



dōTERRA | EUROPE  
CONVENTION 2026

# Convention Agenda

Prepare for two magical days filled with passion and all-things wellness! Be daring, be unstoppable, be fearless and be outstanding at our largest European event of 2026...

<b>Spodek Arena</b>	<b>Katowice International Congress Centre (ICC)</b>
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*Agenda information is approximate and may be subject to change depending on schedule progression or delays.*

## Wednesday 27 May

14:00–18:00	<b>Registration</b> <i>(Recommended for Empowerment Day attendees)</i> ICC – Foyer
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## Thursday 28 May

08:30–11:30	<b>Registration</b> <i>(Empowerment Day attendees only)</i> ICC – Foyer
10:00–17:00	<b>Empowerment Day</b> Spodek Arena
11:30–19:00	<b>Registration</b> <i>(Convention attendees)</i> ICC – Foyer
13:00–19:00	<b>Shop</b> <i>(Merchandise only)</i> ICC – Ballrooms

**Family Lounge:** 09:00–17:00

Spodek Arena – Family Lounge

## Friday 29 May

08:00–10:00	<b>Registration</b> <i>(Exceptionally limited)</i> ICC – Foyer
08:00–10:00	<b>Shop</b> <i>(Merchandise only)</i> ICC – Ballrooms
09:30–12:30	<b>General Session</b> Spodek Arena   Doors Open 08:30 <ul style="list-style-type: none"> <li>• <b>David Stirling</b>   Founding Executive &amp; CEO</li> <li>• <b>Dr Russell Osguthorpe</b>   Chief Medical Officer</li> <li>• <b>Dr Scott Johnson</b>   Director, Research Substantiation</li> <li>• <b>Mihaela Oprea</b>   Managing Director of Leadership Experience</li> <li>• <b>Michael Schluchter</b>   Managing Director of Business Operations</li> <li>• <b>Alexandra Nitsche</b>   MD, Representative of SMEC Europe</li> <li>• <b>Olga Mazur</b>   Senior Product Manager – EMEA</li> <li>• <b>Angela Kersten</b>   Presidential Diamond, Germany Founder</li> </ul>
12:30–16:30	<b>Showcase, Workshops &amp; TerraTALKS</b> <ul style="list-style-type: none"> <li>• <b>Showcase &amp; Workshops:</b> 12:30–16:30   ICC – Foyer</li> <li>• <b>TerraTALKS:</b> 14:30–16:30   ICC – Auditorium</li> </ul> <a href="#">Click here</a> for workshops and TerraTALKS agenda.
12:30–17:00	<b>Convention Kit Collection</b> <i>(Click &amp; Collect)</i> ICC – Convention Kit Collection Collect your Convention Kit from the <b>Convention Kit Collection</b> area.
12:30–17:00	<b>Shop</b> <i>(Merchandise &amp; Oil Products)</i> ICC – Ballrooms
19:30–23:30	<b>Celebration Evening</b> Spodek Arena   Doors Open 19:00

### Lounges

- **Family Lounge** (Spodek Arena): 09:00–16:30 | 19:00–23:30
- **Lavender Lounge** (ICC Conference Rooms): 12:30–16:30 (Blue Diamonds & above, and Convention speakers only)

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## Saturday 30 May

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09:00–13:30

### Showcase, Workshops & TerraTALKS

- **Showcase & Workshops:** 09:00–13:30 | ICC – Foyer
  - **TerraTALKS:** 09:30–12:00 | Auditorium
- [Click here](#) for workshops and TerraTALKS agenda.

09:15–12:30  
(Doors Open 08:45)

### Morning Sessions with Dr Mariza Snyder

- **A Morning with Dr Mariza Snyder:** 09:15–10:00 | Spodek Arena
- **Dr Mariza Snyder Book Signing:** 11:30–12:30 | Showcase Area Foyer

09:00–16:00

### Convention Kit Collection (*Click & Collect*)

ICC – Convention Kit Collection  
Collect your Convention Kit from the **Convention Kit Collection** area.

09:00–16:00

### Shop (*Merchandise & Oil Products*)

ICC – Ballrooms

14:00–17:00

### General Session

Spodek Arena | Doors Open 13:30

- **David Stirling** | Founding Executive & CEO
- **Mark Wolfert Jr.** | Vice President, Europe
- **Murray Smith** | President
- **Dr Russell Osguthorpe** | Chief Medical Officer
- **Mihaela Oprea** | Managing Director of Leadership Experience
- **Daniela Huelsen** | Double Diamond, Germany Founder
- **Elena Doandes** | Blue Diamond, Romania & Moldova Founder
- **Anastassia Lempert** | Diamond
- **Ionut Nitulescu** | Diamond
- **Emilie Bell** | Director of Strategic Sourcing
- **Nikos Katsouris & Katerina Koveou** | Founders, Home For All

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