

Gardenia Touch

Gardenia jasminoides 10 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Cocos Nucifera (Coconut) Oil, Gardenia Florida Oil, Linalool*, Limonene*.

PRIMARY BENEFITS

- Historically, the gardenia plant has been used in traditional Chinese medicine.
- Referred to as 'Cape Jasmine', this evergreen shrub symbolises trust, hope, peace, and renewal.
- dōTERRA Gardenia Touch has an intensely floral, rich, sweet scent.

PRODUCT DESCRIPTION

Cultivated in South-East Asia, *Gardenia jasminoides* is an evergreen flowering tree referred to as a 'Zhi Zi' in China, where it shares its origin, with Japan. Framed by dark green, elliptical leaves, the permeating, heady scent of flowering gardenia is richly fragrant. When in bloom, the petals form a soft spiral formation creating a beautifully symmetrical display. Similar to Jasmine, the essential oil is steam-distilled from the blossoms of the plant, where massive amounts are required to produce a small yield. Diluting the essential oil with Fractionated Coconut Oil creates a soft, delicate fragrance, ready to apply in a convenient roll-on applicator.

USES

- Apply dōTERRA Gardenia Touch to pulse points for a beautiful personal aroma.
- Roll onto skin to support the appearance of maintaining healthy-looking skin.
- Use as part of a relaxing massage to soothe and moisturise.

DIRECTIONS FOR USE

For topical use only. Roll on to skin for perfuming and skin care or massage.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears and sensitive areas.



*Naturally occurring oil compounds