

# Northern Escape

Woodland Blend 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Picea Mariana Branch/Leaf Oil, Abies Sibirica Oil, Abies Balsamea (Balsam Canada) Bark Oil, Lavandula Hybrida Oil, Juniperus Virginiana Wood Oil, Cupressus Sempervirens Branch/Leaf Oil, Chamaecyparis Obtusa Oil, Boswellia Serrata Oil, Cupressus Nootkatensis Wood Oil, Cananga Odorata Flower Oil, Eugenia Caryophyllus (Clove) Bud Oil, Limonene\*, Linalool\*, Eugenol\*.

## PRIMARY BENEFITS

- Includes CPTG™ essential oils of Black Spruce, Siberian Fir, Balsam Fir, Lavandin, Cedarwood, Cypress, Hinoki, Frankincense, Nootka, Cananga and Clove.
- May promotes feelings of relaxation and calmness.

## PRODUCT DESCRIPTION

Escape into a woodland oasis with Northern Escape. This proprietary blend combines a variety of wood essential oils, including Black Spruce, Siberian Fir, Balsam Fir, Cedarwood, Nootka, Cypress and Hinoki. Essential oils of Lavandin, Cananga, Frankincense and Clove are also included, making this blend complex and unique. With an aroma reminiscent of the forest, applying Northern Escape topically will encourage you to unwind and leave the cares of the day behind.

## USES

- Perfect companion to an afternoon meditation practice.
- Apply topically to help promote calmness throughout the day.
- Use regularly to remind yourself of the peace that can be found in nature.

## DIRECTIONS FOR USE

For massage, mix 5 drops with ≈ 10 ml carrier oil. For bath, mix 5 drops with ≈ 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears and sensitive areas.

## ADDITIONAL INFORMATION

Batch number can be found on product.  
Period after opening is 12 months.  
Expiration date can be found on product.



\*Naturally occurring oil compounds.