

## Showcase Areas, Workshops & TERRAtalks Agenda

Explore immersive **workshops and talks, plus exclusive areas and stands!** Grab your Bē Passport, fly through the dōTERRA Universe, uncover things you never knew, and take away knowledge that makes you stronger.

**Katowice International Congress Centre (ICC)**

*Agenda information is approximate and may be subject to change depending on schedule progression or delays.*

**Attendees must wear their event badge at all times.**

### Friday 29 May

12:30–16:30	<b>New Product Tasting!</b> Try a delicious new supplement.	 Bē Renewed Area	14:00–15:00: Ask <b>Alexandra Nitsche</b> any questions!
13:30–14:30	<b>EO Mega™+ Area</b> Explore the EO Mega™+ products at leisure.	 Bē Strong Area	<b>Emilie Bell</b>   Director of Strategic Sourcing
14:30–15:00	<b>Move, Breathe, Feel</b> Reset with this session that blends yoga & meditation.		<b>Alina Stadelmann</b>   Silver
15:30–16:00	<b>Beautyrobics - Feminine Strength &amp; Radiance in Motion</b> A moderate-intensity class mixing dance, posture and movement.		<b>Bernadett Nemeshazi</b>   Platinum
13:00–13:30	<b>Sound Bath</b> A serene meditative session to embrace powerful vibrations. <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>	 Bē Whole Area	<b>Catalina Cirstea</b>   Platinum
14:00–14:45	<b>AromaTouch Technique™</b> A powerful, educational demonstration with certified Trainer Izabela! <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>		<b>Izabela Zalewska</b>   Platinum
15:30–16:15	<b>AromaTouch Technique™</b> Explore the true power of the Technique with certified Trainer, Marco! <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>		<b>Marco Petrollini</b>   Blue Diamond
13:00–14:00	<b>New Product Education Area</b> Explore a new product at your own pace.	 Bē Well Area	13:00–14:00: Ask <b>Dr Scott Johnson</b> any questions!
15:00–16:00			<b>Ivan Mitev</b>   Director of Finance and Operations, Bulgaria
14:30–15:00			<b>Anne Marit Nygård</b>   Diamond <b>Jon Erik Kvamme</b>   Diamond
15:15–15:45	<b>Daily Reset</b> An in-depth workshop for everyday wellness tips.	 Auditorium	<b>Kathrin &amp; Felix Lösch</b>   Diamond
16:00–16:30			<b>Ramona &amp; Razvan Andreescu</b>   Diamond

## Saturday 30 May

10:00–11:00	<b>EO Mega™+ Area</b> Explore the EO Mega™+ products at leisure.		<b>Nikos Katsouris, Katerina Koveou</b>   Home For All
10:00–10:30	<b>Be Your Move, Be Your Power</b> Shake your body awake and welcome energy!	 Bē Strong Area	<b>Ursula Philomena Breitenhuber</b>   Gold
11:30–12:00	<b>Flexibility &amp; Mobility</b> A low-impact session mixing flexibility, breathwork and mobility.		<b>Krisztina Tóth</b>   Elite
12:30–13:00	<b>DanceFLOW</b> A playful, free-movement dance session to energise body and mind!		<b>Mādhavi Ehrhardt</b>   Blue Diamond
09:30–10:00	<b>Sound Bath</b> A serene meditative session to embrace powerful vibrations. <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>	 Bē Whole Area	<b>Catalina Cirstea</b>   Platinum
10:30–11:15	<b>AromaTouch Technique™</b> Explore the true power of the Technique with certified Trainer, Sabrina! <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>		<b>Sabrina Petrollini</b>   Blue Diamond
12:00–12:45	<b>AromaTouch Technique™</b> Watch, learn and practice the Technique with certified Trainer Illa! <i>Booking required. Registration exclusively via the dedicated WhatsApp channel.</i>		<b>Illia Graw</b>   Platinum
11:00–12:00	<b>New Product Education Area</b> Explore education about a new product at your own pace.	 Bē Renewed Area	Ask <b>Dr Russell Osguthorpe</b> any questions!
09:30–10:00			<b>Ionela Maria Scridon</b>   Diamond
10:30–11:00	<b>Daily Reset</b> An in-depth workshop for everyday wellness tips.	 Auditorium	<b>Marysia Szmatala-Cerne</b>   Platinum
11:30–12:00			<b>Franco Timpani and Mimma Di Cecco</b>   Diamonds, Italy Founders