# dōTERRA™ Vanilla Plant Protein

512g/16 servings

## dōTERRA EUROPE

PRODUCT INFORMATION PAGE





Ingredients: Pea (Pisum sativum) protein isolate, Gum Arabic, Chickpea (Cicer arietinum) protein concentrate, Potato (Solanum Tuberosum) protein isolate, Rice (Oryza sativa) protein concentrate, Medium chain triglyceride powder, Sodium chloride, Steviol glycosides (Reb-M), Natural vanilla flavour, Natural cocoa flavour.

### **PRIMARY BENEFITS**

- Developed exclusively for Europe and manufactured in Europe.
- Sweetened naturally with stevia and scientifically formulated to help supplement protein intake.
- One serving = 24 grams of premium blend doTERRA Plant Protein.
- Pea protein provides strong protein levels, along with three of the best plant sources of protein: potato, chickpea and rice.
- The addition of acacia fibre and MCT oil enhances the taste, texture and overall feel in the mouth of the protein powder.
- 16 servings in one 512 gram pouch; pouches use 60% less plastic than tubs to reduce waste.
- Free from GMOs, gluten, dairy and soy.

#### PRODUCT DESCRIPTION

dōTERRA Vanilla Plant Protein delivers essential nutrients and energy with its premium blend of plant-based proteins and fats. Each serving provides 24g of protein from four sources, including peas, chickpeas, rice, and potatoes. Developed with nine essential amino acids (EAAs) and three branched-chain amino acids (BCAAs), this formula is a nutrient-rich, protein supplement that is produced and manufactured in Europe. The unique blend of acacia fibre and healthy fats in dōTERRA Plant Protein creates a deliciously smooth feel in the mouth and mixability while providing extra benefits. Potato protein offers superior nutritional value compared to other vegetable proteins, while chickpea and rice protein contribute to the necessary amino acids required for the body's protein needs, all in one flavourful vanilla powder!

#### **USES**

- Mix doTERRA Plant Protein with water or a choice of milk.
- Use to increase your protein intake and help you reach your goals.
- For an energy-boosting and satisfying snack, add fruit, vegetables, or nuts.
- Get creative and blend in one drop of your favourite doTERRA essential oil.

#### **DIRECTIONS FOR USE**

Mix or blend 32 g (approx. 4 heaped tablespoons) of powder with 250 millilitres of water or your preferred choice of milk until smooth and creamy. Add fruits and vegetables for added flavour and nutrition. For a unique flavour, blend in one drop of your favourite doTERRA food flavouring essential oil.

#### **CAUTIONS**

Keep out of reach of children. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Storage: Keep in a cool, dry place.