



dōTERRA | EUROPE
CONVENTION 2026

Convention Agenda

Prepare for two magical days filled with passion and all-things wellness! Be daring, be unstoppable, be fearless and be outstanding at our largest European event of 2026...

Spodek Arena	Katowice International Congress Centre (ICC)
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Agenda information is approximate and may be subject to change depending on schedule progression or delays.

Wednesday 27 May

14:00–18:00	Registration <i>(Recommended for Empowerment Day attendees)</i> ICC – Foyer
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Thursday 28 May

08:30–11:30	Registration <i>(Empowerment Day attendees only)</i> ICC – Foyer
10:00–17:00	Empowerment Day Spodek Arena
11:30–19:00	Registration <i>(Convention attendees)</i> ICC – Foyer
13:00–19:00	Shop <i>(Merchandise only)</i> ICC – Ballrooms

Family Lounge: 09:00–17:00

Spodek Arena – Family Lounge

Friday 29 May

08:00–10:00	Registration <i>(Exceptionally limited)</i> ICC – Foyer
08:00–10:00	Shop <i>(Merchandise only)</i> ICC – Ballrooms
09:30–12:30	General Session Spodek Arena Doors Open 08:30 <ul style="list-style-type: none"> • David Stirling Founding Executive & CEO • Dr Russell Osguthorpe Chief Medical Officer • Dr Scott Johnson Director, Research Substantiation • Mihaela Oprea Managing Director of Leadership Experience • Michael Schluchter Managing Director of Business Operations • Alexandra Nitsche MD, Representative of SMEC Europe • Olga Mazur Senior Product Manager – EMEA • Angela Kersten Presidential Diamond, Germany Founder
12:30–16:30	Showcase, Workshops & TERRAtalks <ul style="list-style-type: none"> • Showcase & Workshops: 12:30–16:30 ICC – Foyer • TERRAtalks: 14:30–16:30 ICC – Auditorium Click here for workshops and TERRAtalks agenda.
12:30–17:00	Convention Kit Collection <i>(Click & Collect)</i> ICC – Convention Kit Collection Collect your Convention Kit from the Convention Kit Collection area.
12:30–17:00	Shop <i>(Merchandise & Oil Products)</i> ICC – Ballrooms
19:30–23:30	Celebration Evening Spodek Arena Doors Open 19:00

Lounges

• **Family Lounge** (Spodek Arena): 09:00–16:30 | 19:00–23:30

• **Lavender Lounge** (ICC Conference Rooms): 12:30–16:30 (Blue Diamonds & above, and Convention speakers only)

Saturday 30 May

09:00–13:30

Showcase, Workshops & TERRAtalks

- **Showcase & Workshops:** 09:00–13:30 | ICC – Foyer
 - **TERRAtalks:** 09:30–12:00 | Auditorium
- [Click here](#) for workshops and TERRAtalks agenda.

09:15–12:30
(Doors Open 08:45)

A Morning with Dr Mariza Snyder

- 09:15–10:00 | Spodek Arena

09:00–16:00

Convention Kit Collection *(Click & Collect)*

ICC – Convention Kit Collection
Collect your Convention Kit from the **Convention Kit Collection** area.

09:00–16:00

Shop *(Merchandise & Oil Products)*

ICC – Ballrooms

14:00–17:00

General Session

Spodek Arena | Doors Open 13:30

- **David Stirling** | Founding Executive & CEO
- **Mark Wolfert Jr.** | Vice President, Europe
- **Murray Smith** | President
- **Dr Russell Osguthorpe** | Chief Medical Officer
- **Mihaela Oprea** | Managing Director of Leadership Experience
- **Daniela Huelsen** | Double Diamond, Germany Founder
- **Elena Doandes** | Blue Diamond, Romania & Moldova Founder
- **Anastassia Lempert** | Diamond
- **Ionut Nitulescu** | Diamond
- **Emilie Bell** | Director of Strategic Sourcing
- **Nikos Katsouris & Katerina Koveou** | Founders, Home For All

Lounges

- **Family Lounge** (Spodek Arena): 09:00–17:00
 - **Lavender Lounge** (ICC Conference Rooms): 09:00–13:30 (Blue Diamonds & above, and Convention speakers only)
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