

# dōTERRA Console™

Skin Care Oil 5 ml

dōTERRA® | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Frankincense Resin, Patchouli Leaf, Ylang Ylang Flower, Labdanum Twig/Stem, Amyris Bark, Sandalwood Wood, Rose Flower, Osmanthus Flower

**Aromatic Description:** Sweet, musky, floral

## PRIMARY BENEFITS

- Promotes feelings of comfort and hope

### dōTERRA Console™

Skin Care Oil 5 ml

Part Number: 31730001

Wholesale: £25.00 / 39 PV

36,00 € / 40 PV



## PRODUCT DESCRIPTION

Part of the dōTERRA Essential Aromatics™ System, dōTERRA Console was designed to help promote feelings of comfort and hope. Console's blend of floral and tree essential oil is one of six oils in the Aromatics System intended to soothe and manage emotions. When used in combination with other oils in the System, Console helps promote overall well-being and emotional stability.

## USES

- Apply over the heart morning and night as a reminder to be patient with healing and to think positive thoughts.
- Place a few drops of the blend on your shirt collar or scarf to keep the scent with you as you go about your day.
- Place a drop or two on your yoga mat and enjoy the comforting aroma while you stretch, breathe, and pose.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.