

# Palmarosa

*Cymbopogon martinii* 5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Cymbopogon Martinii Oil, Alpha-Terpinene\*, Benzaldehyde\*, Beta-Caryophyllene\*, Citral (Citral), Eugenol, Farnesol\*, Geraniol\*, Geranyl Acetate\*, Limonene\*, Linalool\*, Linalyl Acetate\*, Menthol\*, Pinene\*, Terpeneol\*, Terpinolene\*

## PRIMARY BENEFITS

- Soft and floral aroma.
- Nourishes and promotes youthful-looking skin.
- Provides a comforting, yet stimulating experience when used in massage.
- Contains a high percentage of geraniol, which is one of the same primary components in Rose essential oil.

## PRODUCT DESCRIPTION

Palmarosa essential oil has a bright aroma with sweet and floral notes. Native to Southeast Asia, palmarosa comes from the same family of grasses as lemongrass and citronella. It can grow up to 3 metres tall before it is harvested, dried and steam distilled to create Palmarosa essential oil. The essential oil contains a high percentage of geraniol, which is one of the same primary aroma constituents in Rose essential oil. With its abilities to promote youthful-looking skin, Palmarosa often finds a place in skin care routines.

## USES

- Dilute in a carrier oil as part of a relaxing massage.
- Add one to two drops to a soothing Epsom salts bath.
- Combine with your favourite dōTERRA moisturiser or cleanser to give your skin a youthful look.

## DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

## ADDITIONAL INFORMATION

Batch number can be found on product.

Period after opening is 12 months.

Expiration date can be found on product.

\*Naturally occurring oil compounds