

# ZenGest™ Softgels

Food Supplement with Peppermint, Ginger,  
Caraway and Anise Essential Oils

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Extra virgin olive (*Olea europaea*) fruit oil, Modified corn starch, Humectant (Glycerol), Peppermint (*Mentha piperita*) plant oil, Ginger (*Zingiber officinale*) root oil, Bulking Agent (Maltitol), Water, Thickener (Carrageenan), Caraway (*Carum carvi*) seed oil, Flavours: Star Anise (*Illicium verum*) fruit/seed oil, Coriander (*Coriandrum sativum*) seed oil, Fennel (*Foeniculum vulgare*) seed oil, Tarragon (*Artemisia dracunculus*) plant oil

## PRIMARY BENEFITS

- Easy and convenient way to consume Zengest Supportive Blend, the oil blend you know and trust.
- Each vegetarian softgel contains 120 mg of ZenGest.
- Contains a unique combination of Ginger, Peppermint, Caraway, Anise, Coriander, Tarragon, and Fennel.
- Aids in offering soothing relief.

## PRODUCT DESCRIPTION

dōTERRA ZenGest Softgels are a convenient and easy way to obtain the benefits of dōTERRA ZenGest Supportive Blend. Each vegetarian softgel contains 120 mg of ZenGest, the oil blend you know and trust. ZenGest proprietary blend contains a unique combination of Ginger, Peppermint, Caraway, Anise, Coriander, Tarragon, and Fennel to aid in offering soothing relief. ZenGest Softgels are a must-have for individuals and families who are on-the-go!

## USES

- Although a wonderful addition to your routine, food supplements must not replace a varied and balanced diet and healthy lifestyle.
- Read all caution and warning statements before use.
- Do not exceed the recommended serving size.

## DIRECTIONS FOR USE

Take 1 softgel daily.

## CAUTIONS

Keep out of reach of children. Do not exceed recommended daily dose. Food supplements must not replace a varied and balanced diet and healthy lifestyle. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Store in a cool, dry place.

