

Myrrh

Commiphora myrrha 15 ml

dōTERRA® | EUROPE

PRODUCT INFORMATION PAGE



CPTG™

PRIMARY BENEFITS

- Myrrh is highly valued for its myriad of applications.
- Helps to promote emotional balance and instil feelings of peace and overall well-being.
- Soothes skin.
- Contains unique properties that cleanse and improve skin's appearance.

PRODUCT DESCRIPTION

If Frankincense is the “King of oils”, then Myrrh is certainly in the royal court. Its use to improve the appearance of skin makes it a key ingredient in dōTERRA Salubelle and many other skin care products. Used historically in meditation and embalming, Myrrh continues to be a precious and important oil in any essential oil collection.

USES

- Use Myrrh to help promote awareness and uplift mood.
- Add one to two drops to moisturiser.
- For a convenient Myrrh application, add 1-2 drops of Myrrh to an empty amber roll-on bottle and mix with Fractionated Coconut Oil.

ENHANCE YOUR ROUTINE

Myrrh oil may offer a soothing sensation to the skin. To use Myrrh oil for skin, consider adding one or two drops of the oil to your daily lotion or moisturiser. Incorporate Myrrh essential oil into your skincare routine.

DIRECTIONS FOR USE

Topical: For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas.

