

# Helichrysum

*Helichrysum italicum* 5 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



## PRIMARY BENEFITS

- Promotes a clear-looking complexion with its renewing and restoring properties.
- Designed to improve overall look and feel of skin by helping to reduce the appearance of blemishes.
- Used for its feelings of rejuvenation as a key ingredient in cosmetic products.
- Permeates an intense, honey-sweet scent that creates a soothing sensation when applied topically.

## PRODUCT DESCRIPTION

The honey-sweet scented Helichrysum oil renews and restores your skin. Also referred to as the Everlasting or Immortal Flower, Helichrysum is commonly used in cosmetic products for its rejuvenating appearance to the skin. Helichrysum has been used in herbal health practices since ancient Greece, and the oil is highly valued and sought after for its many benefits. Helichrysum can help reduce the appearance of blemishes, and it may promote a glowing complexion.

## USES

- Apply topically on the skin to help reduce the appearance of blemishes and skin imperfections that occur naturally over time.
- Apply to the face as a base before applying your beauty routine to promote a glowing complexion.
- Combine with Fractionated Coconut Oil and apply topically for a soothing effect after a day in the sun.
- Massage in skin for a calming sensation and pleasant aroma.

## ENHANCE YOUR DAILY ROUTINE

Helichrysum is a favourite oil for the complexion and is often included in anti-aging products. Helichrysum essential oil is also rich with powerful properties that can benefit the skin when applied topically. Add to your toner or moisturiser to experience the benefits of this amazing oil!

## DIRECTIONS FOR USE

**Topical:** For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas.

