

# Jasmine

*Jasminum grandiflorum* 2.5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Jasminum Grandiflorum (Jasmine) Flower Extract, Linalool\*, Benzyl Benzoate\*, Eugenol\*, Limonene\*, Benzyl Salicylate\*, Citral\*.

## PRIMARY BENEFITS

- May help reduce the appearance of skin imperfections.
- Jasmine is renowned for its multitude of skin benefits.
- Promotes a positive outlook and helps to uplift the mood with its euphoric, pungent aroma.

## PRODUCT DESCRIPTION

Visually beautiful and distinctive, the pure white jasmine flower is associated with love and romance. Jasmine can be applied topically for a calming, yet euphoric aroma that uplifts mood and promotes a positive outlook. Renowned for its skin benefits, Jasmine can help to condition the skin. Regarded as the “King of Flowers,” Jasmine is prized for its highly fragrant aroma, making Jasmine ideal to use as a personal fragrance throughout the day.

## USES

- Use topically on skin imperfections and blemishes to help reduce their appearance.
- Apply topically after a shower to help ease into the day with an uplifted and positive mood.
- Use in massage for a soothing, relaxing experience after a long work day or strenuous exercise.
- Apply to wrists and neck for a unique personal fragrance you can wear during the day or at night.
- Incorporate into your skin care routine for a bright-looking complexion.

## DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid contact with eyes, inner ears, and sensitive areas.



\*Naturally occurring oil compounds