

Patchouli

Pogostemon cablin 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



CPTG™

PRIMARY BENEFITS

- Can be used frequently to help soothe and cleanse the skin.
- Patchouli oil may promote feelings of calmness.

PRODUCT DESCRIPTION

Easily recognised for its rich, musky-sweet fragrance, Patchouli is regularly used in the perfume industry as well as in scented products like laundry detergents and air fresheners. Patchouli essential oil is beneficial to the skin in many ways. It may also help to cleanse and soothe the skin. Additionally, the fragrance of Patchouli may help promote feelings of calmness.

USES

- Blend with other essential oils for a sweet-smelling, musky perfume or cologne.
- Combine with equal parts Peppermint oil and apply to the forehead, temples, or back of the neck after a long day of work.
- Combine with Vetiver and apply to the bottoms of feet to help promote feelings of calmness.

ENHANCE YOUR ROUTINE

Patchouli oil is great for skincare and can be used frequently to help enhance the appearance of skin. To experience the skin benefits of Patchouli, add a few drops of Patchouli essential oil to your daily moisturiser or apply one to two drops directly to your skin. Using Patchouli oil will promote a glowing complexion and help your problem skin areas.

DIRECTIONS FOR USE

Topical: For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid contact with eyes, inner ears, and sensitive areas.

