Ho Wood, Osmanthus extract., Lemon Myrtle, Melissa</i>										
<b>HD CLEAR®</b> <i>Topical Blend</i>		T		N			49400001	\$28.00	\$21.00	21
<i>Black Cumin, Ho wood, Tea Tree, Litsea, Eucalyptus, Geranium</i>										
<b>IMMORTELLE</b> <i>Anti-Aging Blend</i>		T		N			60202652	\$92.00	\$69.00	65
<i>Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, Rose</i>										
<b>INTUNE®</b> <i>Focus Blend</i>	A	T		N			41840001	\$46.00	\$34.50	34.5
<i>Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, Roman Chamomile</i>										
<b>dōTERRA ON GUARD®</b> <i>Protective Blend</i> <b>Top Seller!</b>	A	T	I		S		31100001	\$45.33	\$34.00	34
<i>Wild Orange, Clove, Cinnamon, Eucalyptus, Rosemary</i>										
<b>PASTTENSE®</b> <i>Tension Blend</i>	A	T		N			31350001	\$26.00	\$19.50	19.5
<i>Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary</i>										

## ESSENTIAL OIL BLENDS Quick Reference

	APPLICATION		SKIN SENSITIVITY				SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
<b>PURIFY</b> <i>Cleansing Blend</i> <i>Lemon, Siberian Fir, Citronella, Lime, Tea Tree, Cilantro</i>	A	T		N			31060001	\$26.67	\$20.00	20
<b>dōTERRA SERENITY</b> <i>Restful Blend</i> <i>Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute, Hawaiian Sandalwood</i>	A	T		N			49530001	\$42.67	\$32.00	32
<b>SLIM &amp; SASSY</b> <i>Metabolic Blend</i> <span style="background-color: #d4edda; padding: 2px;">Top Seller!</span> <i>Grapefruit, Lemon, Peppermint, Ginger, Cinnamon</i>	A	T	I		S		31370001	\$34.67	\$26.00	26
<b>TERRASHIELD</b> <i>Outdoor Blend</i> <i>Fractionated Coconut Oil, Ylang Ylang, Tamanu, Nootka, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Vanilla Absolute, Arborvitae</i>	A	T		N			31700001	\$14.00	\$10.50	10.5
<b>WHISPER</b> <i>Blend for Women</i> <i>Fractionated Coconut Oil, Patchouli, Bergamot, Hawaiian Sandalwood, Rose Absolute, Vanilla Absolute, Jasmine Absolute, Cinnamon Bark, Vetiver, Labdanum Absolute, Cocoa Absolute, Ylang Ylang</i>	A	T		N			31080001	\$32.00	\$24.00	24
<b>ZENDOCRINE</b> <i>Detoxification Blend</i> <i>Tangerine, Rosemary, Geranium, Juniper Berry, Cilantro</i>	A	T	I	N			31460001	\$32.00	\$24.00	24



*Petitgrain oil is extracted via steam distillation on site in Paraguay.*

## dōTERRA EMOTIONAL AROMATHERAPY® OIL BLENDS

### Quick Reference

	APPLICATION						SKU	U.S. RETAIL	WHOLE- SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
<b>dōTERRA MOTIVATE®</b> <i>Encouraging Blend</i>	A	T			S		31740001	\$30.67	\$23.00	23
<i>Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, Vanilla Absolute</i>										
<b>dōTERRA CHEER®</b> <i>Uplifting Blend</i>	A	T			S		31720001	\$33.33	\$25.00	25
<i>Wild Orange, Clove, Star Anise, Lemon Myrtle, Nutmeg, Ginger, Cinnamon, Vanilla Absolute, Zdravetz</i>										
<b>dōTERRA PASSION®</b> <i>Inspiring Blend</i>	A	T			S		31760001	\$56.00	\$42.00	42
<i>Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine Absolute, Vanilla Absolute, Damiana</i>										
<b>dōTERRA FORGIVE®</b> <i>Renewing Blend</i>	A	T			S		31750001	\$26.67	\$20.00	20
<i>Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arbovitae, Nootka, Thyme, Citronella</i>										
<b>dōTERRA CONSOLE®</b> <i>Comforting Blend</i>	A	T		N			31730001	\$49.33	\$37.00	37
<i>Frankincense, Patchouli, Ylang Ylang, Labdanum Absolute, Amyris, Sandalwood, Rose, Osmanthus Extract</i>										
<b>dōTERRA PEACE®</b> <i>Reassuring Blend</i>	A	T		N			31710001	\$40.00	\$30.00	30
<i>Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum Absolute, Spearmint</i>										

## dōTERRA KIDS COLLECTION

<b>THINKER®</b> <i>Focus Blend</i>	A	T		N			60206633	\$21.33	\$16.00	16
<i>Fractionated Coconut Oil, Vetiver, Peppermint, Clementine, Rosemary</i>										
<b>CALMER®</b> <i>Restful Blend</i>	A	T		N			60206632	\$25.33	\$19.00	19
<i>Fractionated Coconut Oil, Lavender, Cananga, Buddha Wood, Roman Chamomile</i>										
<b>STRONGER®</b> <i>Protective Blend</i>	A	T		N			60206654	\$18.67	\$14.00	14
<i>Fractionated Coconut Oil, Cedarwood, Litsea, Frankincense, Rose Extract</i>										
<b>RESCUER™</b> <i>Soothing Blend</i>	A	T		N			60206635	\$20.00	\$15.00	15
<i>Fractionated Coconut Oil, Copaiba, Lavender, Spearmint, Zanthoxylum</i>										
<b>STEADY®</b> <i>Grounding Blend</i>	A	T		N			60206617	\$20.00	\$15.00	15
<i>Fractionated Coconut Oil, Amyris, Balsam Fir, Coriander, Magnolia</i>										
<b>BRAVE®</b> <i>Courage Blend</i>	A	T		N			60206618	\$28.00	\$21.00	21
<i>Fractionated Coconut Oil, Wild Orange, Amyris, Osmanthus Extract, Cinnamon</i>										
<b>TAMER™</b> <i>Digestive Blend</i> <b>New!</b>	A	T		N			60209356	\$20.00	\$15.00	15
<i>Fractionated Coconut Oil, Spearmint, Japanese Peppermint, Ginger, Black Pepper, Parsley Seed</i>										

## dōTERRA YOGA COLLECTION

<b>dōTERRA ANCHOR</b> <i>Steadying Blend</i>	A	T		N			60203245	\$25.67	\$20.00	20
<i>Fractionated Coconut Oil, Lavender, Cedarwood, Frankincense, Cinnamon, Sandalwood, Black Pepper, Patchouli</i>										
<b>dōTERRA ALIGN</b> <i>Centering Blend</i>	A	T		N			60203246	\$22.67	\$17.00	17
<i>Fractionated Coconut Oil, Bergamot, Coriander, Marjoram, Peppermint, Geranium, Basil, Rose, Jasmine Extract</i>										
<b>dōTERRA ARISE</b> <i>Enlightening Blend</i>	A	T		N			60203247	\$25.33	\$19.00	19
<i>Fractionated Coconut Oil, Lemon, Grapefruit, Siberian Fir, Osmanthus Extract, Melissa</i>										

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.







# dōTERRA® | FAMILY ESSENTIALS KIT



## **Family Essentials Kit** Top Seller!

This collection of ten nurturing essential oils and blends provides what you need to care for your family's everyday needs with simple and safe methods featuring essential oils.

The Family Essentials Kit includes:

- Ten 5mL bottles of essential oils and blends: Lavender, Lemon, Peppermint, Tea Tree, Oregano, Frankincense, Deep Blue® dōTERRA Breathe® DigestZen® and dōTERRA On Guard®
- Lists of suggested uses for each oil

<b>60202951</b>	Ten 5mL bottles
\$166.67 retail	\$125.00 wholesale   115 PV



**Frankincense**  
Resin



**Frankincense**  
ESSENTIAL OIL

**Complete Cellular Support**

One of the most precious essential oils of the ancient world, Frankincense is an essential addition to your family's healthcare. dōTERRA's exclusive Frankincense is powerfully versatile and a favorite alternative for many applications—when in doubt, use Frankincense!

- Apply to neck and forehead with Lavender and Peppermint to promote feelings of relaxation
- Take internally in capsules to support healthy cellular function\*
- Use with Fractionated Coconut Oil or favorite face moisturizer for beautiful, radiant skin
- Use aromatically and topically to help lift mood and awareness



**Lavender**  
ESSENTIAL OIL

**All Things Calming**

- Diffuse or apply topically to soothe emotions
- Massage on back or bottom of feet and apply a drop to pillow at bedtime
- Apply topically to soothe skin



**Lemon**  
ESSENTIAL OIL

**Clean and Freshen**

- Supports healthy respiratory function\*
- Diffuse in a room to neutralize odors and elevate mood
- Use to clean kitchen counters and stainless steel appliances
- Take internally with water to cleanse the body\*



**Peppermint**  
ESSENTIAL OIL

**Cool and Invigorate**

- Use with Lemon in water for a healthy, refreshing mouth rinse
- Inhale deeply to invigorate lungs and increase alertness
- Add to water in a spray bottle and mist body when overheated
- Apply to neck and forehead with Lavender to promote relaxation



**Tea Tree**  
ESSENTIAL OIL

**Beneficial for the Skin**

- Apply to skin as part of a daily cleansing program
- Use with shampoo or conditioner for healthy-looking scalp and hair
- Apply to feet and toenails after showering, swimming, or working out





**Oregano**  
ESSENTIAL OIL

**Natural Immune Support**

- Take one to two drops drops in an empty dōTERRA Veggie Cap for periodic immune support\*
- Use internally to support healthy respiratory function\*
- Use internally as part of a monthly cleansing regimen for GI health\*

A T I D



**Deep Blue®**  
SOOTHING BLEND

**Soothing and Cooling Support**

- Rub on lower back muscles after a day of heavy lifting at work or during a move
- Use with a carrier oil for a cooling, comforting massage

T S



**dōTERRA Breathe®**  
RESPIRATORY BLEND

**Cleansing and Invigorating**

- Apply topically to chest to promote feelings of clear airways and easy breathing
- Diffuse or add to humidifier at bedtime for more restful sleep
- Apply to chest or bottom of feet during seasonal changes

A T S



**DigestZen®**  
DIGESTIVE BLEND

**Digestive Support**

- When traveling or trying new foods, take DigestZen to soothe occasional stomach discomfort\*
- Take internally at meal times to support healthy, comfortable digestion\*
- Add to water or tea to maintain a healthy gastrointestinal tract\*

A T I N



**dōTERRA On Guard®**  
PROTECTIVE BLEND

**Natural Defense**

- Dilute and gargle morning and night as a cleansing mouth rinse
- Take several drops in an empty dōTERRA Veggie Cap for added immune support\*
- Dilute in spray bottle to clean doorknobs, telephones, and other community surfaces
- Diffuse in your home or office during fall and winter months

A T I S



Clove

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.







# aromatouch TECHNIQUE®

STEP 1



STEP 2



STEP 3



STEP 4







The dōTERRA® AromaTouch Technique is a simple step-by-step method of applying CPTG® essential oils topically to produce a profound overall wellness experience.

Increase the benefits you experience with CPTG® essential oils by incorporating the AromaTouch Technique into your healthy lifestyle philosophy. Equally compelling to novice users and licensed professionals, the AromaTouch Technique represents an exciting new era of essential oil application and benefits.

### **AromaTouch Technique® Kit**

This kit contains eight 5mL bottles used in the AromaTouch Technique: dōTERRA Balance® Grounding Blend, Lavender, Tea Tree, dōTERRA On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint, as well as the AromaTouch Technique presentation box. You will also receive dōTERRA® Fractionated Coconut Oil (3.8 fl oz) when you purchase this kit.

<b>60202945</b>	Eight 5mL bottles and one 115mL bottle
\$146.67 retail	\$110.00 wholesale   100 PV



*"I love doing the AromaTouch Technique on moms and dads so they can learn how to do the same for their families. It is a win-win situation."*  
**Peggy S., Utah, USA**

# *dōTERRA* EMOTIONAL AROMATHERAPY® SYSTEM

The dōTERRA Emotional Aromatherapy System contains six unique essential oil blends that have been carefully formulated to provide targeted emotional health benefits. Each delicate blend contains pure essential oils that can be used aromatically or topically to help balance and brighten your changing moods. Just a few drops of these naturally complex, fragrant blends can elicit profound emotional responses to help you let go of burdens, find comfort and encouragement, or inspire you to dream with passion again.

## ***dōTERRA Emotional Aromatherapy® System***

The kit includes six essential oil blends: dōTERRA Motivate®, dōTERRA Cheer®, dōTERRA Peace®, dōTERRA Forgive®, dōTERRA Console®, dōTERRA Passion®.

<b>60202944</b>	Six 5mL bottles
\$212.00 retail	\$159.00 wholesale   150 PV







**dōTERRA Motivate®**

**ENCOURAGING BLEND**

Are you frustrated at work? Have setbacks in spite of your best efforts shaken your confidence? Or has misplaced trust left you cynical more often than your best self should be? Then stop, reset, and restart with the dōTERRA Motivate Encouraging Blend of mint and citrus essential oils. dōTERRA Motivate will help you unleash your creative powers and find the courage that comes from believing in yourself again. Go ahead and raise the bar—you can do it!

- Combines Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
- Promotes feelings of confidence, courage, and belief
- Counteracts negative emotions of doubt, pessimism, and cynicism



<b>31740001</b>	5mL bottle
\$30.67 retail	\$23.00 wholesale   23 PV



**dōTERRA Cheer®**

**UPLIFTING BLEND**

Everyone knows a bright disposition and cheerful attitude can smooth over many of the bumps and challenges of life, right? But sometimes no amount of positive self-talk is enough to avoid the blues. dōTERRA Cheer Uplifting Blend of citrus and spice essential oils provides a cheerful boost of happiness and positivity when you are feeling down. Its sunshiny, fresh, optimistic aroma will brighten any moment of your day.

- Features Wild Orange, Clove, Star Anise, Lemon Myrtle, Zdravetz, Nutmeg, Vanilla, Ginger, and Cinnamon Bark
- Promotes feelings of optimism, cheerfulness and happiness
- Counteracts negative emotions of feeling down, blue, or low



<b>31720001</b>	5mL bottle
\$33.33 retail	\$25.00 wholesale   25 PV



**dōTERRA Peace®**

**REASSURING BLEND**

Life is crazy right now, but things will slow down when the kids are older, right? Wrong! dōTERRA Peace Reassuring Blend of floral and mint essential oils is a positive reminder that having more stuff and doing more things won't necessarily make life happier. Slow down, take a deep breath, and reconnect with the composed, peaceful you. Everything turning out fine begins with believing it will—and a few drops of dōTERRA Peace Reassuring Blend.

- Combines Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, Spearmint
- Promotes feelings of peace, reassurance, and contentment
- Counteracts anxious and fearful emotions



<b>31710001</b>	5mL bottle
\$40.00 retail	\$30.00 wholesale   30 PV



**dōTERRA Forgive®**

**RENEWING BLEND**

Are you carrying a burden that grows heavier with time? Would you be better off just letting it go and facing a future unfettered by anger and guilt? When you are ready to move forward, the dōTERRA Forgive Renewing Blend of tree and herb essential oils will help you discover the liberating action of forgiving, forgetting, and moving on. Start each of your tomorrows relieved and contented with dōTERRA Forgive Renewing Blend.

- Features Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, Citronella
- Promotes feelings of contentment, relief, and patience
- Counteracts negative emotions of anger and guilt



<b>31750001</b>	5mL bottle
\$26.67 retail	\$20.00 wholesale   20 PV



**dōTERRA Console®**  
COMFORTING BLEND

Losing something or someone you love can be deeply disorienting and painful. Words unspoken and questions unanswered may keep you worried and unsettled. The dōTERRA Console Comforting Blend of floral and tree essential oils will help you close the door on sadness and take your first steps on a hopeful path toward emotional healing. Bind your broken heart with dōTERRA Console Comforting Blend.

- Combines Frankincense, Patchouli, Ylang Ylang, Labdanum, Amyris, Sandalwood, Rose, Osmanthus
- Promotes feelings of comfort and hope
- Counteracts negative emotions of grief, sadness, or hopelessness



<b>31730001</b>	5mL bottle
\$49.33 retail	\$37.00 wholesale   37 PV



**dōTERRA Passion®**  
INSPIRING BLEND

Have you lost your why, your mojo, your passion? Too much of even a good thing can become predictable and boring over time. The dōTERRA Passion Inspiring Blend of spice and herb essential oils will help you rekindle excitement in your life. Jump out of an airplane, dive into an ocean, or try something really scary like dancing. With dōTERRA Passion, you will find the daring to try something new, as well as discover renewed joy for the current blessings in your life.

- Merges Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- Ignites feelings of excitement, passion, and joy
- Counteracts negative feelings of boredom and disinterest



<b>31760001</b>	5mL bottle
\$56.00 retail	\$42.00 wholesale   42 PV



Cardamom



# *dōTERRA* YOGA COLLECTION

The Yoga collection consists of Anchor, Align, and Arise which are the perfect blends to enhance your life and yoga practice. These blends provide aromas to steady, center, and enlighten your spirit through every breath. Combining the best of yoga and aromatherapy, the dōTERRA Yoga Collection is the perfect addition to your practice or daily life.



## ***dōTERRA Yoga Collection***

An exclusive trio of CPTG® essential oil blends designed by dōTERRA for the yogi in you. dōTERRA Anchor, dōTERRA Align, and dōTERRA Arise are the perfect blends to enhance your life and yoga practice. These blends provide aromas to steady, center, and enlighten your spirit through every breath while strengthening and stretching your body.

<b>60203244</b>	Three 5mL bottles
\$69.33 retail	\$52.00 wholesale   50 PV





**doTERRA Anchor**  
STEADYING BLEND

Instill a calming strength and firm trust in oneself with the Steadying Blend.

- Apply to ankles, base of spine, and bottoms of feet to promote feelings of completeness and calmness.
- Enjoy the aromatic benefits of Anchor whenever you are feeling scattered or uprooted.
- The perfect yoga poses to pair with Anchor's aroma are Seated Meditation, Seated Twist, and Bhru Mudra (one hand on the heart, the other on the Earth).
- Can be used during yoga practice or any time during your day.



<b>60203245</b>	5mL bottle
\$25.67 retail	\$20.00 wholesale   20 PV



**doTERRA Align**  
CENTERING BLEND

Invite confident peace into your daily practice by embracing the Centering Blend.

- Apply over heart, wrists, and back of neck to promote feelings of self-acceptance and fluidity.
- Enjoy the aromatic benefits of Align whenever you are feeling apathetic and unfocused.
- Ideal yoga poses with Align's aroma are Warrior II, Triangle, and Gate pose.
- Can be used during yoga practice or any time during your day.



<b>60203246</b>	5mL bottle
\$22.67 retail	\$17.00 wholesale   17 PV



**doTERRA Arise**  
ENLIGHTENING BLEND

Inspire feelings of joy and courageously rise to your goals with the Enlightening Blend.

- Apply to temples, wrists, and neck to promote feelings of happiness.
- Enjoy the aromatic benefits of Arise when you are challenging yourself to achieve the next level.
- Use Arise while practicing the following yoga poses: standing, arms high and standing side stretch, and Half Moon.
- Can be used during yoga practice or any time during your day.



<b>60203247</b>	5mL bottle
\$25.33 retail	\$19.00 wholesale   19 PV



# dōTERRA® KIDS COLLECTION

Whether you are an experienced practitioner or new to essential oils, the dōTERRA Kids Collection is the complete and ready-made "whole body" essential oil toolbox designed to empower caregivers to confidently care for the health and wellness of little ones.

Formulated specifically for developing minds, bodies, and emotions, these essential oil blends feature unique combinations therapeutically balanced to provide powerful benefits while being gentle on delicate skin.

## **dōTERRA Kids Collection**

60211246	Save \$25.00 retail
\$140.00 retail	\$105.00 wholesale   90 PV









**Thinker®**  
FOCUS BLEND

When it's time to get creative and focus, roll Thinker onto the back of your neck to support your mind and enhance learning.

- Features Vetiver, Peppermint, Clementine, and Rosemary in a base of Fractionated Coconut Oil
- Keep on hand during school, study time, or whenever needed to instill a sense of focus
- Helps prevent mental distraction when your concentration is needed most
- Promotes a sense of clarity and alertness



<b>60206633</b>	10mL roll-on
\$21.33 retail	\$16.00 wholesale   16 PV



**Calmer®**  
RESTFUL BLEND

When it's bedtime, roll Calmer onto the bottoms of your feet and onto your wrists. Climb into bed and take a deep breath to let your mind rest.

- Features Lavender, Cananga, Buddha Wood, and Roman Chamomile in a base of Fractionated Coconut Oil
- Create a peaceful and welcomed bedtime experience by rolling onto wrists, back of neck, or the bottoms of feet
- Helps quiet restlessness and promotes a positive, stress-free mood



<b>60206632</b>	10mL roll-on
\$25.33 retail	\$19.00 wholesale
	19 PV



**Rescuer™**  
SOOTHING BLEND

After running, jumping, and playing, rub Rescuer onto your legs, feet, or back to soothe your active body.

- Features Copaiba, Lavender, Spearmint, and Zanthoxylum in a base of Fractionated Coconut Oil
- Massage onto growing or tired legs to reduce feelings of tension
- Provides comforting and soothing relief



<b>60206635</b>	10mL roll-on
\$20.00 retail	\$15.00 wholesale
	15 PV



**Stronger®**  
PROTECTIVE BLEND

Use Stronger on the back of your neck or bottoms of your feet for an added boost or for protection when you are not feeling your best.

- Features Cedarwood, Litsea, Frankincense, and Rose Extract in a base of Fractionated Coconut Oil
- Rejuvenating to the skin; use daily to promote feelings of wellbeing
- Supports feelings of a natural defense



<b>60206654</b>	10mL roll-on
\$18.67 retail	\$14.00 wholesale
	14 PV



Wild Orange





**Tamer™** New!

**DIGESTIVE BLEND**

Before or after meals, or when your tummy feels troubled, roll Tamer on your tummy for a soothing sensation and calming aroma.

- Features Spearmint, Japanese Peppermint, Ginger, Black Pepper, and Parsley Seed in a base of Fractionated Coconut Oil
- Calms and soothes the feelings of an upset tummy
- An essential for road trips



<b>60209356</b>	10mL roll-on
\$20.00 retail	\$15.00 wholesale   15 PV



**Brave®**

**COURAGE BLEND**

Before new or different situations, or just to start your day, roll Brave onto the back of neck, tummy, or bottoms of feet for a boost of courage and confidence.

- Features Wild Orange, Amyris, Osmanthus Extract, and Cinnamon in a base of Fractionated Coconut Oil
- Instills courage and positivity
- Combine with positive daily affirmations to promote belief in oneself



<b>60206618</b>	10mL roll-on
\$28.00 retail	\$21.00 wholesale   21 PV



**Steady®**

**GROUNDING BLEND**

For daily centering, or for times when you feel nervous or experience anxious feelings, rub Steady on your neck and wrists to calm and comfort your emotions.

- Features Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil
- Relaxing and balancing to the emotions
- Helps reduce occasional feelings of anxiousness
- Instills tranquility when experiencing nervous feelings



<b>60206617</b>	10mL roll-on
\$20.00 retail	\$15.00 wholesale   15 PV



## dōTERRA TOUCH® KIT

Protecting sensitive skin while still delivering the benefits found in essential oils is not just a matter of science, it's an art. Featuring nine of our most popular oils in a base of Fractionated Coconut Oil, dōTERRA Touch makes application simple with 10 mL roll-ons. It is ideal for children and adults. They're ready to use so that you can start benefiting from essential oils immediately. Enjoy the convenience and benefits of dōTERRA Touch!



### dōTERRA Touch® Kit

Includes nine of our most popular essential oils:

- Essential Oils Singles: Frankincense, Lavender, Oregano, Peppermint, Tea Tree
- Essential Oils Blends: Deep Blue®, Breathe®, On Guard®, DigestZen®

<b>60200333</b>	Nine 10mL roll-ons	
\$225.33 retail	\$169.00 wholesale	160 PV



*Osmanthus*







### Lavender

TOUCH BLEND

Widely used for its calming qualities, dōTERRA Lavender Touch provides soothing comfort to the skin while promoting feelings of relaxation.



<b>60200225</b>	10mL roll-on
\$20.00 retail	\$15.00 wholesale
	15 PV



### Peppermint

TOUCH BLEND

dōTERRA Peppermint Touch can be used anytime, anywhere for a quick energy boost and to experience its cleansing, cooling aroma.



<b>60200228</b>	10mL roll-on
\$19.33 retail	\$14.50 wholesale
	14.5 PV



### Frankincense

TOUCH BLEND

dōTERRA Frankincense Touch can be applied quickly and easily throughout the day to feel its grounding, balancing effects.



<b>60200224</b>	10mL roll-on
\$60.67 retail	\$45.50 wholesale
	45.5 PV



### Tea Tree

TOUCH BLEND

The perfect balance of Tea Tree essential oil and Fractionated Coconut Oil has been combined in dōTERRA Tea Tree Touch, making it ideal to use on gentle and sensitive skin.



<b>60208343</b>	10mL roll-on
\$29.33 retail	\$22.00 wholesale
	22 PV







### **DigestZen®**

#### TOUCH BLEND

dōTERRA DigestZen Touch is the perfect companion for road trips and to have on hand when feelings of stomach upset occur.



<b>60200223</b>	10mL roll-on
\$29.33 retail	\$22.00 wholesale
	22 PV



### **dōTERRA Breathe®**

#### TOUCH BLEND

dōTERRA Breathe Touch provides the perfect balance of dōTERRA Breathe essential oil blend with Fractionated Coconut Oil to maintain feelings of easy breathing.



<b>60200192</b>	10mL roll-on
\$18.67 retail	\$14.00 wholesale
	14 PV



### **dōTERRA On Guard®**

#### TOUCH BLEND

Enjoy the unique aroma and powerful benefits of dōTERRA On Guard essential oil blend in a convenient roll-on application.



<b>60200142</b>	10mL roll-on
\$29.33 retail	\$22.00 wholesale
	22 PV



### **Oregano**

#### TOUCH BLEND

dōTERRA Oregano Touch provides a gentle option for those with sensitive skin to receive the renowned benefits of Oregano essential oil.



<b>60200227</b>	10mL roll-on
\$19.33 retail	\$14.50 wholesale
	14.5 PV



### **Deep Blue®**

#### TOUCH BLEND

Experience the benefits of our proprietary Deep Blue essential oil blend in a gentle formula that's perfect for children and adults.



<b>60200145</b>	10mL roll-on
\$57.33 retail	\$43.00 wholesale
	43 PV



*Oregano*

# dōTERRA EMOTIONAL AROMATHERAPY® TOUCH

The dōTERRA Emotional Aromatherapy Touch line contains six unique essential oil blends combined with Fractionated Coconut Oil in 10mL roll-ons for convenient and gentle topical application. These proprietary blends provide targeted emotional health benefits for the entire family and can be applied every day to specific points on the body to help balance and brighten your changing moods.



## **dōTERRA Emotional Aromatherapy Touch Kit**

The kit includes six essential 10 mL roll-on oil blends: dōTERRA Motivate® Touch, dōTERRA Cheer® Touch, dōTERRA Passion® Touch, dōTERRA Forgive® Touch, dōTERRA Console® Touch, dōTERRA Peace® Touch.

<b>21850001</b>	Six 10mL roll-on bottles	
\$133.33 retail	\$100 wholesale	100 PV

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.







**dōTERRA Motivate® Touch**

ENCOURAGING BLEND

dōTERRA Motivate Touch provides gentle and quick application of dōTERRA Motivate mint and citrus essential oil blend. The fresh, minty aroma promotes feelings of confidence, courage, and belief.

- Features Fractionated Coconut Oil, Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
- Promotes feelings of confidence, courage, and belief
- Counteracts negative emotions of doubt, pessimism, and cynicism



<b>60200149</b>	10mL roll-on
\$20.00 retail	\$15.00 wholesale   15 PV



**dōTERRA Cheer® Touch**

UPLIFTING BLEND

dōTERRA Cheer Touch combines Fractionated Coconut Oil with the sunshiny, fresh aroma of dōTERRA Cheer essential oil blend. This convenient and gentle roll-on can be applied to the skin to counteract negative emotions and provide a boost of happiness and positivity when one is feeling down.

- Features Fractionated Coconut Oil, Lemon Myrtle, Clove, Wild Orange, Star Anise, Ginger, Zdravetz, Cinnamon Bark, Nutmeg, and Vanilla
- Promotes feelings of optimism, cheerfulness, and happiness
- Counteracts negative emotions of feeling down, blue, or low



<b>60200146</b>	10mL roll-on
\$21.67 retail	\$16.25 wholesale   16.25 PV



**dōTERRA Passion® Touch**

INSPIRING BLEND

Have you lost your why or passion for life? dōTERRA Passion Touch combines Fractionated Coconut Oil with the spice and herb blend of dōTERRA Passion to help you rekindle the excitement in your life.

- Combines Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- Ignites feelings of excitement, passion, and joy
- Counteracts negative feelings of boredom and disinterest



<b>60200150</b>	10mL roll-on
\$36.33 retail	\$27.25 wholesale   27.25 PV



**dōTERRA Forgive® Touch**

RENEWING BLEND

dōTERRA Forgive Touch contains the tree and herb essential oils found in our proprietary dōTERRA Forgive blend along with Fractionated Coconut Oil for gentle application and ease of use. dōTERRA Forgive was developed to help you discover the liberating action of forgiving, forgetting, and moving on.

- Merges Fractionated Coconut Oil, Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, and Citronella
- Promotes feelings of contentment, relief, and patience
- Counteracts negative emotions of anger and guilt



<b>60200148</b>	10mL roll-on
\$17.33 retail	\$13.00 wholesale   13 PV



**dōTERRA Console® Touch**  
COMFORTING BLEND

dōTERRA Console Touch promotes feelings of comfort and hope during times of loss. This proprietary blend combines the sweet and musky aroma of dōTERRA Console essential oil blend with Fractionated Coconut Oil for gentle application.

- Features Fractionated Coconut Oil, Frankincense, Patchouli, Ylang Ylang, Labdanum Absolute, Amyris, Sandalwood, Rose, Osmanthus Extract
- Promotes feelings of comfort and hope
- Counteracts negative emotions of grief, sadness, and hopelessness



<b>60200147</b>	10mL roll-on
\$32.00 retail	\$24.00 wholesale   24 PV



**dōTERRA Peace® Touch**  
REASSURING BLEND

In today's fast-paced society, it's easy to feel anxious, overwhelmed, and fearful—no matter what your age. Use dōTERRA Peace Touch Reassuring Blend to promote feelings of contentment, composure, and reassurance when anxious feelings overwhelm your emotions.

- Combines Fractionated Coconut Oil, Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, and Spearmint
- Promotes feelings of peace, reassurance, and contentment
- Counteracts anxious and fearful emotions



<b>60200151</b>	10mL roll-on
\$26.67 retail	\$20.00 wholesale   20 PV



# dōTERRA DIFFUSERS

Having a stylish and efficient diffuser is key to creating the perfect environment, whether at home or the office. Transform your world with a dōTERRA diffuser just right for any situation and décor.



## Volo™ Diffuser New!

Powerful and uniquely refined, Volo is the perfect addition to enhance any environment with the aromatic benefits of CPTG® essential oils. With two uniquely crafted options, Volo Marble and Volo Onyx compliment any home or office decor.

- Handcrafted polyresin stone top
- Customizable run time of up to 14 hours
- Soft ambient light settings or completely dark
- Coverage of up to 300 square feet

<b>60210545</b>	Volo™ Onyx
\$78.67 retail	\$59.00 wholesale   0 PV
<b>60210546</b>	Volo™ Marble
\$78.67 retail	\$59.00 wholesale   0 PV



## Lotus Diffuser

Modern and elegant, the Lotus Diffuser quickly releases the aromatic benefits of dōTERRA essential oils into the air.

- Features three settings—1, 2, and 3 hours—along with an optional night light
- Covers up to 330 square feet
- Provides a decorative piece to any home or office

<b>33160001</b>	
\$119.93 retail	\$89.95 wholesale   40 PV





**Lumo® Sleep Kit** New! While supplies last.

Influenced by nature, the Lumo Diffuser features a maple wood base and several light settings inspired by natural elements. Transform any room into a serene or uplifting environment by diffusing CPTG® essential oils with a custom-designed, nature-inspired, ultrasonic diffuser.

- Customizable output—2 to 5 hrs continuous/10 hrs intermittent (5 min. on/5 min. off)
- Coverage of up to 540 square feet
- Now available with dōTERRA Serenity® Restful Blend while supplies last.

<b>60211590</b>	Lumo® Diffuser, 15mL dōTERRA Serenity®	
\$93.33 retail	\$70.00 wholesale	40 PV



**Petal Essentials Kit**

New! While supplies last.

The Petal Diffuser is a small, user friendly diffuser that delivers aromatic benefits to your family and home. It has a relaxing mist and soft white ambient light, making it ideal for nighttime diffusion, and can cover up to 330 square feet. The Petal Diffuser has three timed settings—2 or 6 hours continuous, and 12 hours intermittent—allowing you to customize the release of essential oils into the air.

- Customizable output and light settings
- Now available with Wild Orange and Lavender essential oils—while supplies last

<b>60211559</b>	Petal Diffuser, 5mL Wild Orange, 5mL Lavender	
\$62.67 retail	\$47.00 wholesale	20 PV



**Aroma Lite Diffuser**

Experience the aromatic benefits of dōTERRA CPTG® essential oils with the dōTERRA Aroma Lite Diffuser. Utilizing real-time atomization technology, the Aroma Lite Diffuser creates an ultra-fine mist output of 1-3 microns for maximum diffusion of dōTERRA essential oils.

- Silently and powerfully diffuses essential oils
- Features four LED mist settings and an optional night light
- Designed to be small and compact—perfect for traveling and hotel use

<b>33130001</b>		
\$119.93 retail	\$89.95 wholesale	40 PV

## dōTERRA ADAPTIV™ SYSTEM

The dōTERRA Adaptiv product line is an effective answer to reducing tension and helping to empower and encourage when adapting to difficult situations or acclimating to new surroundings. Adaptiv capsules combine clinically studied botanicals with a blend of essential oils to help manage the effects of stress and anxious feelings.\* As the perfect complement to the Adaptiv capsules, the essential oil Calming Blend is the answer during life's most demanding moments. Diffuse or roll on to promote feelings of calm confidence. Use the Adaptiv capsules and its companion essential oil blend to help create a sense of balance and mind to stay balanced and adapt to every situation.

### Adaptiv™ System

60211472	Save \$14.50 retail	
\$109.33 retail	\$82.00 wholesale	70 PV



## Adaptiv™ Calming Blend Capsules New!

This proprietary blend of botanicals and CPTG® essential oils helps empower and encourage when adapting to stressful situations or acclimating to new surroundings. The Adaptiv Calming Blend Capsules help manage the effects of everyday tension, uneasiness, and worry.

- Calms and promotes positive feelings\*
- Supports cognitive function and emotional balance\*
- Helps when acclimating to new surroundings and adapting to stressful situations

<b>60205956</b>	30 Capsules
\$52.00 retail	\$39.00 wholesale   30 PV

## Adaptiv™ Touch New!

Adaptiv Touch helps to reduce feelings of anxiousness and tension, while providing comfort in new surroundings or situations. Use on the go to help create a sense of balance.

- A blend of Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum in a base of Fractionated Coconut Oil
- Soothes and uplifts
- Encourages relaxation

<b>60209357</b>	10mL roll-on
\$26.67 retail	\$20 wholesale   20 PV



Spearmint

## Adaptiv™ New!

### CALMING BLEND

When feelings of fatigue, restlessness, indecisiveness, or irritability appear, Adaptiv Calming Blend is part of the toolbox that will help create a sense of balance.

- Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum
- Assists in centering
- Increases feelings of tranquility



<b>60209364</b>	15mL bottle
\$50.00 retail	\$37.50 wholesale   37.5 PV





# YARROW | POM COLLECTION

The synergy of Yarrow essential oil and cold-pressed Pomegranate seed oil sets the new standard for health, vitality, and radiant skin. Yarrow essential oil and Pomegranate seed oil are the foundation of the dōTERRA Yarrow|Pom collection: Yarrow|Pom Active Botanical Nutritive Duo, Yarrow|Pom Cellular Beauty Complex Capsules, and Yarrow|Pom Body Renewal Serum. The Yarrow|Pom Trio are truly impactful, delivering a powerful three-layered botanical approach to overall wellness. This scientifically developed product line is revolutionary; a fresh approach to beauty inside and out.

*"Yarrow|Pom helped my skin when I really needed it. Taking the duo internally and applying it directly to my area of concern combined with other powerful oils, along with the support of my daily oil and supplement routine, I had remarkable results in a short amount of time. The blend has supported me physically and emotionally through what could have been a long process."*

Keeli M., Reno, Nevada



## Yarrow|Pom Collection Coming January 2020!

<b>60210469</b>	Save \$34.00 retail
\$233.33 retail	\$175.00 wholesale   150 PV

**Yarrow|Pom** New!

## CELLULAR BEAUTY COMPLEX

Yarrow|Pom Cellular Beauty Complex Capsules provide remarkable antioxidant support for healthy, luminous skin with an irresistible glow from the inside out.\*

- Soothes and protects tissue throughout the body\*
- Improves skin firmness and reduces skin imperfections\*
- Illuminates and brightens complexion\*

<b>60209413</b>	60 capsules	
\$65.33 retail	\$49.00 wholesale	40 PV



Made with SLS-free vegetable capsules

**Yarrow|Pom**

## ACTIVE BOTANICAL NUTRITIVE DUO

Yarrow|Pom Active Botanical Nutritive Duo, promotes cellular, immune, and nervous system health\* while revitalizing the skin for a youthful-looking radiance.

- Provides powerful antioxidant support\*
- Supports healthy metabolic function\*
- Calms the body and mind\*



<b>60207652</b>	30mL bottle with dropper	
\$126.67 retail	\$95.00 wholesale	95 PV

**Yarrow|Pom** New!

## BODY RENEWAL SERUM

Yarrow Pom Body Renewal Serum delivers powerful, bioactive compounds to the skin for a youthful, rejuvenated look and all-over glow.

- Promotes the look of young and healthy skin
- Enhances skin brightness and luminosity
- Supports the skin's natural barrier and improves the appearance of firm, smooth skin

<b>60209352</b>	100mL/3.4 fl oz.	
\$86.67 retail	\$65.00 wholesale	60 PV



## *Play longer and harder with* **DEEP BLUE®**

The soothing combination of CPTG Certified Pure Therapeutic Grade® essential oils of Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, German Chamomile, and Osmanthus create the dōTERRA Deep Blue proprietary blend, available in a cream, 5mL, and roll-on. The Deep Blue Polyphenol Complex® is a complementary supplement to help support muscle and joint comfort and function.\* Use Deep Blue Polyphenol Complex in combination with Deep Blue essential oil blend and Deep Blue Rub for soothing effects and targeted benefits.





**Deep Blue®**

## SOOTHING BLEND

Deep Blue provides soothing effects that can be felt immediately.

- Rub Deep Blue on lower back after a day of heavy lifting
- Apply on feet and knees before and after exercise
- Massage Deep Blue with a few drops of carrier oil onto growing kids' legs before bedtime

**A T S**

<b>60200143</b>	5mL bottle	
\$44.00 retail	\$33.00 wholesale	33 PV
<b>60200144</b>	10mL roll-on	
\$78.67 retail	\$59.00 wholesale	55 PV

**Deep Blue**

## POLYPHENOL COMPLEX®

Deep Blue has a nutritional supplement that contains powerful polyphenols clinically tested to help with occasional soreness and discomfort.\*

- Fast-acting boswellia extract shown to help support joint comfort and function\*
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol, and other polyphenols to soothe occasional aches and discomfort\*
- Can be used in tandem with Deep Blue Rub or Deep Blue Soothing Blend

<b>34360001</b>	60 vegetable capsules	
\$79.33 retail	\$59.50 wholesale	59.5 PV

**Deep Blue® Rub**

## SOOTHING LOTION

Infused with Deep Blue Soothing Blend, Deep Blue Rub provides a soothing and cooling effect.

- Formulated with the Deep Blue proprietary blend of essential oils and other powerful ingredients
- Perfect for the athlete in your life, Deep Blue Rub is blended in a base of moisturizing emollients that leave your skin soft and non-greasy
- Provides a cooling and soothing sensation to targeted areas

<b>38900001</b>	4 fl oz/120mL	
\$42.67 retail	\$32.00 wholesale	30 PV

**Deep Blue® Rub Samples**

<b>38950001</b>	Ten 2mL samples	
\$6.67 retail	\$5.00 wholesale	0 PV

**32-Ounce Bottle**

<b>50210001</b>	32 fl oz/946mL	
\$252.00 retail	\$189.00 wholesale	160 PV



Wintergreen

# dōTERRA SERENITY®

In today's fast-paced society, we all experience occasional sleeplessness, and few of us obtain the recommended eight or more hours of sleep each night. dōTERRA Serenity Softgels and dōTERRA Serenity Restful Blend together provide a natural and safe solution for individuals who have occasional difficulty falling and staying asleep. Formulated with essential oils known for their ability to help calm the mind and body, this powerful duo works to promote a restful and satisfying night's sleep.



## dōTERRA Serenity®

### RESTFUL BLEND

dōTERRA Serenity combines essential oils renowned for their ability to support a restful sleep.

- Features Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Extract, Hawaiian Sandalwood
- Promotes feelings of relaxation and a restful sleeping environment
- Lessens feelings of tension and calms emotions



<b>49530001</b>	15mL bottle
\$42.67 retail	\$32.00 wholesale   32 PV

## dōTERRA Serenity® Combo Pack

<b>60200524</b>	15mL bottle and 1 bottle softgels
\$60.00 retail	\$45.00 wholesale   40 PV



## dōTERRA Serenity® Softgels

### RESTFUL COMPLEX

dōTERRA Serenity Restful Complex is a unique combination of Lavender essential oil and natural plant extracts in a vegetarian softgel to help you get the refreshing sleep you need without leaving you feeling groggy and sleepy the next day.\*

- Relieves occasional sleeplessness\*
- Promotes healthy relaxation and sleep\*
- Helps make a difference in the quality of and the ease of going to sleep\*
- Encourages restful sleep\*

<b>34390001</b>	60 vegetarian softgels
\$26.00 retail	\$19.50 wholesale   17 PV



Made with vegetarian softgels

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Respiratory support with dōTERRA BREATHE®

Deep breathing is cleansing, freeing, and invigorating. It elevates our minds and energizes our bodies. It is the essence of life, the reassurance of vitality. The remarkable blend of essential oils found in the dōTERRA Breathe Respiratory Blend maintains feelings of clear airways and easy breathing, especially when seasonal impediments to breathing are high. With the easy application of the dōTERRA Breathe Vapor Stick you can quickly enjoy the benefits of this powerful blend anytime, anywhere.



### **dōTERRA Breathe®** VAPOR STICK

Enjoy the convenience, quick absorption, and smooth application of dōTERRA Breathe Vapor Stick. This unique delivery method of the proprietary dōTERRA Breathe essential oil blend can be used anytime, anywhere.

- Maintains feelings of clear airways and easy breathing
- Provides a cooling, soothing sensation

<b>60200878</b>	0.4oz/12.5 g	
\$11.33 retail	\$8.50 wholesale	5 PV

### **dōTERRA Breathe®** Respiratory Drops

The respiratory benefits of selected CPTG® essential oils from the dōTERRA Breathe blend can be found in this convenient and great-tasting lozenge.

- Proprietary blend includes: Lemon, Peppermint, Cardamom, Eucalyptus, Thyme, and Melissa
- Maintains clear airways and breathing
- Supports overall respiratory health

<b>35460001</b>	30 drops	
\$16.00 retail	\$12.00 wholesale	10 PV



### **dōTERRA Breathe®** RESPIRATORY BLEND

dōTERRA Breathe is a powerful essential oil blend that maintains feelings of clear airways and easy breathing.

- Merges Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, and Ravensara
- Maintains feelings of clear airways and easy breathing
- Helps minimize the effects of seasonal threats
- Diffuse or inhale directly when environmental threats are high



<b>60200190</b>	15mL bottle	
\$29.33 retail	\$22.00 wholesale	22 PV



## Support immune function with dōTERRA ON GUARD®

dōTERRA On Guard® is one of the most popular and versatile dōTERRA® CPTG Certified Pure Therapeutic Grade® essential oil blends. The proprietary combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils is an active component in a first line of defense for immune support.\* It is a non-toxic and superb way to support the immune system.\* The dōTERRA On Guard® Protective Blend has been integrated into a variety of dōTERRA products to provide diverse ways to use its powerful benefits.



### dōTERRA On Guard®

PROTECTIVE BLEND **Top Seller!**

dōTERRA On Guard offers a fragrant, natural, effective alternative to synthetic options for immune support.\*

- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary
- Formulated to support healthy immune function\*
- Protects against environmental threats
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air through diffusion



<b>31100001</b>	15mL bottle
\$45.33 retail	\$34.00 wholesale   34 PV

### dōTERRA On Guard® Beadlet

dōTERRA On Guard Beadlets provide an easy and convenient way to obtain the immune-boosting benefits\* of dōTERRA On Guard Protective Blend.

- Supports healthy immune function\*
- Provides a convenient consumption method for dōTERRA On Guard Protective Blend

<b>31580001</b>	125 beadlets
\$21.33 retail	\$16.00 wholesale   16 PV

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### **dōTERRA On Guard® Mouthwash**

dōTERRA On Guard® Mouthwash is alcohol free and formulated to clean teeth and gums, reduce plaque, and promote a healthy-looking mouth when used as part of a hygiene routine that includes brushing and flossing.

- Natural, alcohol-free formula
- Use after brushing and flossing to help reduce plaque and brighten smile
- Refreshing dōTERRA On Guard essential oil blend supports long-lasting fresh breath

<b>60203185</b>	16 fl oz/473mL
\$19.33 retail	\$14.50 wholesale   10 PV

### **dōTERRA On Guard® Natural Whitening Toothpaste**

Clean teeth gently with the added benefit of dōTERRA On Guard essential oil blend.

- Fluoride-free
- Unique cinnamon-mint flavor mixed with xylitol for fresh and clean breath
- Boasts the protective benefits of dōTERRA On Guard essential oil blend
- Whitens teeth with gentle polishing agents

<b>38910001</b>	4.2 oz/125 g
\$11.33 retail	\$8.50 wholesale   5 PV

### **dōTERRA On Guard® Natural Whitening Toothpaste Samples**

<b>39000001</b>	10 samples, 2g each
\$4.66 retail	\$3.50 wholesale   0 PV



## **dōTERRA On Guard® Protecting Throat Drops**

Keep your winter season healthy with the convenience of these immune-supporting throat drops.

- Helps calm and soothe occasional dry, scratchy throats
- Features the unique properties of dōTERRA On Guard Protective Blend
- Formulated with organic cane sugar and brown rice syrup

<b>34050001</b>	30 drops
\$16.00 retail	\$12.00 wholesale   10 PV

## **dōTERRA On Guard® Laundry Detergent**

dōTERRA On Guard Laundry Detergent is a naturally based, highly concentrated 6X laundry detergent that utilizes the power of dōTERRA On Guard Protective Blend and bio-originated enzymes for amazingly clean clothes.

- Helps rid environmental threats from each load of laundry to keep your family safe and your clothes fresh and clean
- 64 loads in each bottle; 1 tablespoon = 1 load (using a high-efficiency washer)
- Great as a pre-treatment for stains

<b>39020001</b>	32 fl oz/947mL
\$36.67 retail	\$27.50 wholesale   20 PV

## **dōTERRA On Guard® Foaming Hand Wash**

Keep your hands clean and protected with the power of dōTERRA On Guard essential oil blend.

- Conveniently packaged in a 16-ounce bottle that fills 8-ounce foaming dispensers
- Formulated with the unique dōTERRA On Guard Protective Blend
- Non-toxic and environmentally safe

<b>38070001</b>	16 fl oz/473mL Hand Wash with 2 dispensers
\$30.00 retail	\$22.50 wholesale   18.5 PV

### **Single Refill**

<b>38010001</b>	16 fl oz/473mL Hand Wash
\$24.67 retail	\$18.50 wholesale   18.5 PV

### **Twin Pack Refill**

<b>38020001</b>	Two 16 fl oz/473mL Hand Wash
\$44.67 retail	\$33.50 wholesale   33.5 PV

## **dōTERRA On Guard®+ Softgels**

### PROTECTIVE BLEND

dōTERRA On Guard+ Softgels combine the proprietary blend of dōTERRA On Guard essential oil with Black Pepper, Oregano, and Melissa for additional immune support to protect against elements that can weaken the immune system.\*

- Helps support and maintain a healthy immune system\*
- Protects the body against seasonal threats\*
- Supports healthy circulation and respiratory function\*

<b>35420001</b>	60 vegetarian softgels
\$34.67 retail	\$26.00 wholesale   22.5 PV



Made with vegetarian softgels

## **dōTERRA On Guard® Cleaner Concentrate**

The ideal cleaner, dōTERRA On Guard Concentrate is fortified with dōTERRA On Guard Protective Blend.

- Features a non-toxic formula safe for the entire family
- Combines plant-based derivatives with the powerful dōTERRA On Guard Protective Blend
- Perfect for hard surface cleaning needs with exceptional results
- Leaves behind a clean, invigorating scent

<b>38140001</b>	12 fl oz/355mL
\$19.33 retail	\$14.50 wholesale   10 PV

## **dōTERRA On Guard® Sanitizing Mist**

dōTERRA On Guard Sanitizing Mist kills 99.9 percent of germs and bacteria through an extremely fine, quick-drying mist.

- Infused with moisturizing apple extract to leave hands feeling soft
- Provides the benefits of dōTERRA On Guard essential oil in a convenient mist
- Perfect size for travel, work, and school

<b>60201944</b>	0.9 fl oz/27mL
\$8.67 retail	\$6.50 wholesale   5 PV

# Prevent underarm odor with NATURAL DEODORANT

dōTERRA has specially created safe and effective natural deodorants that help you beat the heat and stay fresh throughout the day. Formulated without aluminum, parabens, phthalates, or talc, playing with the kids, running to catch a bus, or training for that half marathon just got a bit easier.

## Natural Deodorant infused with dōTERRA Balance® Essential Oil

This natural deodorant features dōTERRA Balance® essential oil blend, baking soda, and tapioca for long-lasting freshness and all-day confidence.

- Aluminum, paraben, phthalate, and talc free
- Tapioca powder aids in absorbing underarm moisture, leaving you feeling fresh and dry throughout the day
- Baking soda helps neutralize and prevent odors

<b>60207421</b>	2.65 oz/75g	
\$11.67 retail	\$8.75 wholesale	5 PV



## Natural Sensitive Deodorant infused with dōTERRA Douglas Fir and Greek Orange Essential Oils Baking soda-free

This sensitive, natural deodorant features dōTERRA® CPTG® essential oils of Douglas Fir and Greek Orange, magnesium, and tapioca for long-lasting freshness and all-day confidence.

- Baking soda, aluminum, paraben, phthalate, and talc free
- Tapioca starch aids in absorbing underarm moisture, leaving you feeling fresh and dry throughout the day
- Magnesium helps neutralize odors

<b>60208231</b>	2.65 oz/75g	
\$11.67 retail	\$8.75 wholesale	5 PV



## Quick and Effective CORRECT-X®

Frankincense, Helichrysum, Tea Tree, Cedarwood, and Lavender—all CPTG® essential oils—form the base of dōTERRA Correct-X. This multi-purpose, natural ointment helps soothe your skin and keep it clean while recovering from distress. Correct-X provides a moisture barrier that helps protect against additional damage while simultaneously soothing and hydrating the skin. This petroleum-free and preservative-free ointment absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin.



### Correct-X®

#### ESSENTIAL OIL OINTMENT

Correct-X is a natural topical ointment using powerful CPTG essential oils that assist in soothing skin.

- Helps soothe while simultaneously hydrating
- Absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin
- Keeps skin clean while recovering from distress
- Keep on hand when taking children to playground, sporting events, or camping

<b>60110001</b>	0.5 fl oz/15mL
\$16.00 retail	\$12.00 wholesale   10 PV



*Melaleuca*





# dōTERRA BABY

dōTERRA Baby products are a safe, effective, natural way to care for your baby from piggy tails to tiny, wiggly toes. Our products have been clinically tested and formulated with your baby in mind.



## **dōTERRA Baby Diaper Rash Cream**

Safe and effective, dōTERRA Baby Diaper Rash Cream spreads easily on delicate baby skin to help treat, soothe, and prevent diaper rash. Infused with CPTG® Lavender, Carrot Seed, and Tea Tree essential oils, this unique blend helps balance and soothe the skin while rich Muyao Shea Butter works to moisturize, leaving skin soft and smooth. Non-nano Zinc Oxide creates a barrier to protect from excess moisture, preventing diaper rash before it starts. Protect little ones with this natural safe cream designed just for baby's delicate skin.

- Non-Nano Zinc creates a barrier to protect delicate baby skin from excess moisture
- Raw East African Muyao Shea Butter has a unique fatty acid profile supporting baby's soft skin
- CPTG essential oils of Lavender, Carrot Seed, and Tea Tree help balance and soothe the skin
- Carefully designed for baby's sensitive skin
- Clinically tested and approved for sensitive skin

<b>60201362</b>	2.1 oz/60g
\$11.33 retail	\$8.50 wholesale   5 PV



## **dōTERRA Baby Hair & Body Wash**

This foaming, tear-free wash combines simple, gentle, natural ingredients that nourish and moisturize even after rinsing off. A calming blend of vanilla extract with CPTG® Lavender and Roman Chamomile essential oils leave babies, toddlers, and even big kids with that light, newborn scent. Designed with a convenient, easy-to-use pump, dōTERRA Baby Hair & Body Wash makes bath time effortless and simple, with more time to focus on splashing and splashing.

- Contains a calming blend of vanilla extract with CPTG Lavender and Roman Chamomile essential oils
- Raw East African Muyao Shea Butter has a unique fatty acid profile supporting baby's soft skin
- Simple, natural ingredients cleanse without disrupting the skin's natural balance
- Clinically tested tear-free

<b>60201361</b>	10 fl oz./295mL
\$18.33 retail	\$13.75 wholesale   10 PV

## **dōTERRA Baby Lotion** Available 2020



*Keep your skin looking radiant with*  
**dōTERRA® ESSENTIAL  
SKIN CARE**

dōTERRA Essential Skin Care is a family of skin care products designed to keep your skin feeling and looking young, healthy, and gorgeous by maximizing the natural power of carefully selected CPTG Certified Pure Therapeutic Grade® essential oils combined with cutting-edge ingredient technologies and natural extracts in each product. Target the visible signs of aging and prevent future signs of aging with dōTERRA Essential Skin Care.





### Facial Cleanser

dōTERRA Facial Cleanser contains CPTG Certified Pure Therapeutic Grade® essential oils of Tea Tree and Peppermint, known for their ability to purify and tone skin and support a healthy complexion. Natural cleansers of Yucca Root Extract and Soapbark Extract gently wash away impurities leaving skin looking clean, fresh, and smooth.

- Yucca Root Extract and Soapbark Extract are rich in saponins, natural cleansers that clarify and soothe skin
- Macadamia seed oil conditions the skin
- Vitamin E supports healthy-looking skin

<b>60201753</b>	4 fl oz/118mL
\$22.00 retail	\$16.50 wholesale   16.5 PV

### Invigorating Scrub

Experience fresh, renewed skin with dōTERRA Invigorating Scrub. Grapefruit and Peppermint CPTG® essential oils make exfoliating a refreshing aromatic experience while jojoba esters polish your skin. Botanicals of Mandarin Orange Extract, Jasmine Extract, and Greater Burdock Extract tone, smooth, and hydrate skin.

- Gentle exfoliating action comes from biodegradable Jojoba esters, known for their moisturizing properties to the skin
- Greater Burdock Extract helps purify and tone skin
- Botanical and fruit extracts enhance the aromatic experience

<b>60201773</b>	2.5 oz/70g
\$24.00 retail	\$18.00 wholesale   18 PV

### Pore Reducing Toner

Pore Reducing Toner contains CPTG Certified Pure Therapeutic Grade® essential oils of Lavender, Ylang Ylang, and German Chamomile to calm sensitive skin while innovative fruit and plant extracts tone and balance skin, increase hydration, and visibly reduce the appearance of pores to support a healthy-looking complexion.

- Aloe, watermelon, and apple extracts tone and balance the skin
- Rich in oligosaccharides, Lentil Extracts increase skin hydration, reduce the appearance of oily skin, tone the skin, and visibly reduce the appearance of pores
- Witch Hazel is a natural astringent that helps remove excess oil from the skin and reduces the appearance of pores

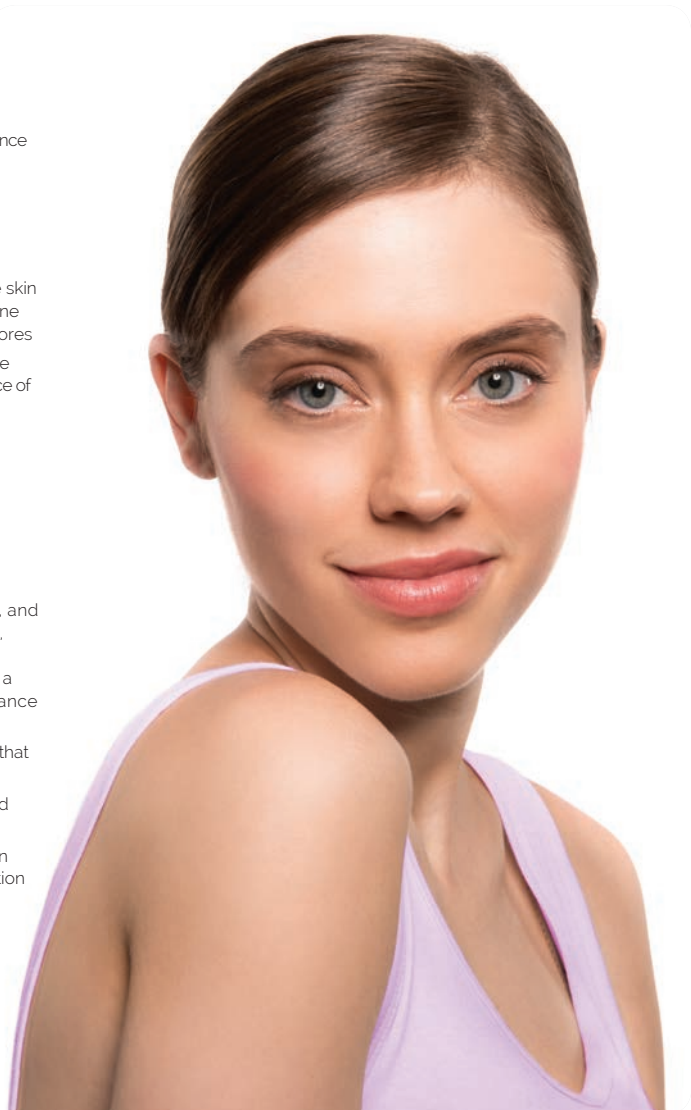
<b>60201772</b>	4 fl oz/118mL
\$28.00 retail	\$21.00 wholesale   21 PV

### Brightening Gel

CPTG essential oils of Bergamot, Juniper Berry, and Melissa combine with natural extracts, vitamins, and cutting edge ingredient technologies to brighten and even skin tone. Brightening Gel is a gentle and effective way to reduce the appearance of dark spots and hyperpigmentation.

- Daisy Extract is a natural skin-brightening agent that helps promote even skin pigmentation
- Ginger Root Extract promotes even skin tone and radiant-looking skin
- Microencapsulated vitamin C helps keep the skin looking youthful while promoting anti-pigmentation properties

<b>60201777</b>	1 fl oz/30mL
\$46.00 retail	\$34.50 wholesale   34.5 PV



### Tightening Serum

Featuring CPTG Certified Pure Therapeutic Grade® essential oils of Frankincense, Hawaiian Sandalwood, and Myrrh, dōTERRA® Tightening Serum is scientifically formulated to reduce the appearance of fine lines and wrinkles and promote skin hydration. Natural extracts and gums combine with powerful anti-aging ingredients for firmer, younger-looking skin.

- Contains rhizobian and acacia gum, which provide "lifting" benefits
- Beech Tree Bud Extract tightens and smooths the appearance of skin

<b>60201752</b>	1 fl oz/30mL
\$66.00 retail	\$49.50 wholesale   49.5 PV

### Anti-Aging Moisturizer

dōTERRA Anti-Aging Moisturizer combines cutting-edge ingredients with the CPTG essential oils of Lavender, Jasmine, Geranium, and Frankincense to moisturize and soften skin while providing anti-aging benefits. Peptides and botanicals target the visible signs of aging by improving skin tone and moisturizing the skin, helping to keep skin looking young and vibrant.

- Contains ingredients that nourish the skin, helping to reduce the appearance of wrinkles
- Olive Fruit Extract is specifically designed for moisturizing and overall skin care
- Peptides help firm and smooth skin, improving skin tone and texture and helping to reduce the appearance of fine lines and wrinkles

<b>60201750</b>	1.7 fl oz/50mL
\$46.00 retail	\$34.50 wholesale   34.5 PV

### Hydrating Cream

dōTERRA's Hydrating Cream is packed with emollient-rich ingredients and probiotics to provide intense hydration and nourishment to the skin, helping reduce the appearance of fine lines and wrinkles. Probiotics reinforce the skin's natural barrier, helping improve skin's health and beauty and encouraging suppler, younger-looking skin.

- Lactococcus Ferment Lysate helps reinforce the skin's natural barrier, helping promote overall skin health and a youthful appearance
- *Laminaria digitata* (Oarweed) extract comes from an algae rich in amino acids and polypeptides and is combined with mugwort extract to soothe and calm the skin

<b>60201774</b>	1.7 oz/48g
\$48.00 retail	\$36.00 wholesale   36 PV

### Immortelle

#### ANTI-AGING BLEND

A proprietary blend of powerfully renewing, rare essential oils, used throughout history for their beautifying benefits, Immortelle Anti-Aging Blend is formulated to nourish skin. This essential oil blend of Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, and Rose helps sustain smoother, more radiant, and youthful-looking skin.

- Reduces the appearance of fine lines and wrinkles
- Helps reduce the appearance of aging skin

<b>60202652</b>	10mL roll-on
\$92.00 retail	\$69.00 wholesale   65 PV



### Anti-Aging Eye Cream

dōTERRA Anti-Aging Eye Cream combines clinically proven ingredients with CPTG® essential oils of Frankincense, Ylang Ylang, and Blue Tansy to target the signs of aging around the delicate eye area, helping reduce the appearance of fine lines and wrinkles over time. This innovative formula moisturizes, decreases the appearance of dark circles, and improves skin firmness and tone. The unique steel rollerball applicator cools and soothes under-eye skin, helping reduce the appearance of puffiness and dark circles while gently applying cream to targeted areas.

- Clinically tested
- Meadowfoam seed oil provides deep moisture
- Biopolymers made from Pullulan and Red Algae Extract provide a noticeable tightening and lifting effect from the first use
- Bakuchiol helps tone and tighten the skin, which helps improve the appearance of fine lines and wrinkles and helps prevent future signs of aging

<b>60201776</b>	0.5 fl oz/15mL
\$60.00 retail	\$45.00 wholesale   45 PV

### Reveal Facial System

Reveal Facial System is a two-step process that will give your face a spa-like treatment, bringing the glow of your skin's radiance and beauty to the surface.

- Features dōTERRA® citrus essential oils of Lime and Wild Orange to purify the skin
- Bamboo silk beads and botanical enzymes exfoliate dead skin cells for a fresh face
- Nutrient-rich formula helps maintain a radiant complexion

<b>37340001</b>	Two 1.7 oz tubes
\$80.00 retail	\$60.00 wholesale   60 PV



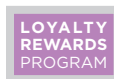
## 1 Purchase the customizable Essential Skin Care Kit...



Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, Tightening Serum.

<b>60203183</b>	Save \$47.33 below single retail price
\$120.00 retail	\$90.00 wholesale   85 PV

## 2 ...and add up to two products per kit order at an additional savings.



Anti-Aging Eye Cream  
\$25.00 | 20 PV



Anti-Aging Moisturizer  
\$25.00 | 20 PV



Brightening Gel  
\$25.00 | 20 PV



Hydrating Cream  
\$25.00 | 20 PV

## *Healthy, radiant skin with* **dōTERRA® VERÁGE®**

dōTERRA Veráge is an exclusive collection of natural skin care products that nourish your skin, helping to reduce the visible signs of aging while also promoting smooth, supple skin. The advanced plant technology used in Veráge promotes an optimal lipid balance—the same balance found in healthy, youthful-looking skin. Each product is composed of true gifts from the Earth: nourishing plant extracts, pure and potent essential oils, and select natural ingredients. The Veráge Skin Care Collection delivers benefits your skin will love, naturally.

### CLINICALLY SUPPORTED BENEFITS OF THE VERÁGE® INGREDIENTS

- Smooths skin texture
- Reduces appearance of wrinkles
- Minimizes the appearance of mechanical creasing
- Minimizes pore appearance
- Evens tone





### Veráge® Cleanser

Healthy, smooth skin begins with Veráge Cleanser. This natural gel cleanser purifies skin for a fresh, youthful-looking complexion.

- Infused with CPTG® essential oils of Wild Orange, Tea Tree, and Basil to gently cleanse and lift away impurities
- Invigorates and cleanses skin while natural emollients nourish and hydrate

<b>37380001</b>	2 fl oz/60mL
\$33.33 retail	\$25.00 wholesale   25 PV

### Veráge® Immortelle Hydrating Serum

Experience the age-defying effects of Veráge Immortelle Hydrating Serum. This powerful formula combines CPTG essential oils with plant extracts for smoother, more youthful-looking skin.

- Utilizes the CPTG essential oils found in the popular Immortelle blend for radiant skin
- Provides optimal lipid balance for smoother, more youthful-looking skin

<b>37400001</b>	.5 fl oz/15mL
\$86.66 retail	\$65.00 wholesale   65 PV

### Veráge® Skin Care Collection

A collection that brings together Veráge Cleanser, Toner, Immortelle Hydrating Serum, and Moisturizer for beautiful, healthy-looking skin.

<b>42690001</b>	Save \$74.00 retail
\$112.66 retail	\$84.50 wholesale   70 PV

### Veráge® Toner

Veráge Toner combines CPTG® essential oils with nourishing plant extracts to promote the appearance of tightened, toned, and smooth skin—anytime, anywhere. This hydrating toner fortifies and refreshes the skin while invigorating the senses for an energizing boost and a glowing complexion.

- CPTG essential oils of Ylang Ylang, Palmarosa, Cypress, and Coriander tone and balance skin
- Nourishing plant extracts provide targeted moisture and toning to help skin look its best
- Easy mist application

<b>37390001</b>	1.7 fl oz/50mL
\$29.33 retail	\$22.00 wholesale   22 PV

### Veráge® Moisturizer

Veráge Moisturizer combines CPTG essential oils with plant extracts for natural hydration and skin nourishment. This light, non-greasy moisturizer absorbs quickly but hydrates deeply, helping reduce the appearance of fine lines and wrinkles for a smooth, even complexion.

- Formulated with CPTG essential oils of Juniper Berry, Jasmine, and Geranium—all known to revitalize the skin
- Uses natural ingredients to hydrate skin, helping reduce the appearance of fine lines and wrinkles

<b>37410001</b>	1 fl oz/30mL
\$37.33 retail	\$28.00 wholesale   28 PV



# Clear, smooth skin STARTS WITH HD CLEAR®

HD Clear is a line of natural and highly effective products that address problem skin at its core. This three-step system works synergistically to purge skin of impurities, promote a smooth, clear complexion, and help reduce the appearance of blemishes. Included in each formula are CPTG® essential oils along with specialized plant extracts proven to improve skin texture and appearance. Using HD Clear every day will result in a clear, smooth, healthy-looking complexion.

## HD Clear® Kit

This kit contains HD Clear Foaming Face Wash, Topical Blend, and Facial Lotion for a beautifully balanced complexion.

<b>42700001</b>	Save \$40.00 retail	
\$61.33 retail	\$46.00 wholesale	40 PV

## HD Clear Foaming Face Wash

Discover the perfect solution for problem skin of all ages with the dōTERRA® HD Clear Foaming Face Wash.

- Designed to thoroughly cleanse without stripping away natural moisture
- Contains CPTG essential oils and plant extracts that will leave your skin extra clean and soft

<b>49420001</b>	1.7 fl oz/50mL	
\$29.33 retail	\$22.00 wholesale	22 PV

## HD Clear

### TOPICAL BLEND

Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes a clean and healthy-looking complexion with essential oils renowned for their skin-benefiting properties.

- Features a unique blend of Black Cumin seed oil as well as CPTG essential oils of Ho Wood, Tea Tree, Litsea, Eucalyptus, and Geranium
- Promotes clear, smooth skin by targeting the site of blemishes



<b>49400001</b>	10mL roll-on	
\$28.00 retail	\$21.00 wholesale	21 PV



## HD Clear Facial Lotion

Enjoy a beautiful, smooth complexion with HD Clear Facial Lotion. This lotion contains natural emollients to promote healthy levels of moisture in the skin for a balanced complexion as well as CPTG essential oils combined with botanical extracts known to assist in achieving blemish-free skin.

- Features a unique blend of Black Cumin seed oil as well as CPTG essential oils of Ho Wood, Tea Tree, Litsea, Eucalyptus, and Geranium
- Promotes a clear complexion
- Soothes skin

<b>49410001</b>	1.7 fl oz/50mL	
\$45.33 retail	\$34.00 wholesale	34 PV



## dōTERRA® WOMEN

dōTERRA Women is a line of products formulated to address the unique and changing health needs of women. Normal hormone levels influence a woman's good health and emotional well-being from her early teens to her transition through menopause. dōTERRA Women gently supports a woman through the menstrual cycle and helps diminish the normal symptoms of menopause.\* dōTERRA Women supports healthy bones and heart as women age, while the essential oil blend provides temporary relief from heightened emotions related to regular hormone cycles in women.\* The dōTERRA Women line of products provides natural support throughout the different phases of life.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### ClaryCalm®

#### MONTHLY BLEND FOR WOMEN

dōTERRA ClaryCalm helps women manage the emotional mood swings of PMS and the transitional phases of menopause in a natural, effective way.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot seed, and Palmarosa, Vitex
- Helps balance mood throughout the month



<b>49480001</b>	10mL roll-on
\$36.00 retail	\$27.00 wholesale   27 PV

### Bone Nutrient

#### ESSENTIAL COMPLEX

This convenient dietary supplement increases the consumption of nutrients needed for healthy bones.\*

- Perfect for men and women of all ages
- Features a blend of vitamins C and D, calcium, magnesium, and other trace minerals
- Combats declining bone density by providing bone nutrients often deficient in modern diets\*

<b>35240001</b>	120 capsules
\$23.33 retail	\$17.50 wholesale   12 PV



Made with SLS-free vegetable capsules

### Phytoestrogen

#### ESSENTIAL COMPLEX

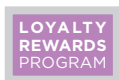
dōTERRA Women Phytoestrogen Essential Complex is a blend of natural plant extracts that support hormone balance throughout the different phases of a woman's life.\*

- Includes a standardized soy extract with genistein, a natural phytoestrogen
- Supports a women's transition to menopause with a concentrated extract of flax seed lignans\*
- Supports healthy bones, heart, breast tissue, and other body structures\*

<b>35260001</b>	60 capsules
\$52.67 retail	\$39.50 wholesale   39.5 PV



Made with SLS-free vegetable capsules



### Women's Health Kit

Includes Phytoestrogen Essential Complex, Bone Nutrient Essential Complex, and ClaryCalm Monthly Blend.

<b>3525</b>	\$92.67 retail	\$69.50 wholesale	60 PV	Save \$16.00 retail
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*Beautiful, shiny hair with*  
**dōTERRA® SALON ESSENTIALS®  
 HAIR CARE**

dōTERRA Salon Essentials® Hair Care products are inspired by the concept that extremely pure botanical extracts combined with the most advanced technological ingredients will provide unparalleled hair care benefits that optimize beautiful hair and a healthy scalp. Carefully selected CPTG® essential oils deliver targeted benefits in all four products. Protecting Shampoo, Smoothing Conditioner, Root to Tip Serum, and Healthy Hold Glaze work collectively or individually to promote healthy-looking, soft, and beautifully shiny hair.



**CLINICALLY SUPPORTED BENEFITS  
 OF THE ESSENTIAL HAIR CARE INGREDIENTS**

- Helps protect color-treated hair
- Proven softening effects
- Better conditioning and detangling
- Maintains moisture capacity in both hair and scalp
- Strong and smooth-looking hair
- Less hair breakage
- Proprietary blend of essential oils for healthy-looking hair and scalp

### **dōTERRA Salon Essentials® Protecting Shampoo**

Enjoy the professional formulation of CPTG® essential oils, gentle cleansers, and botanical extracts in dōTERRA Salon Essentials Protecting Shampoo.

- Features a gentle lathering and cleansing boost from Wild Orange, Lime, and plant extracts
- Gently removes impurities collected on the hair and scalp
- Lightly moisturizes hair, leaving it salon soft and touchable

<b>36220001</b>	8.46 fl oz/250mL	
\$26.00 retail	\$19.50 wholesale	19.5 PV
<b>60201185</b>	32 fl oz/946mL	
\$60.00 retail	\$45.00 wholesale	35 PV

### **dōTERRA Salon Essentials® Smoothing Conditioner**

Give your hair a smooth, finished look and protect it with the professional formula of dōTERRA Salon Essentials Smoothing Conditioner.

- Features conditioning emollients, botanical extracts, and natural proteins
- Includes a proprietary blend of CPTG essential oils for the hair and scalp
- Smooths hair and provides an anti-static effect

<b>36230001</b>	8.46 fl oz/250mL	
\$30.67 retail	\$23.00 wholesale	23 PV
<b>60201225</b>	32 fl oz/946mL	
\$66.67 retail	\$50.00 wholesale	40 PV

LOYALTY  
REWARDS  
PROGRAM

### **Loyalty Rewards Pricing**

#### **Protecting Shampoo 2-Pack**

<b>36240001</b>		
\$32.67 retail	\$24.50 wholesale	19.5 PV

#### **Smoothing Conditioner 2-Pack**

<b>36250001</b>		
\$38.67 retail	\$28.00 wholesale	23 PV

#### **Shampoo and Conditioner**

<b>36260001</b>		
\$37.33 retail	\$28.00 wholesale	23 PV









### **dōTERRA Salon Essentials® Healthy Hold Glaze**

Get the all-in-one benefits of a flexible hold, health, and shine for your hair with dōTERRA Salon Essentials Healthy Hold Glaze.

- Provides immediate conditioning, smoothing, and shine
- When hair is untamable, apply for a light hold and perfect, soft style
- Helps keep hair looking healthy, even after styling
- Heat-activated conditioning

<b>36270001</b>	4 fl oz/120mL
\$24.00 retail	\$18.00 wholesale   15 PV

### **dōTERRA Salon Essentials® Root to Tip Serum**

The Root to Tip Serum provides a healthy environment for your scalp and maximizes the strength and shine of your hair.

- Infused with Lavender, Peppermint, Marjoram, Cedarwood, Lavandin, Rosemary, Niaouli, and Eucalyptus
- Provides extended protection and hydration to your scalp and hair

<b>49050001</b>	1 fl oz/30mL
\$46.67 retail	\$35.00 wholesale   35 PV

### **dōTERRA Salon Essentials® Hair Care system**

dōTERRA Salon Essentials Hair Care System is the perfect way to experience the amazing benefits of all four dōTERRA hair care products and provide great savings. By purchasing the Protecting Shampoo, Smoothing Conditioner, and the Root to Tip Serum in the dōTERRA Salon Essentials Hair Care System, Healthy Hold Glaze comes FREE!

<b>36280001</b>	
\$103.33 retail	\$77.50 wholesale   70 PV

### **dōTERRA Salon Essentials® Shampoo/Conditioner Samples**

<b>36390001</b>	10 Companion Sets
\$11.33 retail	\$8.50 wholesale   0 PV



Lime

## Pamper yourself with dōTERRA® SPA

dōTERRA SPA is a line of CPTG® essential oil-infused products that provide an aromatic and pampering at-home spa experience. Each product has been carefully formulated with natural ingredients that leave your skin feeling soft, smooth, and fresh all day long.



### Refreshing Body Wash

dōTERRA SPA Refreshing Body Wash is a natural, oil-infused body wash that provides a rich cleansing and aromatic spa experience.

- Bergamot essential oil purifies and soothes skin and provides an uplifting, yet grounding aroma
- Grapefruit is cleansing to the skin and has an energizing scent that uplifts mood
- Sodium Methyl Oleoyl Taurate is a sulfate-free mild surfactant derived from nature and is readily biodegradable

<b>37460001</b>	8.45 fl oz/250mL	
\$17.00 retail	\$12.75 wholesale	10 PV

### Replenishing Body Butter

Pamper your skin with the rich hydration and luxurious feel of dōTERRA SPA Replenishing Body Butter. The base of this natural formula combines shea and cocoa seed butters, known for their deep moisturization and ability to promote skin suppleness.

- Wild Orange essential oil is known for its purifying benefits
- Douglas Fir essential oil is purifying to the skin and provides uplifting aromatic benefits
- Frankincense essential oil is rejuvenating to the skin and has a balancing effect on emotions

<b>37470001</b>	7 oz/198g	
\$23.33 retail	\$17.50 wholesale	15 PV

### Hydrating Body Mist

Have your body feel completely rehydrated with the aromatic benefits of the Beautiful Captivating essential oil blend. The Beautiful Captivating oil combines Osmanthus, Lime, Bergamot, and Frankincense in a harmoniously floral blend. The nourishing properties of coconut, sunflower, avocado, and passion fruit, combined in this hydrating mist help improve overall appearance of healthy-looking and radiant skin.

- Provides the uplifting and energizing aromatic benefits of CPTG® Beautiful Captivating essential oil blend
- The oils of Sunflower, Avocado, and Passion Fruit help soothe, soften, and hydrate skin for an overall healthy glow
- Caprylic/Capric Triglyceride (coconut derived) conditions and maintains the skin's natural barrier

<b>60205662</b>	4.2 fl oz/125mL	
\$33.33 retail	\$25.00 wholesale	22 PV

### Detoxifying Mud Mask

dōTERRA SPA Detoxifying Mud Mask is a natural clay mask that provides purifying and detoxifying benefits while reducing the appearance of pores, fine lines, and wrinkles.

- Infused with Myrrh, Juniper Berry, and Grapefruit—known for their cleansing and smoothing benefits
- Shea butter provides moisturization and balances the skin
- Malachite extract is rich in copper and provides detoxifying benefits

<b>37490001</b>	4 oz/113.4g	
\$19.33 retail	\$14.50 wholesale	12 PV

### Exfoliating Body Scrub

dōTERRA SPA Exfoliating Body Scrub is a natural, indulgent body scrub that gently exfoliates and polishes skin with sugar cane, leaving a healthy, natural glow.

- Wild Orange and Grapefruit cleanse and purify skin
- Ginger essential oil is soothing and warming to the skin
- Natural sugar cane gently exfoliates skin

<b>37480001</b>	8 oz/226g	
\$26.00 retail	\$19.50 wholesale	15 PV

### Hand & Body Lotion

Indulge your skin in dōTERRA SPA Hand & Body Lotion—a light, non-greasy formula that contains jojoba and macadamia seed oils, murumuru and theobroma seed butters, and nourishing plant extracts.

- Easily blend with your favorite essential oil for a customized aromatic experience
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Non-greasy formula absorbs quickly, leaving skin looking healthy, soft, and smooth

<b>37510001</b>	6.7 fl oz/200mL	
\$20.00 retail	\$15.00 wholesale	13 PV

### 3-Pack Hand & Body Lotion

<b>60200498</b>	Three 6.7 fl oz/200mL tubes	
\$50.67 retail	\$38.00 wholesale	30 PV



### Citrus Bliss® Hand Lotion

dōTERRA SPA Citrus Bliss Hand Lotion is a light and silky lotion infused with hydrating seed oils and nourishing botanicals. This non-greasy formula absorbs quickly yet provides optimal moisture for healthy-looking hands.

- Citrus Bliss essential oil blend's refreshing aroma helps reduce stress and uplifts mood
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Convenient size—perfect for travel or for use while at home or work

<b>37500001</b>	2.5 fl oz/75mL	
\$9.27 retail	\$6.95 wholesale	5 PV

### Lip Balms

dōTERRA SPA Lip Balm is a natural formula containing plant oils, botanicals, and essential oils to hydrate and soothe lips while delivering the unique scent and taste of essential oils. Enjoy our original flavor with the uplifting blend of Wild Orange and Peppermint. Experience the scents of paradise with Ylang Ylang, Clementine, and Lime found in our Tropical Lip Balm; or, invigorate the senses with our Herbal Lip Balm containing Lemon Verbena, Marjoram, and Spearmint.

- Each lip balm contains a select blend of essential oils that provides a unique sensory experience
- Moringa oil is an emollient that helps improve how the lips look and feel
- Avocado oil provides hydration and essential fatty acids, and softens lips to keep them looking healthy

#### Original

<b>37530001</b>	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

#### Tropical

<b>37540001</b>	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

#### Herbal

<b>37550001</b>	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

#### Variety 3-Pack

<b>37570001</b>		
\$20.00 retail	\$15.00 wholesale	10 PV



**Marjoram**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### Moisturizing Bath Bar

dōTERRA SPA Moisturizing Bath Bar is a one-of-a-kind bar that provides a unique feel, lather, aroma, and cleansing experience.

- Bergamot essential oil purifies and soothes skin
- Grapefruit is cleansing to the skin and has an energizing scent that uplifts mood
- Jojoba seed oil deeply moisturizes

<b>37450001</b>	4 oz/113g	
\$9.00 retail	\$6.75 wholesale	5 PV

### 3-Pack

<b>37560001</b>		
\$19.33 retail	\$14.50 wholesale	10 PV

### Serenity® Bath Bar

Enjoy a rich, cleansing, aromatic spa experience, infused with dōTERRA Serenity® Restful Blend.

- dōTERRA Serenity essential oil blend promotes relaxation and a restful sleeping environment
- Jojoba seed oil is highly regarded in the cosmetic industry and known for its quick absorption and ability to deeply moisturize
- Vegetable-derived glycerin hydrates skin and helps retain moisture while providing a smooth application of gentle suds

<b>60201092</b>	4 oz/113g	
\$9.00 retail	\$6.75 wholesale	5 PV

### 3-Pack

<b>60201595</b>		
\$19.33 retail	\$14.50 wholesale	10 PV

### Citrus Bliss® Bath Bar New Formula!

Formulated with Citrus Bliss® Invigorating Blend to help reduce stress and uplift your mood.

- Exfoliating sunflower wax beads and orange peel powder naturally soften, smooth, and stimulate skin rejuvenation
- Vegetable-derived glycerin hydrates skin and helps retain moisture while providing a smooth application of gentle suds

<b>60202779</b>	4 oz/113g	
\$9.00 retail	\$6.75 wholesale	5 PV

### 3-Pack

<b>60208924</b>		
\$19.33 retail	\$14.50 wholesale	10 PV

### dōTERRA® Spa Basics Kit

Hand & Body Lotion, Body Wash

<b>60200499</b>	Save \$6.33 retail	
\$30.67 retail	\$23.00 wholesale	17 PV

### dōTERRA® Spa Luxury Kit

Body Scrub, Mud Mask, Body Butter

<b>60210071</b>	Save \$12.66 retail	
\$56.00 retail	\$42.00 wholesale	32 PV

### Total dōTERRA® Spa Kit

Moisturizing Bath Bar, dōTERRA Serenity Bath Bar, Citrus Bliss® Bath Bar, Refreshing Body Wash, Exfoliating Body Scrub, Detoxifying Mud Mask, Replenishing Body Butter, Hand & Body Lotion, Citrus Bliss Hand Lotion, Lip Balm (Original, Tropical, Herbal, and Hydrating Body Mist

<b>60200501</b>	Save \$27.60 retail	
\$153.33 retail	\$115.00 wholesale	80 PV





**Tax-Deductible  
Cash Donation**

2001	\$1.00
2002	\$5.00
2003	\$10.00
2004	\$25.00
2005	\$100.00

The dōTERRA Healing Hands Foundation® is dōTERRA International's registered 501(c)(3) non-profit organization committed to improving lives through partnering with organizations that offer hope to millions around the world. The foundation seeks to bring healing and hope to the world, for lives free of disease and poverty, and to ultimately empower impoverished communities with the tools needed to become self-reliant. dōTERRA International provides all the overhead and administrative costs of the dōTERRA Healing Hands Foundation, ensuring that 100 percent of all donations go directly to those receiving aid. For more information, please visit [doterrahealinghands.org](http://doterrahealinghands.org).



## Rose Hand Lotion

dōTERRA SPA Rose Hand Lotion is a light, alluring lotion with CPTG® Rose essential oil that promotes smooth, beautiful skin. This silky formula contains natural moisturizers and humectants that leave hands soft, supple, and nourished. Known for its skin-beneficial properties, Rose essential oil enhances this lotion with the authentic and uplifting aroma of rose petals.

- Bulgarian Rose essential oil is known for its ability to promote smooth, glowing skin
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and their ability to retain moisture in the skin
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

<b>37520001</b>	3.3 fl oz/100mL	
\$20.00 retail	\$20.00 wholesale	0 PV

Florida: A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE [of Florida]. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. Registration #: CH48280.

ILLINOIS: CONTRACTS AND REPORTS REGARDING THE CHARITY ARE ON FILE WITH THE ILLINOIS ATTORNEY GENERAL.

Maryland : A copy of the current financial statement of the dōTERRA Healing Hands Foundation is available by writing 389 S 1300 W, Pleasant Grove UT 84062, or by calling (801) 437-7918. Documents and information submitted under the Maryland

Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401, (410) 974-5534.

Michigan: Registration # 55179

NEW JERSEY: INFORMATION FILED WITH THE ATTORNEY GENERAL CONCERNING THIS CHARITABLE SOLICITATION AND THE PERCENTAGE

## dōTERRA Hope® Touch

dōTERRA Hope Touch is a distinct essential oil blend that combines the fresh scent of Bergamot with Ylang Ylang, Frankincense, and the sweet scent of Vanilla Bean Absolute. With each purchase of dōTERRA Hope Touch, the full purchase price (\$20.00) is donated to the dōTERRA Healing Hands Foundation, which supports OUR Rescue, an organization of the world's experts in extraction operations and anti-child-trafficking.

- Apply to wrists, neck, and pulse points for a personalized fragrance
- Keep in purse and apply throughout the day to uplift mood
- Roll on a sachet and keep in drawers or closets to give clothes a fresh scent

<b>60200879</b>	10mL roll-on	
\$20.00 retail	\$20.00 wholesale	0 PV

OF CONTRIBUTIONS RECEIVED BY THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW JERSEY BY CALLING 973-504-6215 AND IS AVAILABLE ON THE INTERNET AT [HTTP://WWW.NJCONSUMERAFFAIRS.GOV/](http://WWW.NJCONSUMERAFFAIRS.GOV/). REGISTRATION WITH THE ATTORNEY GENERAL DOES NOT IMPLY ENDORSEMENT.

For the state of North Carolina, financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-807-2214. The license is not an endorsement by the State.

Virginia: A Financial Statement is available upon request from the Office of Charitable and Regulatory Programs P.O. Box 1163, Richmond, Virginia 23218 Phone 804-786-1343.

Washington: dōTERRA Healing Hands Foundation, a Utah Non-Profit Corporation, is registered with the State of Washington Secretary of State Corporations and Charities Division. For further information please contact the Secretary of State at 360-725-0378 or [www.sos.wa.gov/charities](http://www.sos.wa.gov/charities).

## dōTERRA LIFELONG VITALITY PACK®

dōTERRA Lifelong Vitality Pack® supplements are formulated with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy, and longevity.\* Coupled with dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils and a lifelong commitment to the dōTERRA wellness lifestyle, they naturally support a lifetime of looking, feeling, and living younger, longer.



### xEO Mega® ESSENTIAL OIL OMEGA COMPLEX

xEO Mega is a revolutionary formula that blends CPTG Certified Pure Therapeutic Grade® essential oils with natural marine- and plant-sourced omega-3 oils and carotenoids.

- Supports cardiovascular, immune, joint, and brain health\*
- Delivers equal ratio of EPA and DHA from sustainable fish oil concentrates and Echium oil with SDA and GLA fatty acids
- Complete spectrum of carotenoids and vitamin E for antioxidant protection, plus vitamin D\*
- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile

<b>35360001</b>	120 vegetarian softgels
\$66.00 retail	\$49.50 wholesale   49.5 PV

 Made with vegetarian softgels

### Alpha CRS®+ CELLULAR VITALITY COMPLEX

Provides antioxidant protection to cellular DNA and other critical cell structures.\*

- Supports healthy cell proliferation and lifespan\*
- Promotes mitochondrial energy production\*
- Supports a healthy response to oxidative stress\*
- Features botanical extracts, carotenoids, and polyphenols as well as a cellular energy blend\*

<b>35370001</b>	120 vegetable capsules
\$92.67 retail	\$69.50 wholesale   69.5 PV

 Made with SLS-free vegetable capsules

### Microplex VMz® FOOD NUTRIENT COMPLEX

dōTERRA® Microplex VMz is a proprietary formula of bioavailable vitamins and minerals often deficient in modern diets.

- Includes a balanced blend of vitamins A, C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health\*
- Optimizes nutrient absorption with a bioavailable blend and an enzyme-delivery system\*
- Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach\*

<b>35350001</b>	120 vegetable capsules
\$52.67 retail	\$39.50 wholesale   39.5 PV

 Made with SLS-free vegetable capsules

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





**dōTERRA Lifelong Vitality Daily Packs**

DIETARY SUPPLEMENTS INCLUDING ALPHA CRS®, MICROPLEX VMZ®, AND XEO MEGA®

Now available in convenient individual Daily Packs. Take the contents of one sachet with food 2 times daily, morning and evening. Each dōTERRA Lifelong Vitality Pack sachet contains 2 capsules each of xEO Mega®, Microplex VMz, and Alpha CRS®.

<b>60205416</b>	60 daily packs or a 30-day supply
\$115.33 retail	\$86.50 wholesale   60 PV



**dōTERRA Lifelong Vitality Pack®**

DIETARY SUPPLEMENTS INCLUDING ALPHA CRS®, MICROPLEX VMZ®, AND XEO MEGA®

<b>21480001</b>	30-day supply
\$106.00 retail	\$79.50 wholesale   60 PV



**Vegan dōTERRA Lifelong Vitality Pack®**

DIETARY SUPPLEMENTS INCLUDING ALPHA CRS®, VEGAN MICROPLEX VMZ®, AND VEO MEGA®

<b>60201121</b>	30-day supply
\$119.33 retail	\$89.50 wholesale   60 PV

# dōTERRA® Specialized SUPPLEMENTS

Biological, environmental, and physiological factors all contribute to each individual's nutritional health needs being unique. This means that some require an additional nutritional boost in different areas. Through cutting-edge scientific development, dōTERRA has provided a way to give that extra boost with specialized supplements. These supplements can be used in addition to the dōTERRA LifeLong Vitality Pack® to enhance certain functions.

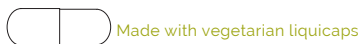


## **vEO Mega®** ESSENTIAL OIL OMEGA COMPLEX

vEO Mega is a revolutionary, vegetarian-friendly formula blending CPTG Certified Pure Therapeutic Grade® essential oils with natural, plant-sourced essential fatty acids.

- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile
- Includes essential fatty acids from flax, algae, inca inchi seed, borage, cranberry, pomegranate, pumpkin, and grape seed oils
- Supports healthy cardiovascular, immune, joint, and brain health\*
- Includes a unique form of the carotenoid astaxanthin for antioxidant support\*

<b>34480001</b>	120 liquicaps
\$66.00 retail	\$49.50 wholesale   49.5 PV



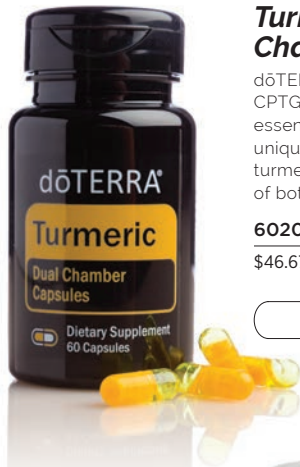
## **Vegan Microplex VMz®** FOOD NUTRIENT COMPLEX

dōTERRA® Vegan Microplex VMz is a vegan food nutrient formula of bioavailable vitamins and minerals often deficient in modern diets.

- Includes a balanced blend of vitamins A, C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health\*
- Optimizes nutrient absorption with a bioavailable blend and an enzyme delivery system\*
- Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach\*

<b>60201122</b>	120 vegetable capsules
\$66.00 retail	\$49.50 wholesale   39.5 PV

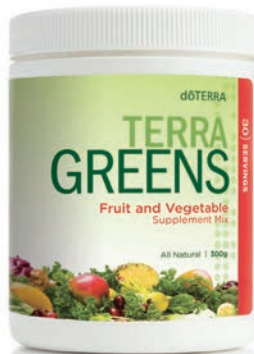




**Turmeric Dual Chamber Capsules** New!

dōTERRA is the first to combine Turmeric extract and CPTG Certified Pure Therapeutic Grade® Turmeric essential oil in a dual chamber capsule, creating a uniquely powerful synergy of curcuminoids and turmerones, maximizing the effectiveness and benefits of both compounds in one dietary supplement.\*

<b>60209307</b>	60 capsules
\$46.67 retail	\$35.00 wholesale   25 PV



**TerraGreens®**

Give your daily intake of fruits and vegetables a boost with this powdered supplement mix designed to be taken with water, Slim & Sassy® TrimShakes, or your favorite beverage.

- Blend of leafy greens and super fruits
- Chock full of naturally occurring vitamins and minerals
- Provides important antioxidants
- Flavored with Lemon and Ginger CPTG® essential oils

<b>60120001</b>	300g /10.6 oz
\$37.33 retail	\$28.00 wholesale   20 PV



**Mito2Max®**  
ENERGY & STAMINA COMPLEX

Mito2Max is a healthier, long-term alternative to caffeine for increased energy and vitality.\*

- Promotes better microcirculation with Oligonol®† lychee fruit and green tea extract, quercetin, and other standardized plant extracts\*
- Potent, full spectrum of mitochondrial energy cofactors supporting cellular aerobic capacity and energy production\*
- Free of stimulants; non-habit-forming

<b>34350001</b>	60 vegetable capsules
\$52.67 retail	\$39.50 wholesale   39.5 PV



†Oligonol® is a trademark of AminoUp Chemical Co., LTD.





### Copaiba Softgels

Copaiba Softgels provide a daily dose of Copaiba essential oil in a convenient, easy-to-swallow softgel. When taken internally, Copaiba essential oil helps support the nervous, cardiovascular, immune, digestive, and respiratory systems.\*

- Powerful antioxidant\*
- Soothes and supports the nervous system\*
- Supports the health of cardiovascular and respiratory systems\*

<b>60205764</b>	60 vegetarian softgels
\$42.67 retail	\$32.00 wholesale   30 PV

 Made with vegetarian softgels



Copaiba tree



### Veggie Caps

Customize your essential oil supplement regimen with vegetarian capsules that absorb quickly and easily.

- Free of preservatives, gelatin, wheat, sugar, starch, dairy, and animal products
- Made of inert vegetable ingredients that do not interfere with digestion
- Includes 160 HPMC capsules

<b>34100001</b>	160 HPMC capsules
\$5.33 retail	\$4.00 wholesale   0 PV

 Made with SLS-free vegetable capsules

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





**DDR Prime® /  
DDR Prime® Softgels**

**ESSENTIAL OIL CELLULAR COMPLEX**

DDR Prime is a proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils that help protect the body against oxidative stress to cellular DNA.\*

- Provides antioxidant protection against oxidative stress\*
- Supports a healthy response to cellular stressors\*
- Promotes healthy cellular response and regeneration\*

<b>60207092</b>	15mL bottle	
\$37.33 retail	\$28.00 wholesale	28 PV
<b>34410001</b>	60 vegetarian softgels	
\$73.33 retail	\$55.00 wholesale	55 PV

 Made with vegetarian softgels



**TriEase® Softgels**

**SEASONAL BLEND**

TriEase Softgels were developed to protect against seasonal and environmental elements and to support a healthy respiratory system when needed most.\* Each softgel contains equal parts of Lemon, Lavender, and Peppermint, known for their ability to maintain clear breathing and a healthy respiratory function when combined together.\*

- Promotes clear breathing and respiratory function\*
- Supports healthy immune system function\*
- Cleansing to the body's systems\*

<b>49310001</b>	60 vegetarian softgels	
\$30.67 retail	\$23.00 wholesale	20 PV

 Made with vegetarian softgels



Lemon



# DigestZen® DIGESTIVE HEALTH

Lifelong health is very much dependent on digestive health. A properly functioning digestive system is not only essential for food-nutrient absorption, but also performs critical immune and detoxification functions in the body. Compromised digestive function can result in energy deficiencies, weakened immunities, weight gain, and gastrointestinal discomfort. The DigestZen line of digestive health products provides targeted solutions for optimal digestive function and comfort.\*



## DigestZen TerraZyme® Top Seller!

### DIGESTIVE ENZYME COMPLEX

DigestZen TerraZyme provides your body with the whole-food enzymes and supporting mineral cofactors needed for healthy digestion.\*

- Supports the body's constant production of enzymes critical for healthy biochemical functions\*
- Promotes healthy digestion of food nutrients and cellular metabolism of nutrients into energy\*
- Includes a variety of whole-food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars, and fiber\*

<b>35110001</b>	90 vegetable capsules
\$50.00 retail	\$37.50 wholesale   37.5 PV



Made with SLS-free vegetable capsules



## GX Assist®

### GI CLEANSING FORMULA

Cleanse your GI tract before starting with PB Assist+ with this combination of CPTG Certified Pure Therapeutic Grade® essential oils.\*

- Features Oregano, Tea Tree, Lemon, Peppermint, Lemongrass, and Thyme, as well as caprylic acid
- Helps support a healthy digestive tract by creating an unfriendly environment for potential threats\*
- Formulated to be used for 10 days as a preparatory cleansing step before using PB Assist+ Probiotic Defense Formula\*

<b>35040001</b>	60 softgels
\$34.67 retail	\$26.00 wholesale   26 PV



Made with enteric softgels



**PB Assist®+**

**PROBIOTIC DEFENSE FORMULA**

This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is designed to support gastrointestinal and immune health.\*

- Delivers 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructooligosaccharides) that encourage culture adhesion and growth\*
- Time-release double capsule delivery system is designed to help protect sensitive probiotic cultures from stomach acid
- Supports healthy digestive function and immunity\*

<b>35160001</b>	30 vegetable capsules
\$46.00 retail	\$34.50 wholesale   34.5 PV

 Made with SLS-free vegetable capsules



**DigestZen®** Top Seller!

**DIGESTIVE BLEND**

The well-recognized essential oils in DigestZen are known for providing soothing digestive relief.\*

- Features a proprietary blend of Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, and Fennel
- Aids in the digestion of foods\*
- Maintains a healthy gastro-intestinal tract\*
- Soothes occasional stomach upset\*



<b>31030001</b>	15mL bottle
\$44.00 retail	\$33.00 wholesale   33 PV



**DigestZen®**

**SOFTGELS**

dōTERRA® DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.\*

- Soothes occasional indigestion and eases stomach upset\*
- Supports healthy gastrointestinal function\*
- Promotes healthy digestion\*

<b>35430001</b>	60 vegetarian softgels
\$26.00 retail	\$19.50 wholesale   15 PV

 Made with vegetarian softgels



**DigestTab®**  
CHEWABLE TABLETS

DigestTab is a calcium carbonate tablet that is infused with DigestZen Digestive Blend to deliver the benefits of the essential oil blend as well as the acid-neutralizing benefits of calcium carbonate.\*

- Helps provide relief from occasional heartburn and indigestion while promoting the overall health of the gastrointestinal tract\*
- Use with or between meals as needed for relief from occasional stomach upset, indigestion, and heartburn\*
- Helps provide relief from occasional sour stomach\*
- Provides 200 mg of calcium per tablet

<b>34380001</b>	100 chewable tablets
\$18.67 retail	\$14.00 wholesale   10 PV



**dōTERRA® Peppermint Softgels** New!

dōTERRA Peppermint Softgels help support the digestive system, alleviate occasional intestinal discomfort, and reduce gas and bloating.\*

- Peppermint essential oil which is high in menthol, supports gastrointestinal comfort\*
- Helps alleviate occasional stomach discomfort\*

<b>60209244</b>	60 softgels
\$24.00 retail	\$18.00 wholesale   15 PV

 Made with enteric softgels







**Zendocrin®**  
DETOXIFICATION COMPLEX

Support your body's filtering and waste management system with the proprietary Zendocrin Detoxification Complex.\*

- Features a proprietary blend of 14 active, whole-food extracts in a patented enzyme delivery system
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin\*

<b>35120001</b>	60 vegetable capsules
\$32.67 retail	\$24.50 wholesale   24.5 PV



Made with SLS-free vegetable capsules

**Zendocrin®**  
DETOXIFICATION BLEND

Support your body's natural detoxification systems with Zendocrin.\*

- Features a proprietary blend of Tangerine, Rosemary, Geranium, Juniper Berry, and Cilantro
- Supports healthy liver function\*
- Can be used individually or in combination with Zendocrin Detoxification Complex



<b>31460001</b>	15mL bottle
\$32.00 retail	\$24.00 wholesale   24 PV

**Zendocrin® Softgels**  
DETOXIFICATION BLEND

Zendocrin Softgels help cleanse the body of toxins and free radicals that can slow the body's systems down, leaving a heavy, weighted feeling.\* Zendocrin Softgels provide an easy and convenient way to consume Zendocrin essential oil blend, a proprietary formula that helps detoxify the body and promote healthy liver, lung, kidney, colon, and skin function.\*

- Supports the body's natural ability to rid itself of unwanted substances\*
- Promotes healthy liver, lung, kidney, colon, and skin function\*

<b>34280001</b>	60 vegetarian softgels
\$32.00 retail	\$24.00 wholesale   21 PV



Made with vegetarian softgels



**dōTERRA® Ginger Drops**

dōTERRA Ginger Drops are a convenient way to support digestion and ease occasional stomach discomfort.

- Supports healthy digestion
- Helps reduce occasional feelings of nausea associated with motion
- Helps ease occasional stomach discomfort and indigestion
- Sweet, spicy ginger-lemon flavor

<b>60203181</b>	30 drops
\$16.00 retail	\$12.00 wholesale   10 PV

LOYALTY  
REWARDS  
PROGRAM

**1** Purchase 1 dōTERRA Lifelong Vitality Pack® or dōTERRA Daily Nutrient Pack®...



dōTERRA Lifelong Vitality Pack  
**21480001**  
\$79.50 | 60 PV



dōTERRA Vegan Lifelong Vitality Pack  
**60201121**  
\$89.50 | 60 PV



dōTERRA Lifelong Vitality Daily Packs  
**60205416**  
\$86.50 | 60 PV



dōTERRA Daily Nutrient Pack  
**21490001**  
\$59.50 | 50 PV

**2** ...and choose up to 3 additional supplements at reduced prices.



Microplex VMz®  
\$20.00 | 10 PV



Mito2Max®  
\$20.00 | 10 PV



xEO Mega®  
\$20.00 | 10 PV



Deep Blue Polyphenol Complex®  
\$20.00 | 10 PV



DigestZen TerraZyme®  
\$20.00 | 10 PV



PB Assist+®  
\$20.00 | 10 PV



Kids Kit (IQ Mega® & dōTERRA a2z Chewable™)  
\$25.00 | 10 PV





## *dōTERRA® Children's* **SUPPLEMENTS**

Inspired by the dōTERRA Lifelong Vitality Pack®, these products make it easy to enjoy taking omega-3s, whole-food nutrients, vitamins, and minerals in convenient liquid and chewable forms. Kids love them because they taste great; adults love them because they are easy to swallow.





## dōTERRA a2z Chewable™

Designed for children and adults who have difficulty swallowing capsules, dōTERRA a2z Chewable tablets provide the nutrients your body needs for optimal health.\*

- Combines a blend of B vitamins with vitamins A, C, and E
- Features botanical extracts and is formulated to be used with IQ Mega
- Supports healthy immunity and provides antioxidant protection\*
- Promotes healthy cell development and longevity when taken daily\*
- Great watermelon flavor!

<b>34500001</b>	60 tablets
\$27.33 retail	\$20.50 wholesale   15 PV



Wild Orange

## PB Assist® Jr

PB Assist Jr is a powdered probiotic supplement designed for children or adults who have trouble swallowing pills. Five billion live cells have been blended into a delicious powder that can be poured directly into the mouth for a fun and tasty way to integrate probiotics into anyone's daily routine.\*

- 5 billion live cells of 6 different probiotic strains
- Strains specifically selected for their benefits among children
- Microencapsulated to help probiotics survive until they reach the intestines
- Supports healthy functioning of the digestive and immune systems\*
- Strawberry melon flavored
- Sugar free

<b>34420001</b>	30 sachets
\$32.67 retail	\$24.50 wholesale   20 PV

## IQ Mega®

IQ Mega takes the fishy taste out of fish oil and adds the fresh orange flavor of Wild Orange essential oil.

- Provides over 1,500 mg of omega-3s per serving
- Supports healthy brain, cardiovascular, immune, and joint function\*
- Formulated to be used with dōTERRA a2z Chewable tablets

<b>34490001</b>	150mL
\$46.00 retail	\$34.50 wholesale   30 PV



## Weight management with **SLIM & SASSY®**

The dōTERRA® Slim & Sassy line of products encourages overall health and wellness through attaining and maintaining healthy body weight.\* Take advantage of a wide range of benefits by incorporating the Slim & Sassy Metabolic Blend, TrimShake, and our premier line of supplements into your lifestyle!



### **Slim & Sassy®** Top Seller!

#### METABOLIC BLEND

Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.\*

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon
- Promotes healthy metabolism\*
- Helps manage hunger cravings\*
- Calms your stomach and lifts your mood\*
- Diuretic-, stimulant-, and calorie-free



<b>31370001</b>	15mL bottle
\$34.67 retail	\$26.00 wholesale   26 PV



### **Slim & Sassy® Softgels**

Slim & Sassy Softgels contain dōTERRA's proprietary Slim & Sassy essential oil blend in convenient softgels to promote weight management in a healthy, natural way. The flavorful blend of Slim & Sassy contains essential oils known to help manage hunger throughout the day while boosting metabolism and promoting a positive mood.\*

- Supports healthy metabolism\*
- Helps manage hunger cravings\*
- Promotes healthy digestion\*
- Perfect for any weight management program\*

<b>34270001</b>	90 vegetarian softgels
\$48.00 retail	\$36.00 wholesale   31.5 PV



Made with vegetarian softgels

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



*"I use Slim & Sassy oil blend, TrimShake, and the dōTERRA Lifelong Vitality Pack® daily. I have more energy to do my daily responsibilities. I have self-esteem to hold conversations about the oils I use. I'm not ashamed to look people in the eye when talking to them about wellness now that I'm doing it myself!"*

Beth P., Danville, AL

### **Slim & Sassy® Metabolic Gum**

Slim & Sassy metabolic oil blend helps manage cravings throughout the day while supporting healthy metabolism. There is one drop of Slim & Sassy essential oil blend in each piece of sugar-free gum.

- Promotes healthy metabolism
- Helps manage hunger cravings
- Sugar free with natural sweeteners
- One drop of Slim & Sassy oil blend in every piece
- Long-lasting flavor

<b>60200347</b>	32 pieces
\$11.33 retail	\$8.50 wholesale   5 PV





### **Slim & Sassy® TrimShake**

Slim & Sassy TrimShake is a convenient, delicious shake mix that provides essential nutrients.

- TrimShake can help you lose unwanted fat stores through calorie restriction and regular exercise
- Includes the patented weight-management ingredient EssentraTrim®† to help reduce food cravings and overeating
- Includes Solathin®‡, a special protein extract that supports increased feelings of satiety
- Blends well with nonfat dairy, almond, rice, and soy milk or water

<b>35180001</b>	vanilla	
\$52.67 retail	\$39.50 wholesale	25 PV
<b>35200001</b>	chocolate	
\$52.67 retail	\$39.50 wholesale	25 PV

### **V Shake**

Introducing a vegetarian alternative to weight management shakes. Slim & Sassy V Shake provides the same benefits as TrimShake with the exception of all the ingredients being plant sourced and vegetarian friendly.

- Includes Solathin® and EssentraTrim®
- 7 grams of plant-sourced protein
- Protein sourced from pea, quinoa, and amaranth
- Versatile flavor; mixes easily with favorite fruits, milks, or juices
- No artificial sweeteners, flavors, colors, or preservatives

<b>35440001</b>	V Shake	
\$52.67 retail	\$39.50 wholesale	25 PV







### **Slim & Sassy® Trim Kit**

Four 15mL bottles Slim & Sassy Metabolic Blend and two TrimShakes.

Save **\$36.02 retail**

<b>40770001</b>	1 chocolate, 1 vanilla
\$200 retail	\$150 wholesale   125 PV

<b>3528</b>	2 chocolate
\$200 retail	\$150 wholesale   125 PV

<b>35290001</b>	2 vanilla
\$200 retail	\$150 wholesale   125 PV

<b>60130001</b>	2 V shakes
\$200 retail	\$150 wholesale   125 PV

## ESSENTRATRIM®

125 mg of EssentraTrim®, a patented extract of Ashwagandha that has been clinically demonstrated to help control stress-induced appetite, overeating, and carbohydrate cravings; helps support blood-sugar levels already in the normal range and enhances energy levels while helping alleviate fatigue during dieting and exercise.

## SOLATHIN®

Slim & Sassy® TrimShake includes 50 mg of Solathin® per serving, a special protein extract from natural food sources that supports an increased feeling of satiety. Solathin® has also been demonstrated to help control snacking between meals, portion control, and feeling full faster and longer. Along with being a source of protein, Solathin® is also hypo-allergenic and enhances the flavor and texture of TrimShake.

† EssentraTrim is a registered trademark of NutraGenesis LLC

‡ Solathin is a registered trademark of Cyvex Nutrition

## LOYALTY REWARDS PROGRAM



## *The dōTERRA®* LOYALTY REWARDS PROGRAM

Do you have a favorite dōTERRA product you cannot live without? Would you enjoy the convenience of receiving dōTERRA Lifelong Vitality Pack® automatically each month? Would you like to earn free product every time you place an order? The dōTERRA Loyalty Rewards Program (LRP) provides a convenient way to receive an automatic monthly order of your favorite dōTERRA products delivered directly to your home. Each month you participate in the Loyalty Rewards Program, you earn an increasing number of LRP credits that can be used as cash to purchase product—earn up to 30 percent on qualified LRP orders! You can change the products in your monthly order or cancel your LRP agreement at any time without obligation. Talk to the Wellness Advocate who gave you this product guide or call 1-800-411-8151 for more complete program information.

# dōTERRA®

**CPTG** Certified Pure Therapeutic Grade®

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