

Frankincense

Boswellia Essential Oil 15 ml

dōTERRA® | EUROPE

PRODUCT INFORMATION PAGE



Plant Part: Resin from *Boswellia carterii*, *frereana*, and *sacra*

Extraction Method: Steam distillation

Aromatic Description: Warm, spicy, clean

Main Chemical Components: α -pinene, limonene, α -thujene

PRIMARY BENEFITS

- Promotes clear, smooth skin and reduces the appearance of blemishes
- Warm, clean aroma promotes feelings of relaxation
- Promotes healthy cellular function

Frankincense

Boswellia Essential Oil 15 ml

Part Number: 60204661

Wholesale: 60,00 € / 75 PV

£47.50 / 74.50 PV

PRODUCT DESCRIPTION

Renowned as one of the most prized and precious essential oils, Frankincense has extraordinary health benefits. In addition to its notoriety in the New Testament, the Babylonians and Assyrians would burn Frankincense in religious ceremonies and the ancient Egyptians used Frankincense resin for everything from perfume to salves for soothing skin. This centuries-old knowledge contributes to the modern uses of Frankincense today. Its soothing and beautifying properties are used to rejuvenate and soothe the skin.

USES

- Rub Frankincense on your hands after a long day of gardening for a warming and soothing effect.
- Apply topically to help reduce the appearance of skin imperfections.
- Rub Frankincense on your hands after a long day of gardening for a warming and soothing effect.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Food additive: Dilute one drop in 125 ml of liquid.

Topical use: For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

