

# MetaPWR™ Assist

Food Supplement with Essential Oils and Plant Extracts

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



## PRODUCT DESCRIPTION

Make food more nutritionally valuable with MetaPWR™ Assist. Each capsule contains mulberry leaf extract, Berberine, cinnamon bark powder and the proprietary MetaPWR Essential Oil Blend. When taken before the largest meal of the day, this powerful supplementation to your daily wellness routine has the greatest impact on your body. Stimulating from within, MetaPWR Assist was developed by dōTERRA clinical researchers using a superior process to maximise the active component in mulberry leaf extract. The addition of Peppermint essential oil, and its multitude of benefits, enhances this product's performance for synergistic results.

## USES

- Use daily along with a whole foods diet and regular exercise for desired results.
- Take in conjunction with the complete MetaPWR™ System to live your most powerful life.
- Although a wonderful addition to your routine, food supplements must not replace a varied and balanced diet and healthy lifestyle.
- Read all caution and warning statements before use.
- Do not exceed the recommended serving size.

## DIRECTIONS FOR USE

Take 1 capsule 15-30 minutes before a meal up to 3 times a day.

## CAUTIONS

Keep out of reach of children. Do not exceed recommended daily dose. Food supplements must not replace a varied and balanced diet and healthy lifestyle. People should consult their doctor before intake. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Caution is needed in people with diabetes.

## INGREDIENTS

Carrier (Maltodextrin), Mulberry (*Morus alba*) leaf extract, Glazing Agent (Hydroxypropyl methylcellulose), Berberine Hydrochloride, Anti-caking agent (L-lucine), Cinnamon (*Cinnamomum loureirii*) bark powder, Stabiliser (Stearic acid), Anti-caking agent (Silicon dioxide), Grapefruit (*Citrus paradisi*) peel essential oil, Lemon (*Citrus limon*) peel essential oil, Peppermint (*Mentha piperita*) aerial parts leaf/stem essential oil, Ginger (*Zingiber officinale*) root essential oil, Cinnamon (*Cinnamomum zeylanicum*) bark essential oil.

## KEY INGREDIENTS AND BENEFITS

- No GMOs, dairy, soy, gluten, preservatives, artificial sweeteners or flavours.
- Mulberry leaf can contribute to the maintenance of the carbohydrate metabolism balance of the body.\*
- In relation to the Peppermint essential oil ingredient:
  - Used to facilitate the digestion.\*
  - Helps to support normal liver function.\*
  - Contributes to the stimulation of the production of the digestive body fluids.\*
  - Supports the liver and biliary function.\*
  - Contributes to the digestive comfort.\*
  - Helps to facilitate fat digestion.\*
  - Contributes to better fat digestion.\*
  - Helps to support the digestion.\*
  - Contributes to support the digestion.\*

\*These health claims are still under decision of the EU and EFSA.