Sandalwood
*Santalum album* 5 ml

**PRODUCT DESCRIPTION**
Indian Sandalwood is highly valued in incense and used during meditation practices all over the world to increase mindfulness. Like Hawaiian Sandalwood, Indian Sandalwood imparts a sense of well-being and has a beneficial effect on mood. Combine Sandalwood with other essential oils, like Lavender and Wild Orange, and massage into the skin to help promote calm and relaxed feelings.

**USES**
- Apply one to two drops to wet hair to help restore moisture and give hair a silky shine.
- Add two drops to a hot bath to promote relaxation.
- Apply two drops to a steam facial to help skin feel nourished and rejuvenated.
- Mix Sandalwood, Pepermint and Melaleuca in a DIY Shaving Cream.

**ENHANCE MEDITATION**
Indian Sandalwood has powerful mood-enhancing and grounding properties. Historically it is highly valued in incense and used during meditation practices all over the world to increase mindfulness. When applied topically, Sandalwood may impart a sense of well-being and may have a beneficial effect on mood. Incorporate Sandalwood into your daily meditation and yoga practice!

**DIRECTIONS FOR USE**
**Topical:** For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

**CAUTIONS**
Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas.