

Peppermint Touch

Mentha piperita 10 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



PRIMARY BENEFITS

- Invigorates and enlivens the senses.
- Convenient touch format is perfect for travelling and on-the-go.
- The main chemical component in Peppermint oil is menthol which contributes to the soothing and cooling effect of Peppermint oil.

PRODUCT DESCRIPTION

dōTERRA Peppermint Touch combines Peppermint essential oil and Fractionated Coconut Oil to provide a multitude of topical benefits. Its minty, fresh scent can be used topically throughout the day to uplift mood and promote a sense of focus. Peppermint Touch is also a wonderful addition to massage because of the soothing and cooling sensation it provides.

USES

- Apply when studying or when waking for a refreshing morning boost.
- Massage oil onto skin for a cooling sensation.
- Use with Lavender and Frankincense for a soothing massage.
- Apply before attending outdoor events.

PEPPERMINT MASSAGE

The soothing components found in Peppermint oil make it a desirable oil for massage. Try adding Peppermint Touch to your massage experience! Enjoy the pleasurable, cooling feelings it brings while you immerse yourself in its sweet, relaxing aroma. A great massage companion to Peppermint is Lavender. This combination will produce optimal soothing feelings that will add value to any massage!

DIRECTIONS FOR USE

For topical use only. Roll on to skin for perfuming and skin care or massage.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

