

dōTERRA SuperMint™

Mint Essential Oil Blend 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Peppermint Oil, Japanese Mint Oil, Bergamot Mint Oil, Spearmint Oil.

PRIMARY BENEFITS

- A combination of Peppermint, Japanese Mint, Bergamot Mint and Spearmint essential oils.
- Adds a minty boost to sweet or savoury recipes to enliven the taste and sense.
- A herbal fusion of flavours for a powerful, refreshing blend.
- May help to freshen breath with its cooling sensation and offer minor comfort after large meals.

PRODUCT DESCRIPTION

SuperMint™ is formulated with dōTERRA's finest mint oils for a super fusion blend that is crisp, clean and compelling. Its minty, herbal and sweet aroma brings together CPTG™ Peppermint, Japanese Mint, Bergamot Mint and Spearmint essential oils to create a powerfully refreshing blend. When infused in sweet or savoury recipes, it adds a minty boost to enliven the taste and senses. Menthol – known for its cooling sensation – makes it ideal to add to a glass of water to help freshen breath and offer minor comfort after large meals.

USES

- Add one drop to sweet dishes such as homemade biscuits or cookies.
- Try adding one drop to tea, hot chocolate or fruit-filled smoothies.
- Create your own ice cubes using SuperMint and lemonade.
- Add a drop of SuperMint with Clove to a toothbrush for a minty, spicy mouth rinse.

DIRECTIONS FOR USE

For food flavouring.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with face, eyes, inner ears and sensitive areas.

