



**Ingredients:** Anise Seed, Peppermint Plant, Ginger Rhizome/Root, Caraway Seed, Coriander Seed, Tarragon Plant, and Fennel Seed essential oils

## PRIMARY BENEFITS

- Unique blend of Ginger, Peppermint, Caraway and Fennel essential oils.

## PRODUCT DESCRIPTION

This unique blend with Ginger, Peppermint, Caraway and Fennel essential oils is beneficial for stomach discomfort. A must-have oil on-the-go or at home!

## USES

- Add 1-2 drops to water or tea after large or heavy meals.
- Add 1-2 drops to water or tea before flying or taking a road trip.
- Take ZenGest when travelling or on-the-go for convenient support at a moment's notice.

## DIRECTIONS FOR USE

For food flavouring.

## CAUTIONS

Only use diluted. Take no more than one drop per day. Keep out of reach of children. Keep out of eyes and mucosa.

