# MetaPWR<sup>™</sup> Softgels

Food Supplement with Grapefruit, Lemon and Peppermint Essential Oils

## dōTERRA



### **KEY INGREDIENTS AND BENEFITS**

- No GMOs, dairy, soy, gluten, preservatives, artificial sweeteners or flavours.
- A must-have supplement to kick-start your wellness ahead of an extensive exercise programme or high-intensity workout.
- MetaPWR Softgels support mindful eating.
- In relation to the Peppermint oil ingredient:
  - Used to facilitate the digestion.\*
  - Helps to support normal liver function.\*
  - Contributes to the stimulation of the production of the digestive body fluids.\*
  - Supports the liver and biliary function.\*
  - Contributes to the digestive comfort.\*
  - Helps to facilitate fat digestion.\*
  - Contributes to better fat digestion.\*
  - Helps to support the digestion.\*
  - $\circ~$  Contributes to support the digestion.\*
  - Helps keep the stomach healthy.\*

\*These health claims are still under decision of the EU and EFSA.

#### **PRODUCT DESCRIPTION**

dōTERRA's clinical researchers have created this convenient, easy to consume tapioca softgel, containing our proprietary MetaPWR™ Essential Oil Blend. Featuring balanced ratios of Grapefruit, Lemon, Peppermint, Ginger and Cinnamon essential oils, these softgels have been formulated to help the user reach toward optimum digestion and aid internal stability to achieve peak physical performance.

#### USES

- Use daily ahead of high-intensity workouts, along with a whole foods diet for desired results.
- Take in conjunction with the complete MetaPWR<sup>™</sup> System to live your most powerful life.
- Although a wonderful addition to your routine, food supplements must not replace a varied and balanced diet and healthy lifestyle.
- Read all caution and warning statements before use.

#### DIRECTIONS FOR USE

Take one to three softgels throughout the day. Store in a cool, dry place.

#### CAUTIONS

Keep out of reach of children. Do not exceed recommended daily dose. Food supplements must not replace a varied and balanced diet and healthy lifestyle. Pregnant or nursing women and people with known medical conditions should consult a physician before using.

#### **INGREDIENTS**

Medium Chain Triglycerides (Coconut Oil) Stabiliser (Modified Tapioca Starch), Grapefruit (Citrus paradisi) peel essential oil, Lemon (Citrus limon) peel essential oil, Stabiliser (Glycerin), Peppermint (Mentha piperita) leaf/ stem essential oil, Ginger (Zingiber officinale) root essential oil, Stabilisers (Maltitol syrup) Cinnamon (Cinnamomum zeylanicum) bark essential oil.

