

Niaouli

Melaleuca quinquenervia 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



PRIMARY BENEFITS

- Renowned for its cleansing and rejuvenating effect on the skin.
- May help keep skin looking healthy while reducing the appearance of blemishes.
- A relative of Tea Tree, Niaouli has a sweeter, woody aroma.
- Known to be a stimulating oil due to its eucalyptol content and composition of monoterpenes.

PRODUCT DESCRIPTION

Niaouli is a large evergreen tree native to Australia. The trees have five-inch long leaves and yellow-tinted flowers that flourish in tight spikes at the ends of the branches. The look of the tree gave it various nicknames, such as paperbark and bottlebrush. A relative of Tea Tree, Niaouli has a sweeter, yet woody aroma. Due to its eucalyptol content and composition of monoterpenes, it is a stimulating essential oil. Widely used in a variety of cosmetics such as lotions, creams and soaps, Niaouli helps keep skin healthy-looking and clean. It may also help to relax specific areas when used in a massage.

USES

- Add one drop to your facial cleanser.
- Include as part of a soothing massage.
- Combine with Eucalyptus, Bergamot, or Lavender essential oils for a stimulating combination.
- Use after a long day or mid-afternoon for a refreshing boost.

DIRECTIONS FOR USE

For massage, mix 5 drops with \approx 10 ml carrier oil. For bath, mix 5 drops with \approx 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid contact with eyes, inner ears, face and sensitive areas.

