



**Ingredients:** Cocos Nucifera (Coconut) Oil, Mentha Spicata Flower/Leaf/Stem Oil, Mentha Canadensis Leaf/Stem Oil, Zingiber Officinale (Ginger) Root Oil, Piper Nigrum (Pepper) Fruit Oil, Petroselinum Crispum (Parsley) Seed Oil, Limonene\*

### PRIMARY BENEFITS

- Calming aroma may help to provide targeted comfort when you need it the most
- Provides a soothing abdominal massage
- Diluted with dōTERRA Fractionated Coconut Oil, making this blend ideal for kids and those with sensitive skin
- Easily apply to targeted areas with the convenient roll-on applicator

### PRODUCT DESCRIPTION

Whether you're near or far from home, Tamer Digestive Blend is a must-have blend to have on hand! Tamer contains the unique benefits of CPTG essential oils such as Spearmint, Japanese Peppermint, and Ginger in a base of dōTERRA Fractionated Coconut Oil. Together these oils help to provide comfort after eating a large meal. Tamer, part of the dōTERRA Kids Collection, is ideal for both children and adults.

### USES

- Keep Tamer Digestive Blend on hand in your purse, briefcase or child's backpack
- Have on hand when flying or travelling for convenient support at a moment's notice
- Enjoy a soothing abdominal massage with Tamer

### DIRECTIONS FOR USE

For topical use only. Roll on to skin for perfuming and skin care or massage. Intended for use with adult supervision.

### CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.



\*Naturally occurring oil compounds