# Red Mandarin

Citrus nobilis 5 ml

## dōTERRA EUROPE

PRODUCT INFORMATION PAGE



### PRIMARY BENEFITS

- Makes a wonderful, sweet addition to a glass of water, fruit salad or smoothie.
- Blends well with Basil, Bergamot, Cardamom, Cassia, Cinnamon Bark, Clove, Grapefruit, Lemon, Lime and Wild Orange essential oils.
- Mandarin fruit is one of the most popular citrus fruits.

#### PRODUCT DESCRIPTION

Also known as Tangor and Temple Orange, Red Mandarin has a sweet, citrusy and slightly floral aroma similar to that of an orange. The peel of the mandarin fruit is used to make three different essential oils: Green Mandarin, Yellow Mandarin and Red Mandarin. Red Mandarin essential oil comes from the most ripe mandarin fruit. Like many other citrus oils, Red Mandarin essential oil is a by-product of the fresh fruit industry. Mandarin fruit that cannot be sold to the fresh market, because of bruising or other aesthetic deficiencies, is pressed for both juice and essential oil. Red Mandarin is said to be the sweetest of all citrus oils and blends well with many different essential oils.

#### USES

- Use in your water throughout the day for enhanced flavour.
- · Add to your morning smoothie or yoghurt.
- Use in a variety of desserts and savoury dishes.

#### **DIRECTIONS FOR USE**

For food flavouring.

#### **CAUTIONS**

Only use diluted. Take no more than one drop per day. Keep out of reach of children. Keep out of eyes and mucosa. In case of skin contact, avoid UV exposure for up to 12 hours.

