



**Ingredients:** Peppermint Oil, Coriander Oil, Ginger Oil, Caraway Oil, Cardamom Oil, Fennel Oil, Star Anise Fruit Oil.

## PRIMARY BENEFITS

- Developed with Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel and Star Anise essential oils.
- A key dōTERRA essential to use ahead of long car journeys.

## PRODUCT DESCRIPTION

Experience comfort around the clock with ZenGest. This unique blend features Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, and Star Anise essential oils known to be beneficial for stomach discomfort. A must-have oil on-the-go or at home, enjoy peace of mind at any hour with ZenGest Supportive Blend.

## USES

- Add 1-2 drops to water or tea after large or heavy meals.
- Add 1-2 drops to water or tea before flying or taking a road trip.
- Take ZenGest when travelling or on-the-go for convenient support at a moment's notice.

## DIRECTIONS FOR USE

For food flavouring.

## CAUTIONS

Only use diluted. Take no more than one drop per day. Keep out of reach of children. Keep out of eyes and mucosa.

