

Vegan Microplex VMz™

Food Supplement with Vitamins
and Minerals / Food Nutrient Complex

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Calcium (Natural coral), Dimagnesium malate, Hypromellose, Dicalcium malate, Calcium ascorbate, Gum acacia, Maltodextrin, Magnesium ascorbate, Stearic acid, Zinc bisglycinate chelate, Yeast (*Saccharomyces cerevisiae*), Soy flour, d-alpha tocopherol, Silicon dioxide, Ferrous bisglycinate chelate, Kale (*Brassica oleracea* L. var. *acephala*) leaf powder, Glycine, Niacinimide, Citric acid, D-Calcium pantothenate, Dandelion (*Taraxacum officinale*) leaf powder, Parsley (*Petroselinum crispum*) leaf powder, Hesperidin, Mixed tocopherols, Lemon peel extract, Ginger (*Zingiber officinale*) root extract, Microcrystalline cellulose, Enzyme blend (Lipase, Amylase, Protease, Alpha-Galactosidase, Diastase, Glucoamylase, Peptidase, Lactase), Peppermint (*Mentha piperita*) leaf extract, Caraway (*Carum carvi*) seed extract, Kelp (*Laminaria digitata*) stem/leaf powder, Pea starch, DL-Methionine, Alginate, *Lactobacillus acidophilus*, L-Lysine, Broccoli (*Brassica oleracea* L. var. *italica*) aerial parts powder, Brussel sprout (*Brassica oleracea* L. var. *gemmifera*) immature inflorescences powder, Spinach (*Spinacia oleracea* L.) leaf powder, beta-Carotene, Cabbage (*Brassica oleracea* var. *capitata*) leaf extract, Pyridoxine HCL, Thiamin HCL, Bromelain, Papain, Riboflavin, Manganese bisglycinate chelate, Copper bisglycinate chelate, Biotin, Tocotrienols, Vitamin A palmitate, Chromium nicotinate glycinate chelate, Selenium glycinate, d-alpha Tocopherol, Medium chain triglycerides, Vitamin D2, Vitamin K1, Vitamin B12.

Allergens: Contains Soy and Gluten.

PRODUCT DESCRIPTION

The formula includes a blend of essential vitamins A, C, and E, and a complex of B vitamins. Vegan Microplex VMz also contains chelated minerals including calcium, magnesium, and zinc. Vegan Microplex VMz is encapsulated using sodium lauryl sulphate-free vegetable capsules and is completely vegan-friendly!

USES

- Although a wonderful addition to your routine, food supplements must not replace a varied and balanced diet and healthy lifestyle.
- Read all caution and warning statements before use.
- Do not exceed the recommended dosage.

DIRECTIONS FOR USE

Recommended dose: Adults, take 4 capsules per day with food.

CAUTIONS

Keep out of reach of children. Do not exceed recommended daily dose. Food supplements must not replace a varied and balanced diet and healthy lifestyle. Do not take on an empty stomach. Men, postmenopausal women and pregnant or nursing women should only take iron after consulting their doctor. Not recommended for people suffering from diseases resulting in abnormal accumulation of iron (hemochromatosis, polycythemia...). For people with hypothyroidism or under thyroid treatment, consult your physician. Consult a healthcare practitioner prior to use if pregnant, breastfeeding or taking concomitant anticoagulant medications. Not recommended for children under 10, people taking antidepressants or those on a strict, low-calorie diet. Not recommended for use with other green tea based products. Contains Soy and Gluten.

PRIMARY BENEFITS

- Includes a whole-food botanical blend of kale, dandelion, parsley, kelp, broccoli, Brussels sprout, cabbage and spinach.
- Made with sodium lauryl sulphate-free vegetable capsules.