

# dōTERRA Forgive™

Renewing Blend 5 ml

dōTERRA® | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Gum Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, Citronella Herb

**Aromatic Description:** Herbaceous, fresh, woody

## PRIMARY BENEFITS

- Promotes feelings of contentment, relief, and patience
- Provides a soothing and calming effect on emotions

### dōTERRA Forgive™

Renewing Blend 5 ml

Part Number: 31750001

Wholesale: £14.00 / 22 PV

20 € / 22 PV

## PRODUCT DESCRIPTION

Are you carrying a burden that grows heavier with time? When you are ready to move forward, dōTERRA Forgive of tree and herb essential oils will help you discover the liberating action of forgiving, forgetting, and moving on. When you incorporate the aromatic benefits of Forgive into your journey of forgiveness, you will find a greater strength to press forward and leave the past in the past. Start each of your tomorrows relieved and content with Forgive Renewal Blend.

## USES

- Apply to pulse points and heart to feel grounded and content.
- Have dōTERRA Forgive on hand throughout the day.
- Use Forgive during meditation to help replace negative feelings with healthy, positive ones.

## DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of your choice.

**Topical use:** For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

