

Showcase Areas, Workshops & TERRAtalks Agenda

Explore immersive **workshops and talks, plus exclusive areas and stands!** Grab your Bē Passport, fly through the dōTERRA Universe, uncover things you never knew, and take away knowledge that makes you stronger.

Katowice International Congress Centre (ICC)

Agenda information is approximate and may be subject to change depending on schedule progression or delays.

Attendees must wear their event badge at all times.

Friday 29 May

12:30–16:30	New Product Tasting! Try a delicious new supplement.	 Bē Renewed Area	14:00–15:00: Ask Alexandra Nitsche any questions!
13:30–14:30	EO Mega™+ Area Explore the EO Mega™+ products at leisure.	 Bē Strong Area	Emilie Bell Director of Strategic Sourcing
14:30–15:00	Move, Breathe, Feel Reset with this session that blends yoga & meditation.		Alina Stadelmann Silver
15:30–16:00	Beautyrobics - Feminine Strength & Radiance in Motion A moderate-intensity class mixing dance, posture and movement.		Bernadett Nemeshazi Platinum
13:00–13:30	Sound Bath A serene meditative session to embrace powerful vibrations. <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>	 Bē Whole Area	Catalina Cirstea Platinum
14:00–14:45	AromaTouch Technique™ A powerful, educational demonstration with certified Trainer Izabela! <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>		Izabela Zalewska Platinum
15:30–16:15	AromaTouch Technique™ Explore the true power of the Technique with certified Trainer, Marco! <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>		Marco Petrollini Blue Diamond
13:00–14:00	New Product Education Area Explore a new product at your own pace.	 Bē Well Area	13:00–14:00: Ask Dr Scott Johnson any questions!
15:00–16:00			Ivan Mitev Director of Finance and Operations, Bulgaria
14:30–15:00			Anne Marit Nygård Diamond Jon Erik Kvamme Diamond
15:15–15:45	Daily Reset An in-depth workshop for everyday wellness tips.	 Auditorium	Kathrin & Felix Lösch Diamond
16:00–16:30			Laura Babos Diamond

Saturday 30 May

10:00–11:00	EO Mega™+ Area Explore the EO Mega™+ products at leisure.		Nikos Katsouris, Katerina Koveou Home For All
10:00–10:30	Be Your Move, Be Your Power Shake your body awake and welcome energy!	 Bē Strong Area	Ursula Philomena Breitenhuber Gold
11:30–12:00	Flexibility & Mobility A low-impact session mixing flexibility, breathwork and mobility.		Krisztina Tóth Elite
12:30–13:00	DanceFLOW A playful, free-movement dance session to energise body and mind!		Mādhavi Ehrhardt Blue Diamond
09:30–10:00	Sound Bath A serene meditative session to embrace powerful vibrations. <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>	 Bē Whole Area	Catalina Cirstea Platinum
10:30–11:15	AromaTouch Technique™ Explore the true power of the Technique with certified Trainer, Sabrina! <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>		Sabrina Petrollini Blue Diamond
12:00–12:45	AromaTouch Technique™ Watch, learn and practice the Technique with certified Trainer Illa! <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>		Illla Graw Platinum
11:00–12:00	New Product Education Area Explore education about a new product at your own pace.	 Bē Renewed Area	Ask Dr Russell Osguthorpe any questions!
09:30–10:00	Daily Reset An in-depth workshop for everyday wellness tips.	 Auditorium	Ionela Maria Scridon Diamond <i>09:30 session hosted in English only; no translation services available.</i>
10:30–11:00			Marysia Szmatala-Cerne Platinum
11:30–12:00			Franco Timpani and Mimma Di Cecco Diamonds, Italy Founders