

# Tulsi (Holy Basil)

*Ocimum sanctum* 5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



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## PRIMARY BENEFITS

- Calming, relaxing properties.
- May support the appearance of healthy skin.
- Blends well with Clary Sage, Geranium and Neroli essential oils.

## PRODUCT DESCRIPTION

This small, green, bushy shrub has lavender-hued flowers and is a member of the mint family. Native to Southeast Asia, Tulsi, sometimes referred to as Holy Basil, has a history within Indian health practices as a natural solution for many conditions. Tulsi means “the incomparable one” and is considered “Queen of the Herbs”. Reminiscent of freshly cut basil with a hint of clove, the warm, sweet aroma of Tulsi creates an engaging atmosphere. It is traditionally used around the world as part of rituals and protection in many cultures.

## USES

- Add one drop to your facial cleanser or lotion as part of your skin care routine.
- Apply topically to help keep the appearance of skin clean and healthy.

## DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears and sensitive areas.

