

# dōTERRA Serenity™ Softgels

Food Supplement with Lavender,  
L-Theanine and botanical extracts

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Extra Virgin Olive Oil, Flavour: Lavender (*Lavandula angustifolia*) Flower/Leaf/Stem Oil, Modified Starch, L-Theanine, Humectant (Glycerol), Thickener (Carrageenan), Bulking Agent (Maltitol), Water, Bulking Agent (Maltodextrin), Emulsifier (Sunflower Lecithin), Bulking Agent (Gum Arabic) Anti-caking Agent (Silicon Dioxide [nano]), Lemon Balm (*Melissa ocinalis*) Leaf and Stem Extract, Passion Flower (*Passiflora incarnata*) Aerial Parts Extract, Flavour: Chamomile (*Matricaria recutita*) Flower Extract

## KEY INGREDIENTS AND BENEFITS

- Vegetarian Softgel.
- Easily get the benefits of dōTERRA Serenity Restful Blend in a convenient softgel.



## PRODUCT DESCRIPTION

dōTERRA Serenity Softgels allow you to easily experience the benefits of dōTERRA Serenity Restful Blend by uniquely combining the well-researched benefits of Lavender essential oil and L-Theanine, with lemon balm, passionflower, and chamomile extracts in a vegetarian softgel.

## USES

- Although a wonderful addition to your routine, food supplements must not replace a varied and balanced diet and healthy lifestyle.
- Read all caution and warning statements before use.
- Do not exceed the recommended dosage.

## DIRECTIONS FOR USE

Take 1 softgel daily.

## CAUTIONS

Keep out of reach of children. Do not exceed recommended daily dose. Food supplements must not replace a varied and balanced diet and healthy lifestyle. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Can cause hypersensitivity reactions. Store in a cool, dry place.