

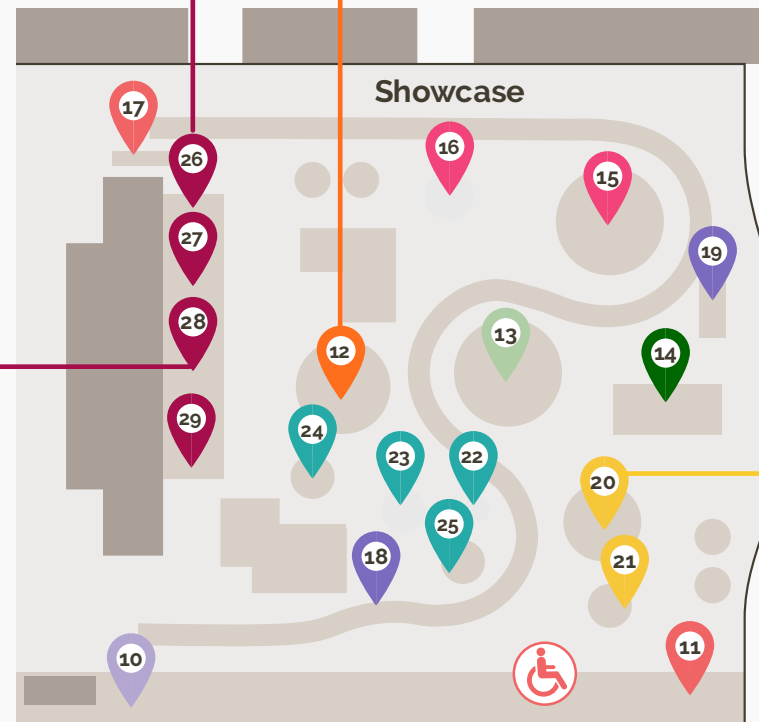
# Day 1 Workshop Schedules

## 12 Move

Kimberly LaHaye	<b>Movement Exploration</b>	1:20PM - 1:50PM
Dan & Simona Oros	<b>Posture Training</b>	2:30PM - 3:00PM
Illa Graw	<b>Recovery &amp; Relief</b>	3:30PM - 4:00PM

## 28 TERRAtalks™

Laura van de Vorst & Merel Lindenburg	<b>Happy Hormones Workshop</b>	2:00PM - 2:30PM
Elena Bobodzhonova	<b>Breathing Workshop</b>	3:00PM - 3:30PM
Eva DeMarchi	<b>Essential Oil Layering</b>	4:00 PM - 4:30PM



## 26 Create

Eva DeMarchi	<b>Create Your Own Pure-fume</b>	1:30PM - 2:00PM
Eva DeMarchi	<b>Create Your Own Pure-fume</b>	2:30PM - 3:00PM
Janine Henkel	<b>DIY Workshop: Self-care Essentials</b>	3:30PM - 4:00PM
Janine Henkel	<b>DIY Workshop: Self-care Essentials</b>	4:15PM - 4:45PM



## 20 Self-care

Tanja Daniels	<b>AromaTouch Benefits &amp; Demonstration</b>	2:00PM - 2:45PM
Adilia Parreira	<b>Rest, Sleeping &amp; Self-care</b>	3:00PM - 3:30PM
Silja Mahlow	<b>Grounding Session with NEW Product</b>	4:00PM - 4:30 PM



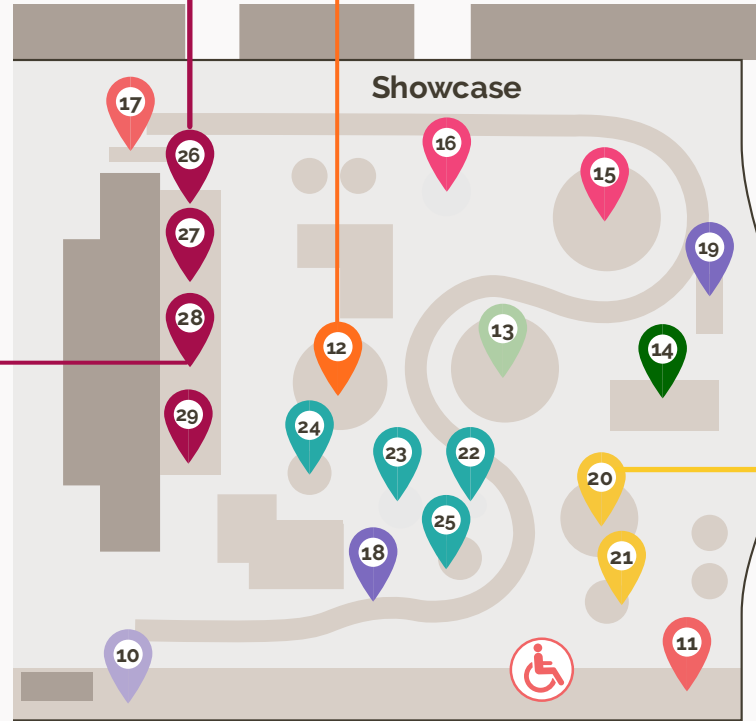
# Day 2 Workshop Schedules

## 12 Move

Tim Van der Meij	<b>Recovery &amp; Relief</b>	2:00pm – 2:30pm
Rosalia Stellaci	<b>Posture Training</b>	2:45pm – 3:15pm

## 28 TERRAtalks™

Erik Parronchi, Aşık Süreyya Yıldırım, Valfredo Raymo, Plamen Nikolov	<b>Sourcing Q&amp;A</b>	1:20pm – 1:50pm
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## 26 Create

Eva DeMarchi	<b>Create Your Own Pure-fume</b>	1:15pm – 1:45pm
Eva DeMarchi	<b>Create Your Own Pure-fume</b>	2:00pm – 2:30pm
Eva DeMarchi	<b>Create Your Own Pure-fume</b>	2:45pm – 3:15pm

## 20 Self-care

Eleonora Pellegrino	<b>AromaTouch Benefits &amp; Demonstration</b>	1:20pm – 2:05pm
Natalia Toropovska	<b>Rest, Sleeping &amp; Self-care</b>	2:15pm – 2:40pm
Kinga Duszynska	<b>Grounding Session with NEW Product</b>	2:50pm – 3:15pm

