# dōTERRA Serenity<sup>™</sup> Stick + Valerian

## dōterra



### PRODUCT DESCRIPTION

When it comes to rest, quantity and quality matters. Every night, welcome the gentle embrace of the dōTERRA Serenity<sup>™</sup> Stick + Valerian. Our proprietary restful blend is magnified by the addition of Valerian, greatly studied for its ability to support restful feelings since ancient Greek and Roman times. The innovative stick design delivers a comforting, grounding aroma contributing to a calming environment, and becoming an incomparable aid in practising healthy, quality rest.

#### DIRECTIONS FOR USE

Apply to the inside of the wrists, back of the neck, chest and bottoms of the feet as needed when preparing for rest.

#### CAUTIONS

Avoid application to the face. Avoid contact with eyes. For external use only. If irritation occurs, discontinue use. Keep out of reach of children except under adult supervision. Not intended for use on children under 1 year of age.

#### ADDTIONAL INFORMATION

Batch number can be found on product. Period after opening is 12 months. Expiration date can be found on product.

Ingredients: Cocos Nucifera (Coconut) Oil, Tapioca Starch, Helianthus Annuus (Sunflower) Seed Wax, Lavandula Angustifolia (Lavender) Oil, Juniperus Virginiana Wood Oil, Valeriana Officinalis Root Oil, Coriandrum Sativum (Coriander) Seed Oil, Cananga Odorata Flower Oil, Origanum Majorana Flower/Leaf/ Stem Oil, Anthemis Nobilis Flower Oil, Sambucus Nigra Fruit Extract, Santalum Album (Sandalwood) Oil, Glyceryl Laurate, Glyceryl Caprylate, Vetiveria Zizanoides Root Oil, Glyceryl Undecylenate, Dipteryx Odorata Seed Extract, Vanilla Planifolia Fruit Extract, Glycerin, Lauric Acid, Benzyl Benzoate, Limonene, Linalool.

#### **PRIMARY BENEFITS**

- Provides a soothing, calming aroma when applied topically.
- Delivers Valerian essential oil and doTERRA Serenity for a powerhouse combination in stick form making the product even more potent.
- · Glides on with ease, without a greasy feeling.
- Free from phthalates and synthetic fragrances.



