

Ravintsara

Cinnamomum camphora 5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



CPTG™

PRIMARY BENEFITS

- Great addition to any morning meditation routine.
- Combines well with essential oils like Roman Chamomile, Copaiba, Eucalyptus or Frankincense.
- Has a mild aroma, similar to Eucalyptus and camphor.

PRODUCT DESCRIPTION

Ravintsara, not to be confused with Ravensara, is derived from the leaves of *Cinnamomum camphora*. Although Ravintsara and Ravensara are both members of the laurel family, Ravintsara is milder and similar to Eucalyptus and camphor. Combine with essential oils like Roman Chamomile, Copaiba, Eucalyptus or Frankincense. Or, incorporate into your favourite dōTERRA moisturiser for calming benefits!

USES

- Dilute in a carrier oil as part of a relaxing massage.
- Add one to two drops to a soothing Epsom salts bath.

DIRECTIONS FOR USE

For massage, mix 5 drops with \approx 10 ml carrier oil. For bath, mix 5 drops with \approx 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas.

